



RESOURCES FOR COLLEGE STUDENTS

What's available for Iowa college students in recovery?

Recovery Made for College Students

Collegiate Recovery Programs (CRPs) are vital support systems for college students facing substance use and mental health challenges. CRPs typically provide a physical location where students can connect with other recoverees and allies, and find helpful resources to bolster their recovery. With more than 50 colleges in Iowa, there is an exciting opportunity to expand collegiate recovery in Iowa.

Recognizing this need for access to recovery resources across university campuses, the Public Science Collaborative (PSC) created a resource page on the Recovery Iowa website highlighting existing resources and helpful information, such as how to start a CRP. The website also links to the Association of Recovery in Higher Education (ARHE), an excellent national collegiate recovery network, information repository, and host of an annual meeting.



← Scan here to learn more!

Resources at Iowa Universities

CRPs give students in recovery a voice, a place, and a community on campus. The Iowa universities listed below are committed to students in recovery and have resources to support student well-being, including a variety of student-centric recovery resource offerings.

Iowa State University: Provides substance use services, a collegiate recovery community, and student wellness programs encompassing mental and physical health support.

University of Northern Iowa: Offers wellness coaching across various dimensions, a program called "Facts on Tap" for informed alcohol choices, and one-on-one support through the BASICS program.

University of Iowa: Hosts a collegiate recovery program sponsored by student organizations, featuring meetings, workshops, and events for students in recovery.

Drake University: Offers weekly meetings and individual counseling to support students on their recovery journey.