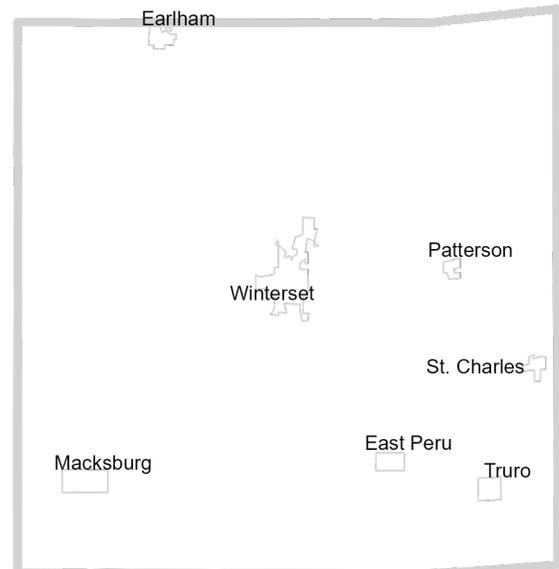
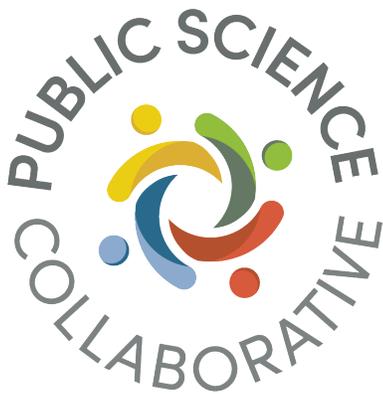


Recovery Readiness Assessment: Madison County

June, 2025



Madison County



**Report provided to the Iowa Department of
Health and Human Services**

This project is supported by State Opioid Response funds through the Iowa Department of Health and Human Services, Bureau of Substance Use (IowaHHS) via a subaward from the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, IowaHHS, SAMHSA/HHS, or the U.S. Government.

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Executive Summary

Iowa State University's Public Science Collaborative¹ (PSC) created Recovery Readiness Assessments for 300 communities, 99 counties, and Iowa's seven new behavioral health districts in Iowa (2025). The community, county and district Recovery Readiness Assessments are updated annually. The reports are commissioned by the Iowa Department of Health and Human Services to support the expansion of substance use recovery services across the state. Use this report:

1. To learn about Iowa's recovery movement and resource options
2. As a reference guide for recovery resources by community, county, and behavioral health district
3. To strengthen networks and build coalitions among communities high and low in recovery resources, organizing around community assets and services
4. As a tool to allocate funding to your at-risk neighborhoods and develop recovery-oriented services

This report examines recovery resources in Madison County, which is part of Iowa's Behavioral Health District 5 (see Figure 1). Madison County has a population of 16,800, and its largest city is Winterset.

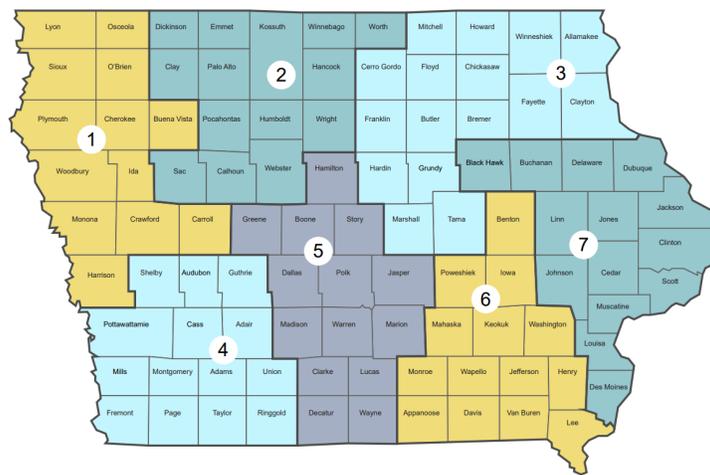


Figure 1: Iowa's Behavioral Health Districts (Source: Iowa HHS)

The following pages define recovery, recovery-oriented services, and recovery-ready communities. We evaluate Madison County's recovery resources to identify both strong recovery neighborhoods and areas with growth potential, using SAMHSA's recovery categories and the CDC's social determinants of health framework.

Our report also includes:

- **Substance use vulnerability maps** by drug type—such as opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines—help identify prevalent recovery needs, guide resource allocation, and inform event planning in at-risk neighborhoods.
- **Social determinants of health maps** to explore overall health vulnerabilities and help local stakeholders understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of community members.

These reports can be combined with PSC's Health Snapshot Series² to give an overall view of health and recovery in Iowa counties and communities.

For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Kelsey Van Selous, MSW, LCSW at kvansel@iastate.edu.

¹<https://publicsciencecollaborative.org/>

²<https://publicsciencecollaborative.org/research-project/iowas-health-snapshot-series/>

What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) define recovery as follows:

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

A second useful definition of recovery, which shaped the PSC approach to recovery community readiness, was created by Bill White:

“Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life.”

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, and schools, can promote early recovery, as well as longer and more stable recovery. Identifying resources that support long-term recovery can help identify towns and cities rich in these recovery tools. This, in turn, enables more effective development of new community-based recovery organizations.

Peer Support

Peer support can take different forms, but it is often vital for supporting recovery in a community. Simply, peer support consists of people in recovery using their own experiences to support others in recovery who might have similar experiences. Peer support may include referring people in recovery to resources, being a model for how to recover, and being a general resource for helping someone reach and maintain their own recovery.

A common form of peer support is mutual aid meetings, such as Alcoholics Anonymous or Narcotics Anonymous, where people in recovery meet in groups and have a safe setting to discuss their own recovery and support others.

There are also one-on-one opportunities for peer support. In these settings, trained specialists and coaches who have lived experience can give customized support to individuals with a similar substance use or recovery experience. These kinds of peer support include:

- **Peer Support Specialists (PSS):** people currently living well in recovery from a serious mental illness or substance use. They provide support and hope through their own recovery experiences and provide other useful information for the people they work with.
- **Family Peer Support Specialists (FSS):** specialists trained to specifically work with families and have their own experiences caring for children with behavioral health needs. FSS can give feedback that is designed and intended for parents and children, including helping families navigate support systems for children.
- **Recovery Coaches (RC):** people in recovery from a substance use disorder, or are a family member of a person in recovery from a substance use disorder. They are able to offer their own perspectives and experiences with recovery that can help a peer to stay engaged in their recovery.

Take a look at the “What are the Peer Support Resources in Your Communities?” section of this report to learn more about what resources your community already has, and where there is opportunity to expand resources. To learn more about types of peer support and training opportunities, you can also go to the [University of Iowa Peer Workforce Collaborative](https://iowapeersupport.sites.uiowa.edu/)³.

Community-Based Recovery Organizations

Recovery organizations help people who are recovering from substance use disorders. They take various shapes, but they all aim to support individuals. They offer services and resources to help people stay in recovery, enhance their health, and reintegrate into society.

