

Collegiate Recovery Network

Mental health and substance use recovery go hand in hand, and college students deserve support for both. **Iowa's Collegiate Recovery Network (ICRN)** is an online collaborative dedicated to advancing substance use recovery support for college students by connecting with others who care, sharing what's working, and building recovery-ready campuses together.



Take a look at recovery efforts on college campuses this year!

**In Academic Year 2025-2026,
Iowa's Collegiate Recovery
Programs Delivered...**



39

**Total Recovery
Groups**



2,269

**Total Naloxone
Kits Distributed**



55

**Total Naloxone
Trainings Delivered**



3,000+

**Total Number of
People Who Attended
Naloxone Trainings**

Here's how ICRN members took action!

"Provided Narcan training and connected campuses to become secondary distributors on campuses. And we have placed a Naloxone dispensary box on campuses."

– ICRN Participant

"Presentations to classes at DMACC and DMU. We have had DMU students do "mini-internships."

– Recovery Organization in Des Moines

"One of our strategies is to work with colleges in this area to understand how we can help them in their efforts to strengthen the substance use policies."

– Prevention Specialist, Western Iowa

"Revised the name of my course from Substance Abuse to Substance Use, Misuse, and Addiction to be more recovery-supportive. Will soon be completing and integrating recovery ally training into my course (Fall 2026). I will also soon be exploring conversations with stakeholders on campus."

– Assistant Professor, Eastern Iowa

**Collegiate Recovery Programs are currently offered
at Iowa State University and the University of Iowa.
Sign up for our newsletter today to learn how you
can advance collegiate recovery efforts in Iowa!**

