



June 2025

Monthly Collaboration Learning Meeting

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Support for the Iowa Collegiate Recovery Network is provided by:



IOWA STATE UNIVERSITY
Collegiate Recovery Program

Understanding Collegiate Recovery Programs

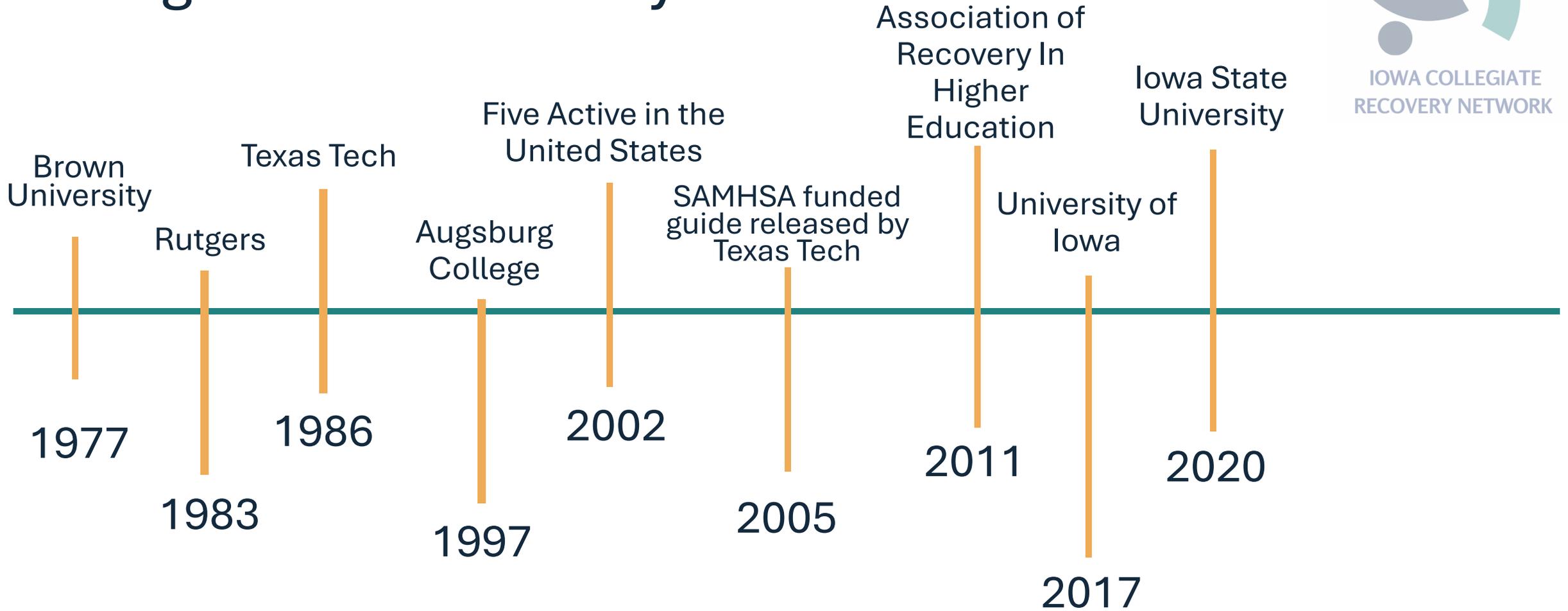


What is a CRP?