³<https://iowapeersupport.sites.uiowa.edu/>

Most community-based recovery organizations will offer some form of peer support. This may include peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations provide a substance-free environment where all are welcome. People in recovery can receive guidance in daily activities such as finding stable housing, a job, or volunteer opportunities. They might also offer recreation and social groups, or linkages to legal support.

A few of the most well-known recovery organizations include:

- **Recovery Community Centers:** These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate connections to general resources for recoverees. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafes often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The [Recovery Café Network](https://recoverycafenetwork.org/)⁴ is a good starting place to learn more.
- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- **Recovery High Schools and Collegiate Recovery Programs:** These educational institutions provide a supportive environment for students in recovery, helping them succeed academi-

cally while maintaining their sobriety. They do this in a similar way as community centers and cafes, by offering peer support, community, and recovery-focused activities, but focused on student needs.

Recovery Readiness

Resources such as peer support and community-based recovery organizations help promote recovery readiness in a community. However, a recovery-ready community also has other recovery and community resources that provide supports across prevention, treatment, and long-term recovery.

Key elements are:

- Accessible healthcare
- Peer support networks
- Educational and job opportunities
- Harm reduction services
- Anti-stigma initiatives
- A sense of purpose

A recovery-ready community unites members, institutions, and policymakers, working together towards a common goal. This approach helps promote lasting recovery and overall well-being.

In Iowa, a recovery-ready community provides multiple recovery pathways. It meets the needs of those in recovery through a vibrant recovery culture and it is well-coordinated across both formal and informal systems of care.

How can this guide improve recovery readiness?

This report is intended to help communities, recovery organizations, treatment providers, and other local organizations and coalitions evaluate their own recovery readiness. It helps identify the resources that communities already have, resource areas that are lacking, and where are populations with a high risk of substance use or poor general health. We hope that readers will use this information to learn about their counties and communities and develop strategies for increasing access to recovery resources and ensuring that people in recovery are connected to those resources to best support their own paths to recovery.

⁴<https://recoverycafenetwork.org/>

Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa’s cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of ‘Recovery Ready’ communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three components: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community’s overall RRCI score is calculated by taking the average of the components’ percentile ranks among all Iowa communities. For instance, the community with the most resources has a total resources percentile score of 100 (meaning the community has more resources than 100% of counties), while the one with the fewest has a score of 0.

The Public Science Collaborative designed and created a public-facing, [interactive dashboard](#)⁵ that allows people to further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Table 1 shows all of the cities with at least 1,000 people in Madison County. Among this group, Winterset has the highest RRCI score, indicating that it is a community that may be well-suited to support a recovery community organization, due to its strong number recovery resources. We also looked at communities in comparison to other cities of similar sizes, seen in the “Pop. Group Rank” column, for a comparison of cities that might be expected to have similar quantities of resources. When looking at these cities in comparison to their population groups, Winterset and Earlham are among the top half of their comparison population groups.

Table 1: Recovery Ready Community Index in Madison County

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Winterset	5,384	15 (out of 103)	72.9	65	120.7	11.1
Earlham	1,406	82 (out of 145)	46.9	25	177.8	0.0

⁵<https://publicsciencecollaborative.shinyapps.io/RRCI/>

Another way to look at recovery readiness is in the context of Iowa's new behavioral health districts, which manage treatment and recovery services in counties across the district. Madison County is located in district 5, which has 14 counties, as shown in Table 2. Madison County falls in 4th place in terms of the RRCI in the district. The following pages have maps showing the RRCI and its component measures across behavioral health district 5.

Each county is also put into a comparison group of similar counties, including metropolitan core counties (such as Polk or Linn), metropolitan non-core counties (suburban or exurban counties), micropolitan counties (such as Cerro Gordo and Marshall), and rural counties. Madison County is in the Metropolitan Non-Core group of counties, and ranks 7th out of 12 Iowa counties in the group.

Table 2: Recovery Ready Community Index in Behavioral Health District 5 Counties

County	Pop. Group	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Polk	Metropolitan Core	5 (out of 9)	59.9	2697	54.2	4.6
Lucas	Rural	17.5 (out of 63)	59.2	94	108.2	4.6
Marion	Micropolitan	11 (out of 15)	54.1	285	84.9	2.7
Boone	Rural	30.5 (out of 63)	46.9	196	73.5	3.0
Story	Metropolitan Core	9 (out of 9)	45.6	567	57.5	2.6
Madison	Metropolitan Non-Core	7 (out of 12)	44.6	128	76.4	3.6
Dallas	Metropolitan Non-Core	8 (out of 12)	43.5	486	46.7	2.6
Greene	Rural	35 (out of 63)	43.5	78	89.4	4.6
Decatur	Rural	38 (out of 63)	41.8	97	126.5	1.3
Wayne	Rural	47 (out of 63)	37.4	74	113.5	1.5
Warren	Metropolitan Non-Core	10 (out of 12)	33.7	332	62.1	0.9
Clarke	Rural	52 (out of 63)	33.7	93	96.0	2.1
Jasper	Metropolitan Non-Core	11 (out of 12)	33.3	254	67.1	1.3
Hamilton	Rural	57 (out of 63)	28.6	127	85.3	1.3

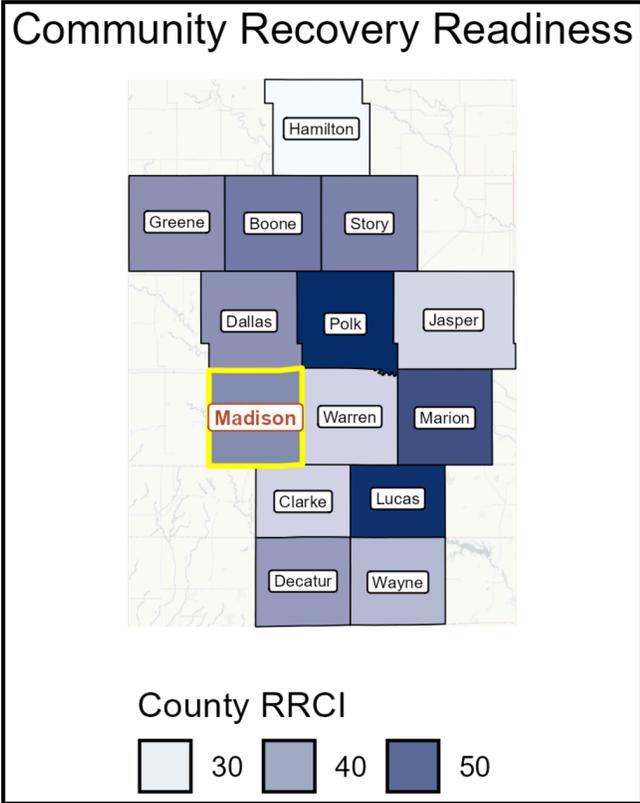


Figure 2: Recovery Ready Community Index in Madison County

Figure 2 shows community recovery readiness in behavioral health district 5 with a visualization of the Recovery Ready Community Index. The darker blues represent counties with higher RRCI scores, while the lighter blues and whites show counties with lower RRCI scores. Madison County is highlighted with a yellow outline and bold label.

