

THE science OF parenting



IN-PERSON PARENTING WORKSHOPS

Understanding Research and Reality

May 21st | 6:30pm

Register: <https://www.wdmlibrary.org/event/science-parenting-understanding-research-and-reality-121201>.

Discover how research can guide your parenting approach while addressing real-life challenges. Learn practical techniques to navigate parenting realities.

Understanding Temperament

June 25th | 6:30pm

Register: <https://www.wdmlibrary.org/event/science-parenting-childrens-ages-and-parenting-stages-121554>

Every child is unique! Explore temperament traits and understand how they shape your child's emotions and behaviors.

Children's Ages and Parenting Stages

July 23rd | 6:30pm

Register: <https://www.wdmlibrary.org/event/science-parenting-understanding-temperament-121555>

Kids grow, and so do parents! Learn how to adapt your parenting style to fit your child's age and developmental stage.

Positive Discipline

July 30th | 6:30pm

Register: <https://www.wdmlibrary.org/event/science-parenting-positive-discipline-121556>

Turn guidance and discipline into an opportunity to strengthen your relationship with your child. Learn the key differences between discipline and punishment.

Workshops are funded by Health and Human Sciences Extension and Outreach for ALL PARTICIPANTS!

West Des Moines
Public Library: 4000
Mills Civic Pkwy



Questions?
Cassie Odland
515-414-9865
odlandc@iastate.edu

THE science OF parenting



ONLINE PARENTING WORKSHOPS

Understanding Research and Reality*

April 7th | 8:00pm

Register: <https://go.iastate.edu/8XT6JJ>

Discover how research can guide your parenting approach while addressing real-life challenges. Learn practical techniques to navigate parenting realities.

Understanding Temperament*

April 14th | 8:00pm

Register: <https://go.iastate.edu/I7TY2X>

Every child is unique! Explore temperament traits and understand how they shape your child's emotions and behaviors.

Children's Ages and Parenting Stages*

April 21st | 8:00pm

Register: <https://go.iastate.edu/ZCKCOK>

Kids grow, and so do parents! Learn how to adapt your parenting style to fit your child's age and developmental stage.

Positive Discipline*

April 28th | 8:00pm

Register: <https://go.iastate.edu/HV2BYB>

Turn guidance and discipline into an opportunity to strengthen your relationship with your child. Learn the key differences between discipline and punishment.

Courses are funded by Health and Human Sciences Extension and Outreach for ALL PARTICIPANTS!

REGISTER NOW!



<https://go.iastate.edu/FAMTL2>

Questions?

Hailey Walker

641-895-9037

hburgher@iastate.edu

* approved for foster parent credit

THE science OF parenting



TALLERES PARA PADRES EN LÍNEA

Comprendiendo la Investigación y la Realidad*

Jueves, 2 de abril 11:00 am o 7:00 pm

Regístrate: <https://go.iastate.edu/RY3T1Z>

Descubra cómo la investigación puede guiar su enfoque de crianza mientras aborda los desafíos de la vida real. Aprenda técnicas prácticas para afrontar las realidades de la crianza.

Comprendiendo el Temperamento*

Jueves, 9 de abril 11:00 am o 7:00 pm

Regístrate: <https://go.iastate.edu/YDLDR0>

¡Cada niño es único! Explore los rasgos de temperamento y comprenda cómo moldean las emociones y el comportamiento de su hijo.

Edades de los Niños y Etapas de Crianza*

Jueves, 16 de abril 11:00 am o 7:00 pm

Regístrate: <https://go.iastate.edu/4U9EQS>

¡Los niños crecen, y los padres también! Aprenda a adaptar su estilo de crianza a la edad y etapa de desarrollo de su hijo.

Disciplina Positiva*

Jueves, 23 de abril 11:00 am o 7:00 pm

Regístrate: <https://go.iastate.edu/J9P1UN>

Convierta la guía y la disciplina en una oportunidad para fortalecer la relación con su hijo. Aprenda las diferencias clave entre disciplina y castigo.

**Regístrate antes del
28 de marzo usando
este código QR**

**Sin costo para ti gracias a
Iowa State Extension and outreach**



<https://go.iastate.edu/FAMTL2>

PREGUNTAS
Rosa Gonzalez

Mensaje de texto 515-490-2298
rdegonza@iastate.edu

*aprobada para créditos para
padres foster