- Supportive environment
 - Reinforces decisions
 - Engages students in lifestyle of recovery
- Peer-support focused
- Not a treatment substitute



Background and History



The Need in Higher Education



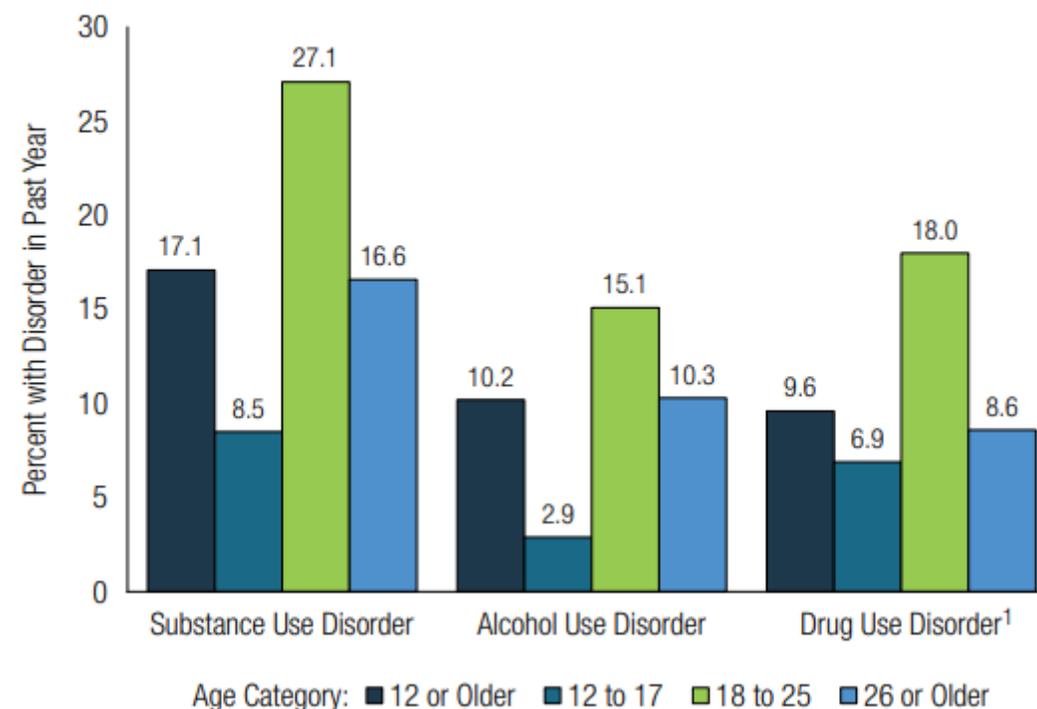
Why have recovery support on a college or university campus?

The Need in Higher Education



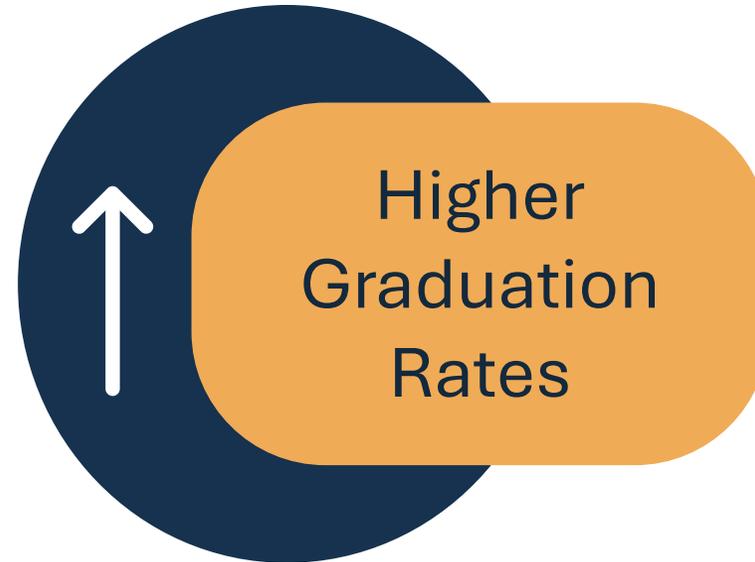
- 18-25 years of age has the highest rate of substance use disorder (SUD) in the country
- Studies have shown 40% of young adults in college met criteria for past year SUD (Arterberry, 2020)