In district 5, Madison County's RRCI score ranks 4th. Among cities with at least 1,000 people in Madison County, Winterset has the highest RRCI score, while Earlham has the lowest.

Figure 3 shows Absolute Resource Abundance, or the number of total recovery resources. In behavioral health district 5, Madison County has the 9th highest number of total recovery resources. In Madison County cities of at least 1,000 people, Winterset has the most recovery resources.

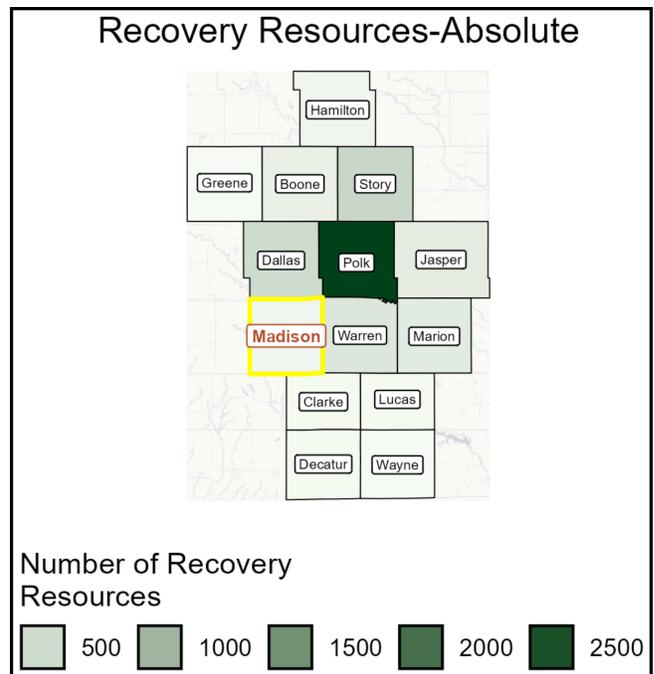


Figure 3: Recovery Resources in Madison County

Recovery Resources-Relative

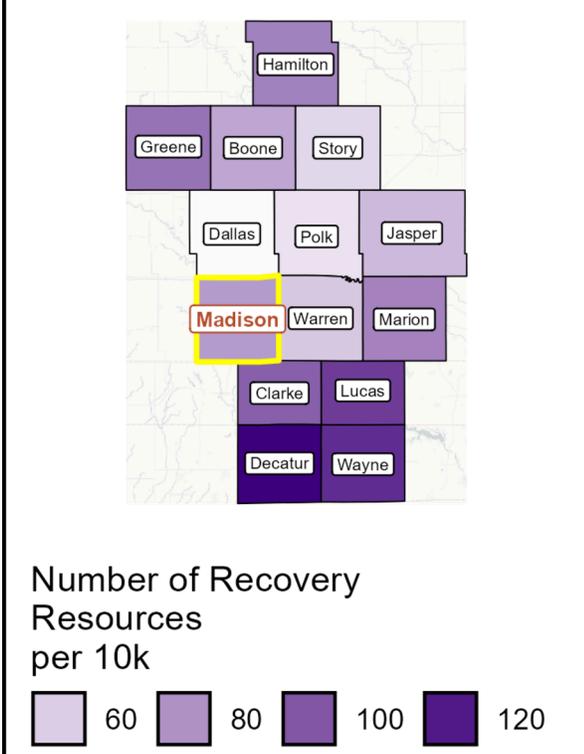


Figure 4: Recovery Resources per 10k in Madison County

Figure 4 shows number of recovery resources per 10,000 population, or the Relative Resource Abundance. Adjusting for population creates a more accurate comparison for smaller communities that may have fewer people, but have stronger resource access for that population.

Madison County ranks 7th among the counties in district 5 for number of relative resource abundance. Among the cities in the county with at least 1,000 people, Earlham has the highest number of recovery resources per 10,000 population, while Winterset has the lowest.

Figure 5 shows number of mutual aid meetings per 10,000 population, or the Recovery Culture. A community with a strong recovery culture already has community members working and collaborating in the recovery space.

Among counties in behavioral health district 5, Madison County has the 2nd highest number of mutual aid meetings per 10,000 people. Within Madison County, Winterset is the city of 1,000+ people with the largest recovery culture, while Earlham has the lowest.

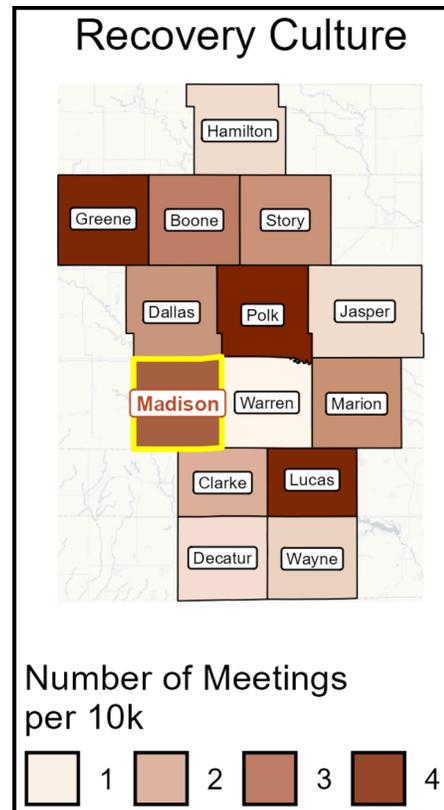


Figure 5: Mutual Aid Meetings per 10k in Madison County

What Resources Does Your Community Have?

SAMHSA Dimensions of Recovery Resources

As defined by SAMHSA, recovery is “A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.” Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different aspects of life that impact recovery and the different resources that are useful in supporting recovery. Table 3 identifies resources in Madison County that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include ([Click here for more information](#)⁶):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- **Health** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- **Home** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- **Purpose** (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

Table 3: SAMHSA Dimensions of Health Resources in Madison County Cities

City	Community	Health	Home	Purpose
Winterset	32	7	8	24
Earlham	8	1	5	11

⁶<https://library.samhsa.gov/sites/default/files/pep12-recdef.pdf>

Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person’s life that contribute to their overall well-being. For example, a family living in an area with few resources, like childcare and parks, may be more likely to face other challenges as a result. For instance, they may deal with higher transportation costs to take their child to childcare, which can add stress to their finances. These maps can also be used in conjunction with the population data in the next section to help identify at-risk populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources. Table 4 shows communities in the county and their resources among categories within the Social Determinants of Health.

