



July 2025

Collaboration Learning Meeting

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Support for the Iowa Collegiate Recovery Network is provided by:



IOWA STATE UNIVERSITY
Collegiate Recovery Program



Introductions

June Monthly Meeting Recap



Collegiate Recovery Program (CRP) Overview

- A CRP is a supportive environment on a college campus for students in or seeking recovery from substance use or behavioral addictions.
- Recovery is defined broadly: abstinence, moderated use, managed use, or selective use.
- CRPs are not treatment centers but offer peer support, community, and recovery-affirming spaces.

June Monthly Meeting Recap



Key Components of CRPs

Peer Support Meetings

Dedicated Staff:

- Full-time/part-time/shared roles.

Recovery Supportive Programming:

- sober social gatherings, workshops, or campus-wide initiatives

Policy & Structure:

- Guidelines for participation, return-to-use protocols, and crisis response.

Staff Training:

- Knowledge on recovery-affirming language and reducing stigma (e.g., avoiding terms like “substance abuse”).

June Monthly Meeting Recap



Why CRPs Matter

High Need:

- Ages 18–25 have the highest rates of substance use disorder.

Academic Impact:

- Students in CRPs show higher GPAs, retention, and graduation rates than peers.

Cost Savings:

- CRPs reduce institutional costs related to attrition, conduct issues, and facility damage.

Long-Term Recovery:

- CRP participants have better recovery outcomes post-graduation.

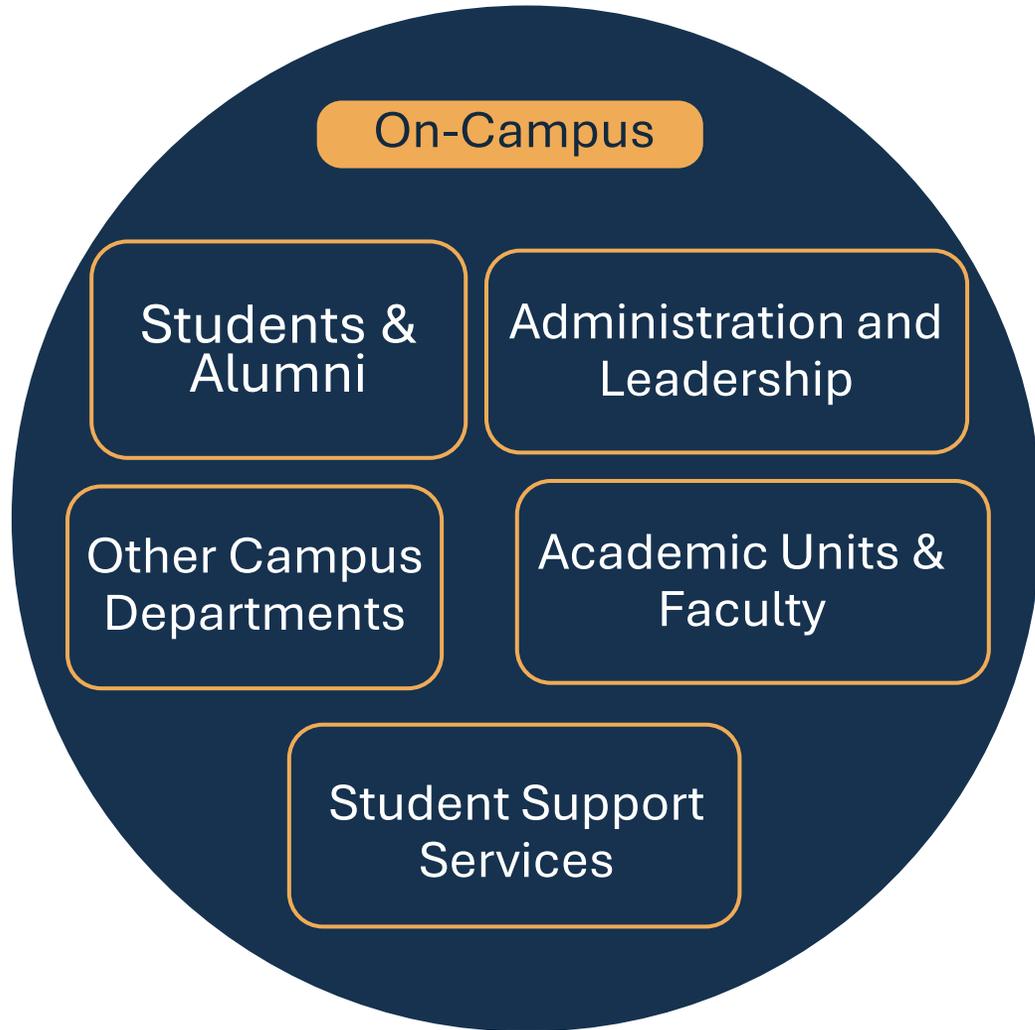
Building support on your campus



Who are the people who should be at the table?



Recovery Asset Mapping - Stakeholders



On-Campus Sectors



- **Students and Alumni**

- Identified students in recovery and alumni in recovery
- Student-led grassroots organizations (e.g., Students for Recovery)
- Student Government/Student Organizations

- **Administration and Leadership**

- College administration
- Campus Leaders
- Department heads

- **Student Support Services:**

- Student health services, student affairs, counseling services
- Health Promotion and Wellness, Student Conduct, Housing, Academic Advising, Dean of Students
- Disability Support Services, Veteran and Military Affairs, Multicultural Affairs
- Admissions Department

- **Academic Units and Faculty:**

- Faculty from Public Health, Nursing, Social Work, Psychology
- Graduate and undergraduate student workers

- **Other Campus Departments and Initiatives:**

- Alcohol and Other Drug Task Force
- Athletics and Office of Public Affairs
- Alumni relations departments

Off-Campus Sectors

- **Recovery Support Services and Mutual Aid Groups:**

- Local 12-step meetings (AA, NA)
- Recovery Dharma, SMART Recovery, other community meetings Administration and Leadership

- **Treatment and Clinical Providers**

- Addiction treatment professionals and centers
- Local mental health experts and therapy providers

- **Recovery Community Organizations (RCOs):**

- Organizations providing comprehensive support

- **Government and Policy Makers:**

- US Department of Education, ONDCP
- State departments of health, coalitions
- Local law enforcement, judicial system, drug courts

- **Philanthropy and Funding Agencies:**

- Institutional foundations, private donors, grant agencies

- **Families and Caregivers**

- Parents and caregivers



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Identifying stakeholders



Breakout rooms:

- 5 minutes to identify three stakeholders
- Select a person to report out.

Communicating with Stakeholders

- Message Content

Tailoring to the group



Data



Narratives



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Communicating with Stakeholders



Identify their why

What brings them to the table?



Iowa's Collegiate Recovery Network

- Funding Opportunities



Monthly Topics