Figure 30. Substance Use Disorder, Alcohol Use Disorder, or Drug Use Disorder in the Past Year: Among People Aged 12 or Older; 2023



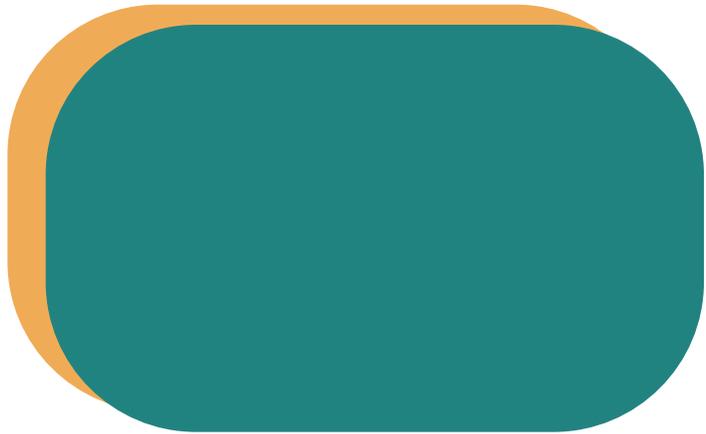
Source: Key Substance Use and Mental Health Indicators in the United States: Results from the 2023 National Survey on Drug Use and Health (SAMHSA)

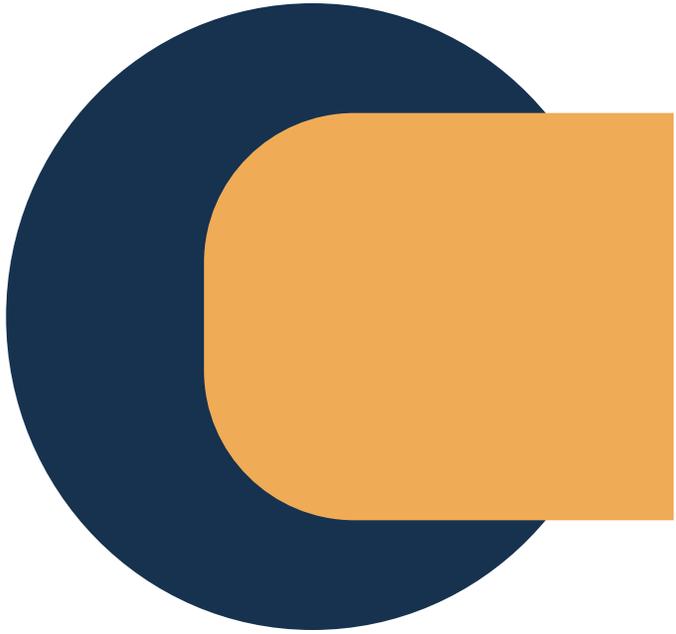
Benefits of CRP Engagement





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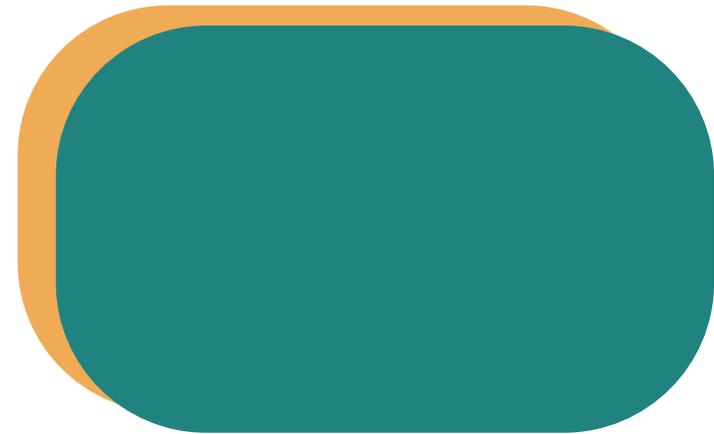




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