The SDOH categories include ([Click here for more information](#)⁷):

- **Health Care Access and Quality** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- **Social and Community Context** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- **Neighborhood and Built Environment** (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- **Education Access and Quality** (Colleges and Universities, K-12 Schools)
- **Economic Stability** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Workforce Development Offices)

Table 4: Social Determinants of Health Resources in Madison County Cities

City	Economic Stability	Education Access & Quality	Healthcare Access & Quality	Neighborhood & Built Environment	Social & Community Context
Winterset	8	5	7	24	27
Earlham	5	3	1	8	8

⁷<https://health.gov/healthypeople/priority-areas/social-determinants-health>

Peer Support Providers

Peer support is an important kind of specialized support for people in recovery. Peer Support Providers include organizations that have trained staff members to provide specialized peer support. Some of these trained positions include peer support specialists, peer recovery coaches, and family peer support specialists. The “What is Recovery?” section at the beginning of this report has more information about each. All types of peer support are intended to provide individualized support through one-on-one meetings with people who have similar lived experience and are in recovery themselves. The [University of Iowa’s Peer Workforce Collaborative⁸](#) has more information about different types of peer support specialists and how people in recovery can themselves become peer support specialists.

Table 5 shows peer support provider organizations in behavioral health district 5. Organizations located in Madison County cities are listed first and highlighted in bold.

Table 5: Peer Support Providers in Behavioral Health District 5

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Winterset	Crossroads Behavioral Health Services	1	0	1	0
Ames	Community and Family Resources	0	1	0	0
Ames	Eyerly Ball	0	0	1	0
Ames	NAMI Central Iowa	0	0	1	0
Ames	YSS	1	0	0	0
Ankeny	Four Oaks	1	0	0	0
Boone	Central Iowa Recovery	0	0	1	0
Des Moines	Broadlawns Medical Center	0	0	2	0
Des Moines	Central Iowa Center for Independent Living	0	0	1	0
Des Moines	Child Health Specialty Clinics (CHSC)	1	0	0	0
Des Moines	Community Support Advocates	0	0	1	0
Des Moines	Community and Family Resources	0	1	0	0
Des Moines	Easterseals Iowa	1	0	0	0
Des Moines	Eyerly Ball	0	0	5	0
Des Moines	Full Circle Recovery Community Center	0	1	0	0
Des Moines	Iowa Harm Reduction Coalition	0	0	1	0
Des Moines	MercyOne	0	1	0	0
Des Moines	NAMI Iowa	0	0	1	0

⁸<https://iowapeersupport.sites.uiowa.edu/>

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Des Moines	NAMI Iowa - Office of Recovery Services	0	0	1	0
Des Moines	Orchard Place	1	0	0	0
Des Moines	Primary Health Care Homeless Support Services	0	0	2	0
Des Moines	Veterans Administration	0	0	1	0
Des Moines	Wellpoint (formerly Amerigroup)	0	0	0	1
Indianola	Central Iowa Recovery	0	0	1	0
Indianola	MercyOne	0	1	0	0
Johnston	Ellipsis	1	0	0	0
Johnston	Outside The Box	0	0	0	1
Knoxville	Inside Out Wellness & Advocacy	0	1	0	0
Knoxville	Resources for Human Development	0	0	1	0
Newton	Capstone Behavioral Health	1	0	2	0
Newton	MercyOne	0	1	0	0
Osceola	Crossroads Behavioral Health Services	1	0	1	0
Perry	Inside Out Wellness & Advocacy	0	1	0	0
Pleasant Hill	Thrive Now Recovery Center	0	1	0	0
Urbandale	Mosaic Haven, LLC	1	0	0	0
Webster City	Central Iowa Recovery	0	0	1	0
West Des Moines	Community Support Advocates	1	0	2	0
West Des Moines	Stepping Stone Family Services	1	0	0	0
West Des Moines	UCS Healthcare	0	1	0	0
Woodward	Inside Out Wellness & Advocacy	0	1	0	0

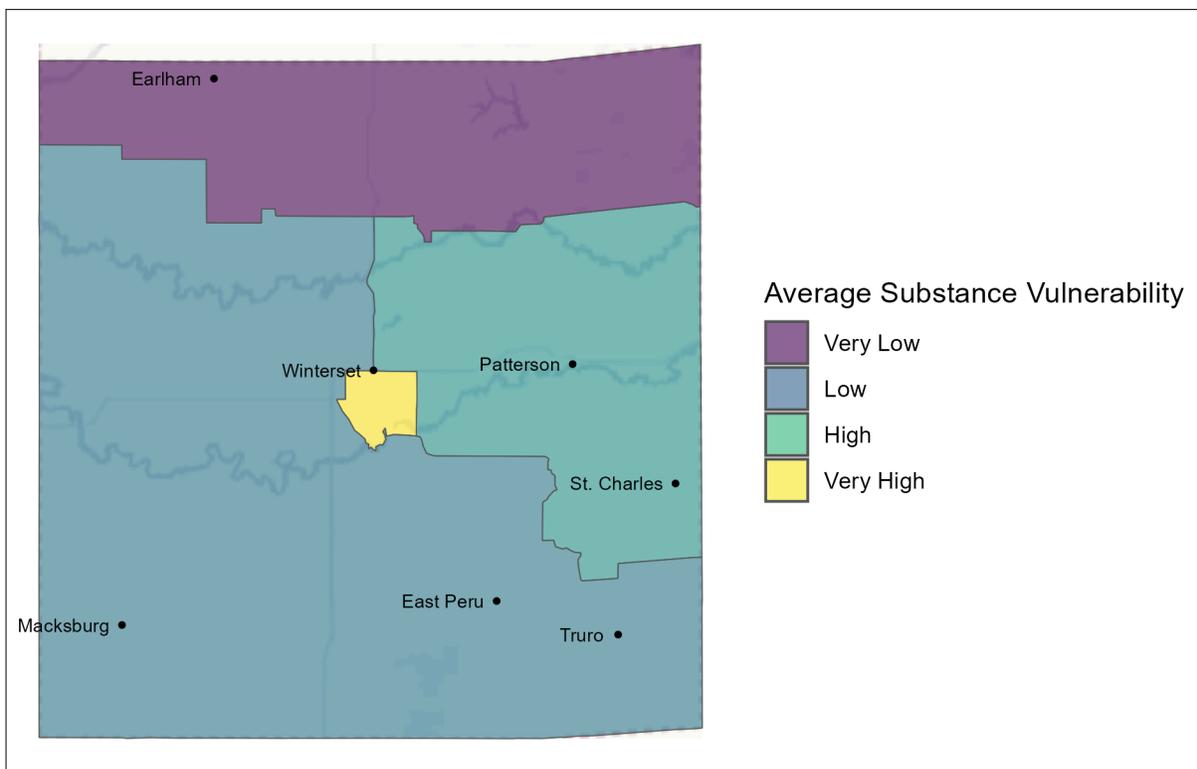
Which Neighborhoods in Your Community Need Additional Health Resources and Support?

Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners allocate resources more effectively for substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We used data from two sources, the Treatment Episode Admissions Datasets (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to uncover links between substance misuse and socio-demographic factors. The maps below use Census Bureau estimates of those same neighborhood characteristics by census tract. They display indexes for each substance, identifying areas that have the characteristics of vulnerable populations. These spots need focused resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's [dashboard for substance use vulnerability](https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/).⁹

Identifying towns and neighborhoods with high or low risk of substance use can aid public health efforts. This knowledge helps us take targeted actions based on specific risks in those areas. To aid in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

Figure 6: Overall Substance Use Vulnerability in Madison County



⁹https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/

Figure 7: Opioid Vulnerability in Madison County

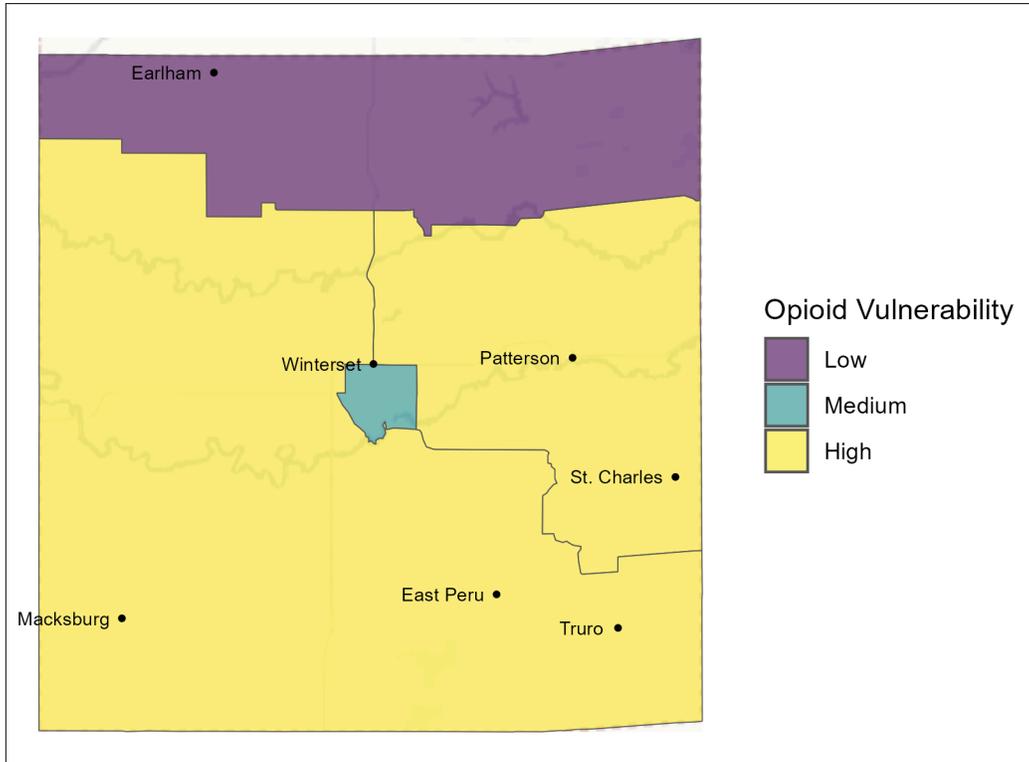


Figure 8: Methamphetamine Vulnerability in Madison County

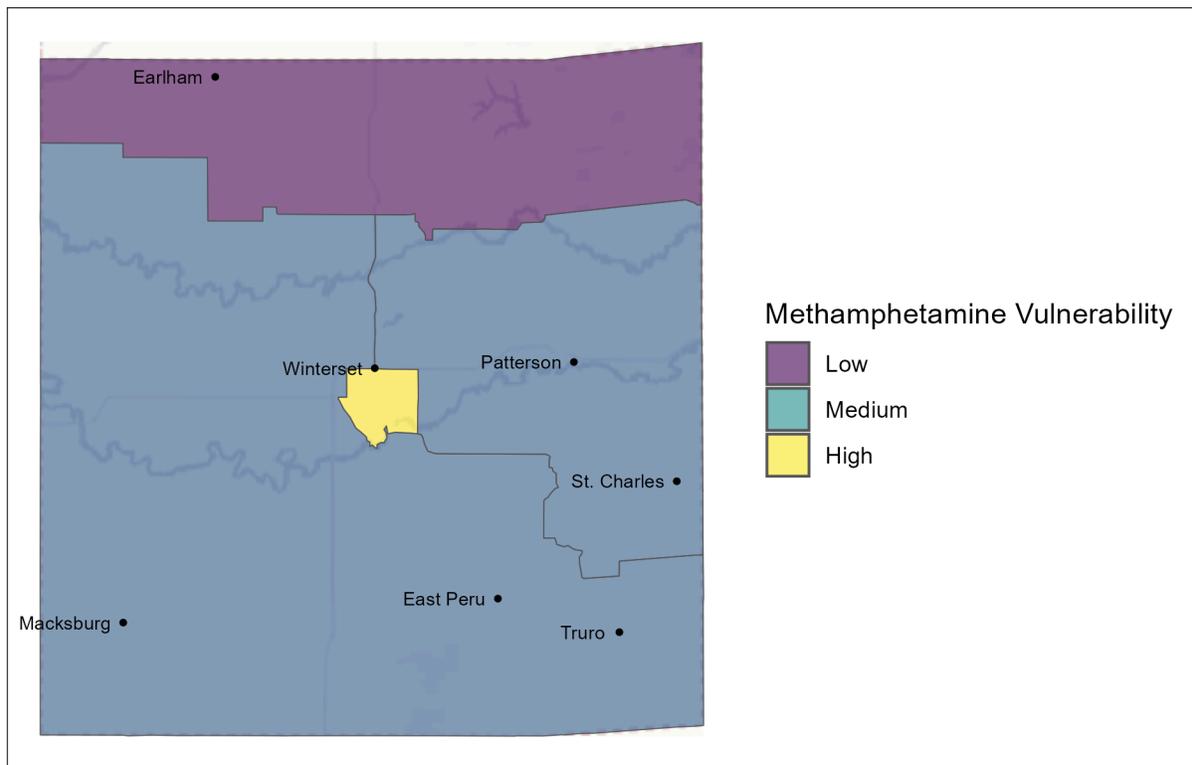


Figure 9: Heroin Vulnerability in Madison County

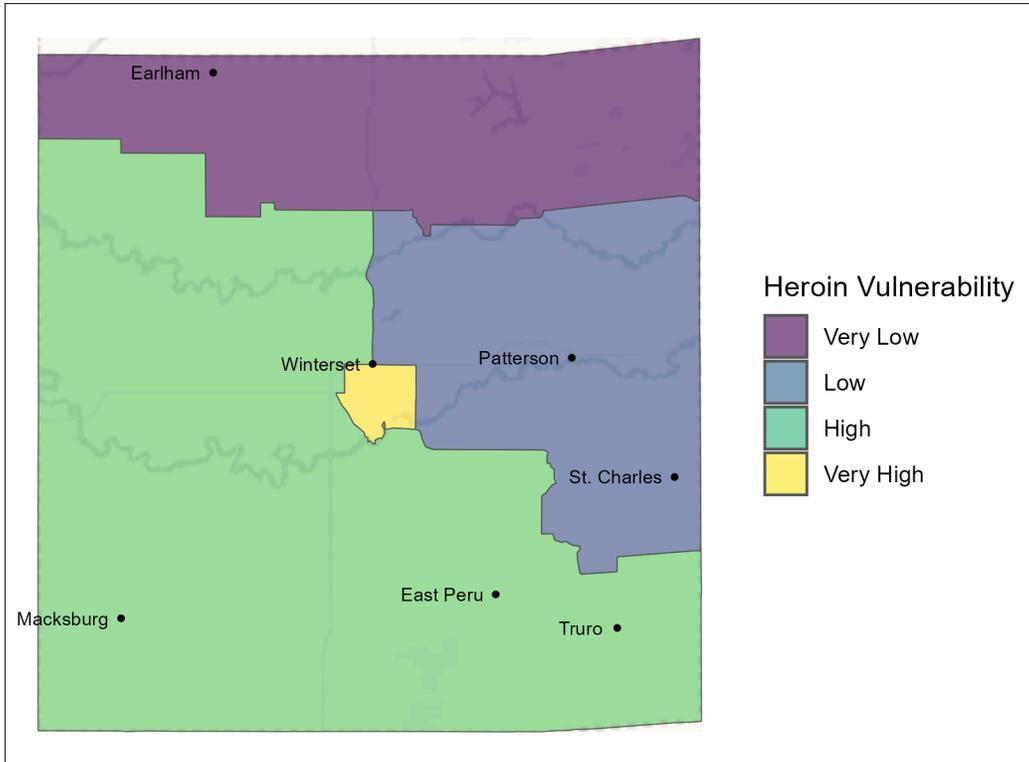


Figure 10: Alcohol Vulnerability in Madison County

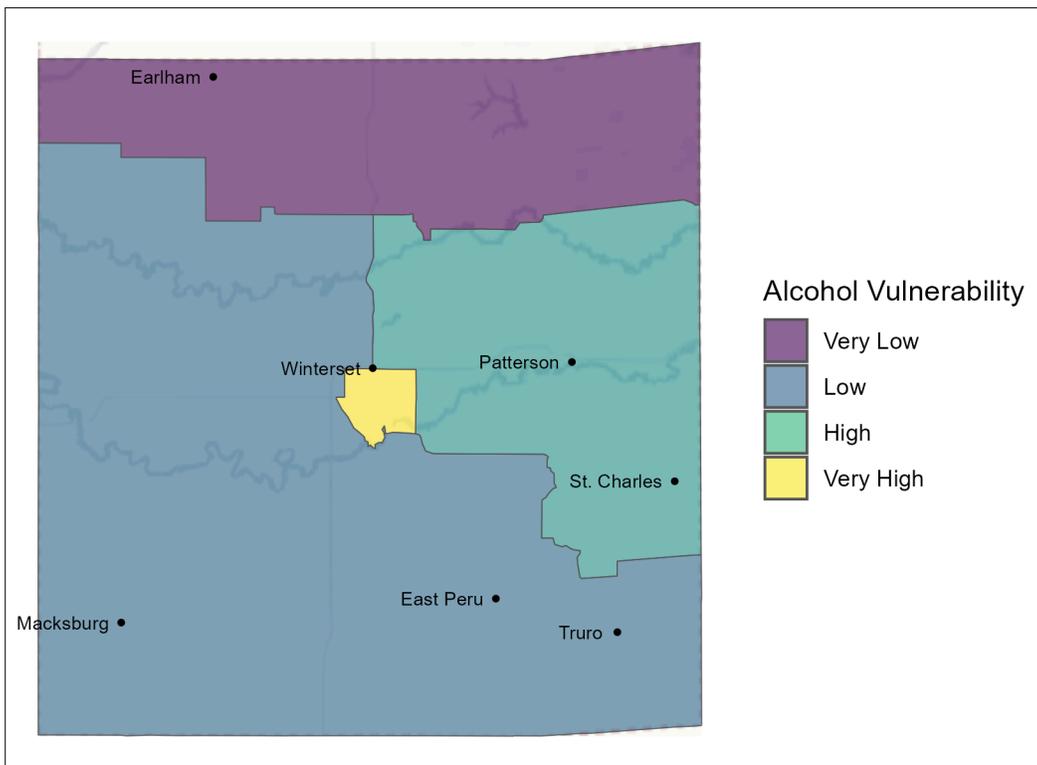


Figure 11: Cannabis Vulnerability in Madison County

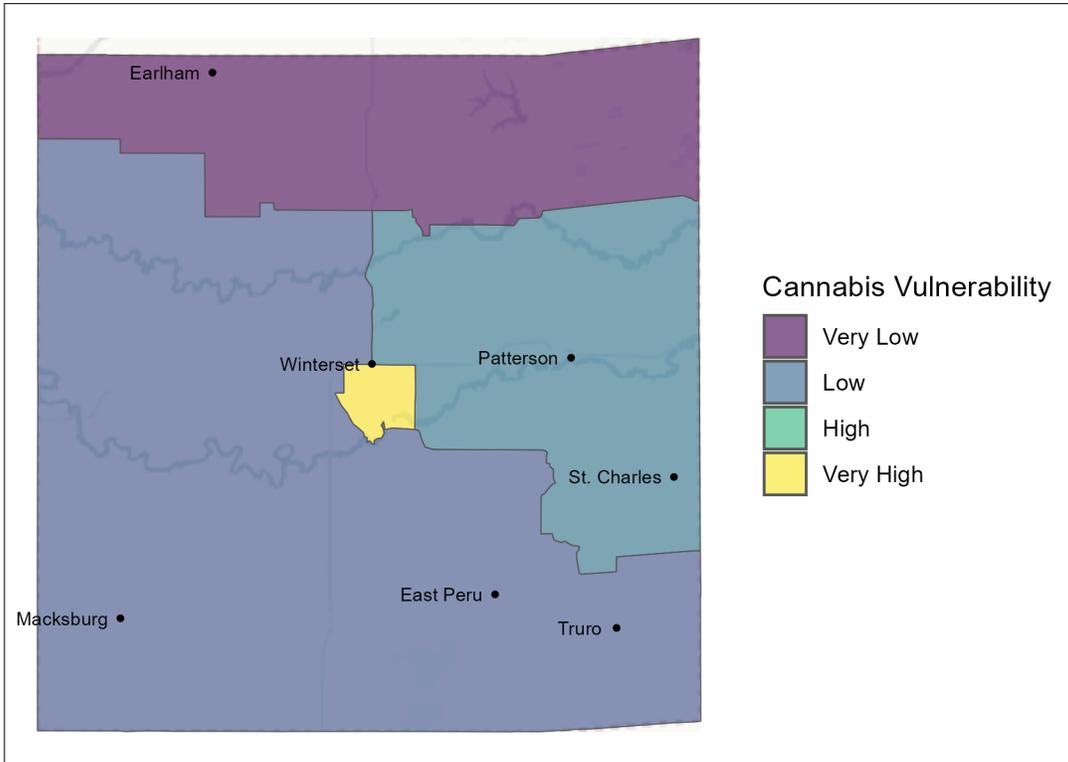


Figure 12: Cocaine Vulnerability in Madison County

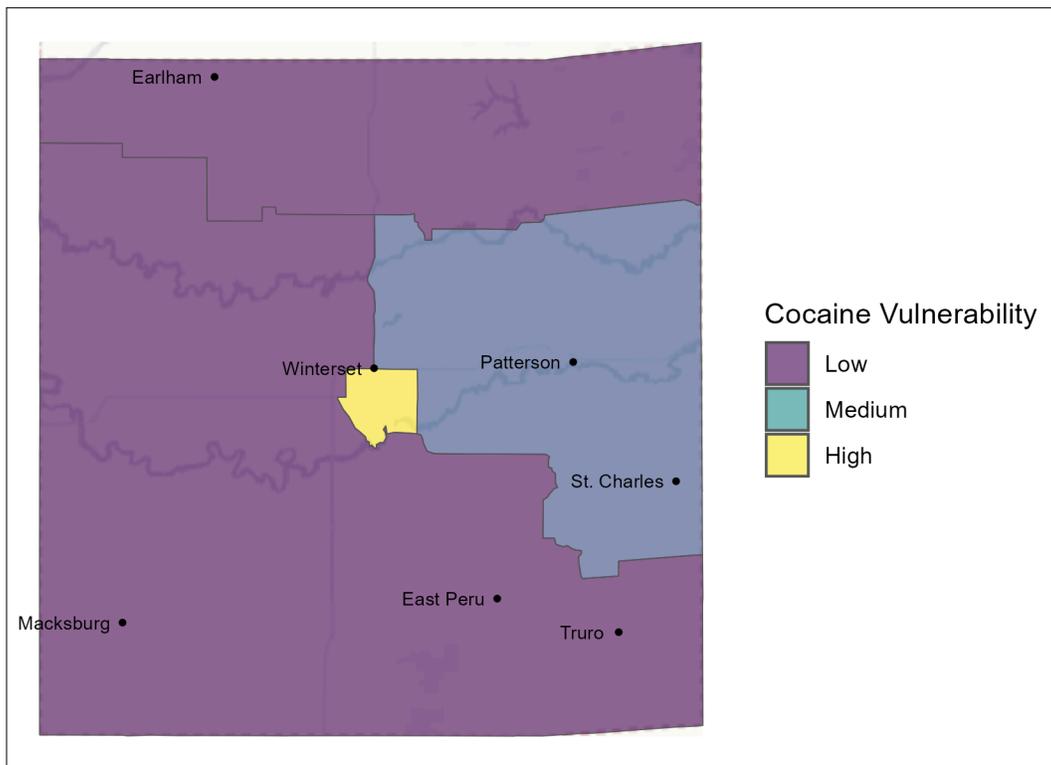
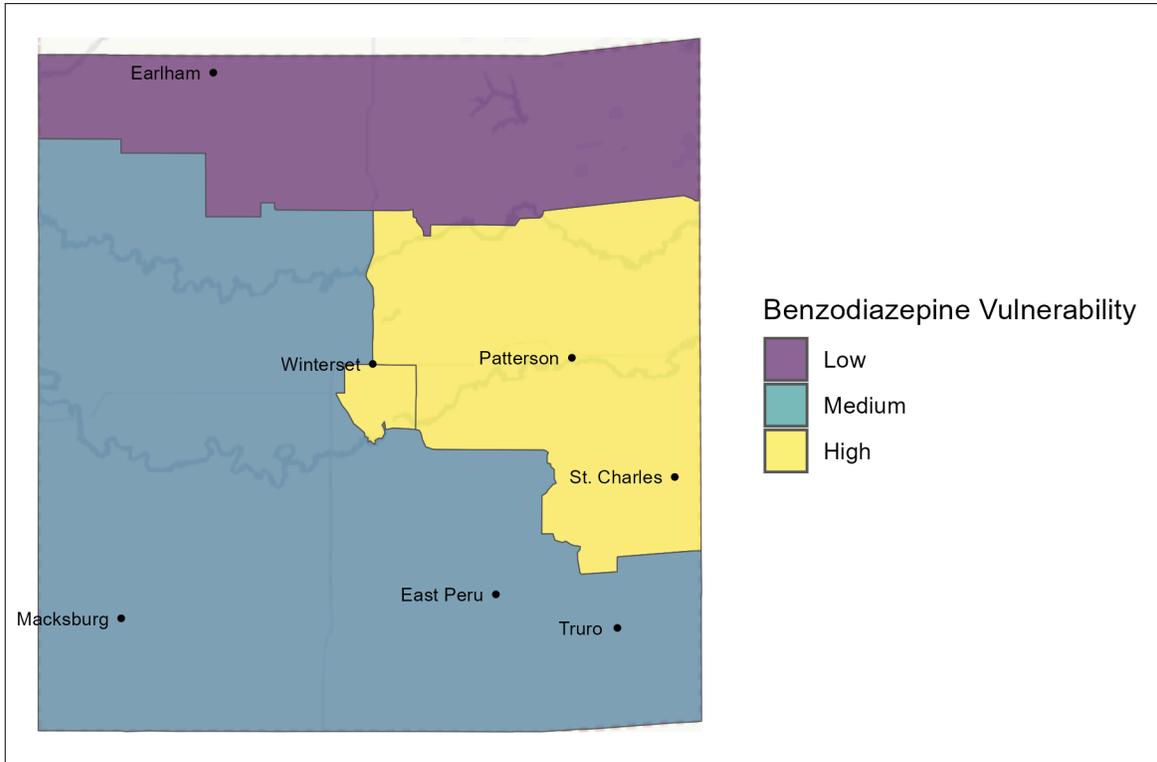


