

Iowa's Recovery Community Centers

STATEWIDE IMPACT

Iowa HHS Funded RCCs, January 1st, 2024 to June 30th, 2026

172,000

touchpoints with
people in recovery
and recovery allies

5,200

**peer-support
groups** onsite and
in the community

53,800

volunteer hours
logged

Peer recovery support can save **thousands per person in healthcare costs.**¹

Recovery Community Centers (RCCs) are free community resource hubs offering a variety of services and support to people in substance use recovery. Typical RCC services include substance free socials, peer support meetings, and recovery coaching.



To learn more about Recovery Community Centers in Iowa, visit Recovery-Iowa.org, a statewide hub of resources and educational tools to help people and communities heal from the effects of substance use.



Recovery-Iowa.org

(1) Castedo de Martell, S., Moore, M. B., Wang, H., Holleran Steiker, L., Wilkerson, J. M., Ranjit, N., McCurdy, S. A., & Brown, H. S., 3rd (2025). The cost-effectiveness of long-term post-treatment peer recovery support services in the United States. *The American journal of drug and alcohol abuse*, 51(2), 180-190. <https://doi.org/10.1080/00952990.2024.2406251>

This project is supported by State Opioid Response funds through the Iowa Department of Health and Human Services, Bureau of Substance Use (IowaHHS) via a subaward from the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, IowaHHS, SAMHSA/HHS, or the U.S. Government.