



# ARHE Public Programs and Learning Opportunities

The **Association of Recovery in Higher Education (ARHE)** offers a range of public-facing programs, meetings, and learning opportunities that are open to non-members. These spaces are designed to support professionals, students, researchers, and partners engaged in collegiate recovery, recovery high schools, and alternative peer group work.

---

## Community and Support Spaces

### Collegiate Recovery Professional Support Meeting

A biweekly, “all recovery” style support meeting for professionals working in collegiate recovery. This space centers peer support, shared challenges, and connection among colleagues who often work in isolation.

**Open to non-members**

**Meets:** Biweekly Fridays at 2pm ET / 1pm CT / 12pm MT / 11am PT

**Register:**

<https://collegiaterecovery-org.zoom.us/meeting/register/2garQjOhSwuQ05wqmIn2rg>

---

## Learning and Professional Development

### ARHE Book Club

A monthly facilitated discussion exploring books relevant to recovery, trauma-informed practice, and higher education. Participants are welcome regardless of whether they have completed the reading.

**Open to non-members**

**Meets:** First Thursday of each month

**Current selection:** *Trauma and the 12 Steps* by Jamie Marich

**Flyer:**

<https://collegiaterecovery.org/wp-content/uploads/2025/09/Trauma-and-the-12-Steps-Flyer.pdf>

**Register:**

<https://collegiaterecovery-org.zoom.us/meeting/register/yCX24q7KQEeuV6orI7sYvw>



---

## **Compassionate Care Strategies Series**

A learning series focused on compassionate, ethical, and trauma-informed approaches to supporting students and communities impacted by substance use and recovery.

**Open to non-members**

**Meets:** Second Thursday of each month

**See Newsletter for promotional info and registration link.**

<https://collegiaterecovery.org/newsletter/>

---

## **Staff Chats**

Monthly, topic-focused discussions designed for collegiate recovery and allied professionals. These sessions emphasize practical problem-solving, shared tools, and peer learning.

**Open to non-members**

**Meets:** Last Tuesday of each month

**Example topic:** Building a Yearly CRP Budget

**Register:**

<https://collegiaterecovery-org.zoom.us/meeting/register/26Pnmk2vSpGyP-oJxko76g>

---

## **ARHE Regional Monthly Meeting**

**Open to non-members**

**Ask Bret for regional-specific info**

---

  

---



## Research and Collaboration

### Collegiate Recovery Research Collaborative (CRRC)

A national research collaborative hosted by ARHE for individuals conducting or interested in research related to collegiate recovery.

**Open to non-members**

**Meets:** First Thursday of each month

**Interest Form:**

<https://questionpro.com/t/AVEy4Z4KGk>

Participants may engage in ongoing projects or join the listserv to stay informed about future initiatives.

---

## Events and Networking

### ARHE / ARS / AAPG Annual Conference

The ARHE Annual Conference is open to **both members and non-members** and brings together collegiate recovery programs, recovery high schools, alternative peer groups, researchers, and partners from across the country.

**2026 Conference Details:**

Denver, CO | June 26–30, 2026

**Conference website:**

<https://collegiaterecovery.org/conference>

While registration is open to all, **ARHE members receive discounted registration**, which often makes membership purchases cost-effective for institutions planning to attend.

---



## Organizational Updates and Connection

### Monthly Membership Meeting

A standing monthly meeting that provides updates on ARHE initiatives, upcoming programming, opportunities for engagement, and space for questions and shared dialogue. While this meeting is designed with members in mind, **non-members are welcome to attend** to learn more about ARHE's work and current priorities.

#### Open to non-members

**Meets:** Third Monday of each month at 12:00 PM ET

**Register:**

<https://collegiaterecovery-org.zoom.us/meeting/register/sJ0LUbSLSTWoXh8Y6jDHvg>

---

## Additional Public Resources

- **Year in Review (2025):**  
<https://collegiaterecovery.org/2026/01/12/year-in-review-2025/>
  - **Conference Attendance Justification Toolkit:**  
<https://collegiaterecovery.org/justification-toolkit/>
  - **Contact ARHE:**  
<https://collegiaterecovery.org/contact/>
  - Collegiate Recovery Week Programming April 13th-17th (Details to be announced soon!)  
[Collegiaterecovery.org/recoveryweek](https://collegiaterecovery.org/recoveryweek)
  - **ARHE Newsletter:**  
<https://collegiaterecovery.org/newsletter/>
  - CARS Technical Assistance for Collegiate Recovery Programs (CRPs)  
Through the [Center for Addiction Recovery Support \(CARS\)](#), the Association of Recovery in Higher Education (ARHE) provides no-cost training and technical assistance to colleges and universities working to build, expand, or strengthen recovery-supportive efforts on campus. Support is tailored to campus needs and may include consultation, planning guidance, sustainability support, evaluation strategies, and connections to national resources and peer institutions.  
**Request TA Form:**  
[https://forms.office.com/pages/responsepage.aspx?id=pqsMI7IGhUqn-YUXs4j1S8zslbl1UPNIhp76n\\_UPEWWUMVNYQ1hWNE5IOE5IRjFGRkVXTFFQMjg5Ti4u&route=shorturl](https://forms.office.com/pages/responsepage.aspx?id=pqsMI7IGhUqn-YUXs4j1S8zslbl1UPNIhp76n_UPEWWUMVNYQ1hWNE5IOE5IRjFGRkVXTFFQMjg5Ti4u&route=shorturl)
  - ARHE Cost-Effective Toolkit:  
<https://collegiaterecovery.org/media/>
-



## **Upcoming ARHE-Facilitated National Trainings**

The **Association of Recovery in Higher Education (ARHE)** will be facilitating a series of national trainings and workshops designed to strengthen collegiate recovery programs, expand workforce capacity, and share evidence-informed practices across higher education.

Additional details, registration links, and dates will be shared as each session approaches. **Stay tuned for more information.**

### **Advocacy in Action: Building Momentum for Recovery in Higher Education**

An interactive training focused on advocacy strategies connected to Collegiate Recovery Week, including policy engagement, funding considerations, and institutional advocacy tools that support students in recovery.

### **Building Sustainable and Braided Funding Models for Collegiate Recovery Programs**

A practical session exploring diversified funding strategies such as institutional support, grants, donors, partnerships, and long-term sustainability planning for CRPs.

### **Supporting Students in Recovery When No Collegiate Recovery Program Exists**

A training focused on interim and low-barrier models for supporting students in recovery on campuses without a formal CRP, including recovery-supportive practices and referral strategies.

### **Integrating the Peer Recovery Workforce in Higher Education**

An overview of effective models for integrating peer recovery professionals into collegiate settings, including role clarity, supervision, and sustainability considerations.

### **Evaluation, Outcomes, and Using Data for Advocacy**

A skill-building session on collecting meaningful data, tracking outcomes, and using evaluation results to communicate impact and support program advocacy and sustainability.

### **Foundations of Collegiate Recovery Program Development**



An introductory training covering core components of CRP infrastructure, readiness considerations, institutional buy-in, and early-stage planning tools.

### **Recovery Housing in Higher Education**

A focused training on recovery housing models, policy considerations, and implementation strategies within higher education environments.

### **Addressing Collegiate Recovery Program Start-Up and Sustainment Gaps**

A session examining common challenges faced during CRP launch and growth, with practical strategies and national tools to support long-term success.

### **CRP Sustainability Intensive (Deeper-Dive Workshop)**

A comprehensive, extended workshop designed to support CRPs transitioning from pilot or emerging programs into fully institutionalized and sustainable initiatives.