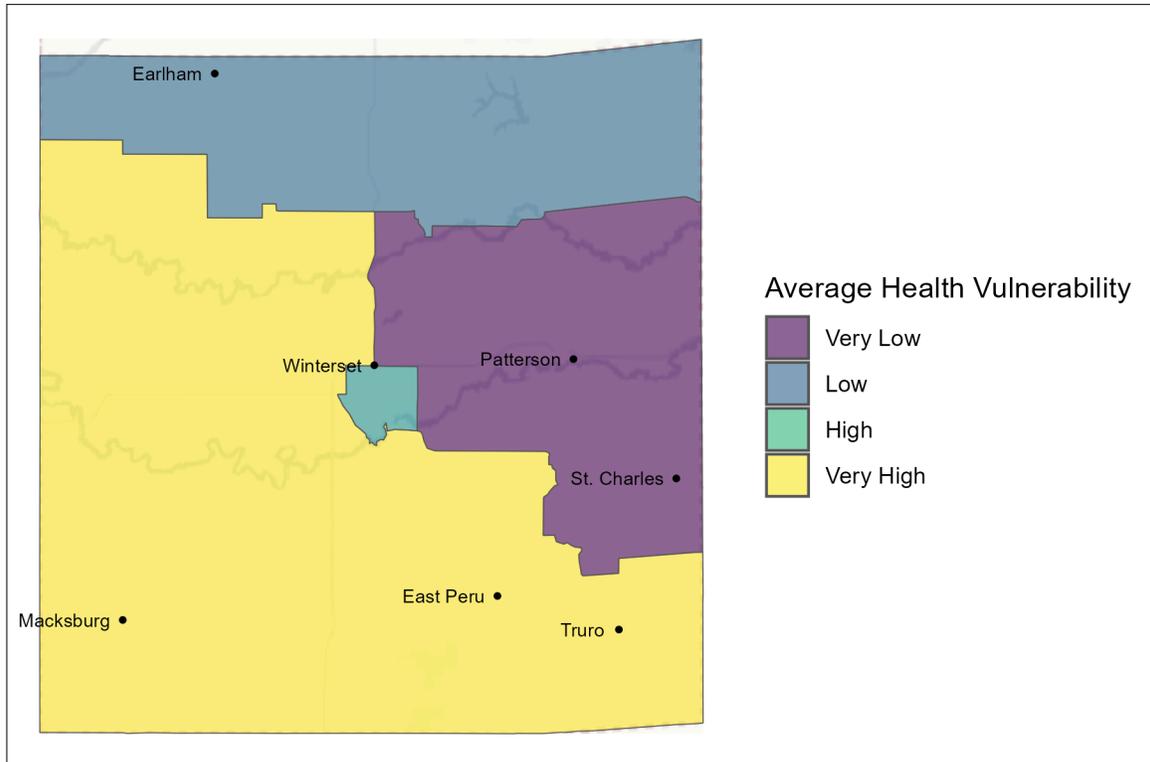
Figure 13: Benzodiazepine Vulnerability in Madison County



Social Determinants of Health

In addition to the substance use vulnerability maps above, the Public Science Collaborative also explored overall health vulnerabilities and disparities in Madison County, using the social determinants of health. By social determinants, we refer to social and environmental risks that impact a person's overall health and well-being. For example, in places with high average levels of education and low unemployment rates, people usually enjoy better health. In areas with low average incomes and high single parenting rates, health often suffers. Understanding social determinants of health can help community organizations and governments. It shows where there are neighborhoods that can benefit most from targeted investment to reduce health disparities. You can interactively explore social determinants of health across the state and look at individual components on [PSC's SDOH Dashboard](https://publicsciencecollaborative.shinyapps.io/sdoh/).¹⁰

Figure 14: Overall Health Vulnerability in Madison County



¹⁰<https://publicsciencecollaborative.shinyapps.io/sdoh/>

Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful for individuals in recovery. To collect this data, we used public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in Iowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several ways: simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs.

There are also several resource finder tools to help find a specific resource in an area, including the [Meetings Finder](#),¹¹ [Recovery Resource Finder](#),¹² [Well-Being Resource Finder](#),¹³ and [Physical Activity Resource Finder](#).¹⁴

Table 6: Recovery Resource Data Sources

Resource Type	Source
Beach	Iowa DNR
Library	Institute of Museum and Library Services
Playground	OpenStreetMap
Public Park	OpenStreetMap
Trail	OpenStreetMap
Outdoor Basketball Court	OpenStreetMap
Football Field	OpenStreetMap
Soccer Field	OpenStreetMap
Baseball/Softball Diamond	OpenStreetMap
Tennis Court	OpenStreetMap
Pickleball Court	OpenStreetMap
Outdoor Volleyball Court	OpenStreetMap
Other Sports Facilities	OpenStreetMap
Family Support Specialist	Wellpoint Peer Support Inventory
Mutual Aid Meeting	Various Websites
Peer Support Provider	Wellpoint Peer Support Inventory
Recovery Organizations (Community and Collegiate)	Manual Addition
SUD Recovery Coach	Wellpoint Peer Support Inventory
Lake	Iowa DNR
Access Center	Manual Addition
Drug Drop-off Site	Iowa Geodata
Hospital	Iowa Medicaid Provider Search
MAT Site	SAMHSA

¹¹<http://public-science.org/meetingfinder>

¹²<http://public-science.org/recoveryresources>

¹³<http://public-science.org/communityresources>

¹⁴<http://public-science.org/physicalactivity>

Resource Type	Source
Mental & Behavioral Health Center	Iowa DHHS
Rural Health Clinic	Iowa Association of Rural Health Clinics
SUD or Gambling Treatment Center	Iowa DHHS
VA Hospital or Clinic	U.S. Department of Veterans Affairs
YMCA	Heartland YMCA Alliance
Childcare Provider	Iowa DHHS
Recovery Housing	Iowa DHHS
Section 8 Housing	U.S. Department of Housing and Urban Development
Shelter	Homeless Shelters Directory
Intimate Partner Violence Program	Iowa Coalition Against Domestic Violence
Workforce Development Office	Iowa Workforce Development
College or University	Wikipedia
School	Iowa Department of Education
Place of Worship	ExpertGPS.com
State Park	Iowa DNR

Appendix 2: RRCI Rankings for Cities in Behavioral Health District 5

Table 7 adds on to the Recovery Ready Community Index table found earlier in the report. This table includes all 54 cities in behavioral health district 5 that have more than 1,000 people. The table is sorted by population, to help enable comparisons between cities in the district of similar sizes. You can use the information to see the relative strengths and weaknesses of communities across the district. Cities located in Madison County are bolded.

Table 7: RRCI in Behavioral Health Madison County Cities

City	Population	Pop. Group Rank	RRCI	Resource Abundance- Absolute	Resource Abundance- Relative	Recovery Culture
Des Moines	212,464	5 (out of 11)	64.7	1447	68.1	6.2
Ankeny	70,542	11 (out of 11)	62.3	509	72.2	3.1
West Des Moines	69,893	8 (out of 11)	63.6	506	72.4	4.0
Ames	66,112	10 (out of 11)	63.1	472	71.4	3.8
Urbandale	46,026	22 (out of 31)	62.8	258	56.1	5.2
Waukee	26,974	24 (out of 31)	62.0	214	79.3	2.2
Johnston	24,196	7 (out of 31)	68.2	282	116.5	2.1
Altoona	20,592	30 (out of 31)	60.4	117	56.8	3.4
Clive	18,776	28 (out of 31)	61.5	110	58.6	4.3
Indianola	15,918	19 (out of 31)	63.5	148	93.0	1.9
Grimes	15,810	15 (out of 31)	64.2	145	91.7	3.2
Newton	15,696	26 (out of 31)	61.7	128	81.5	1.9
Norwalk	13,610	27 (out of 31)	61.6	114	83.8	0.7
Boone	12,445	17 (out of 31)	63.8	103	82.8	4.0
Pleasant Hill	10,796	23 (out of 31)	62.7	95	88.0	2.8
Pella	10,624	3 (out of 31)	73.4	154	145.0	2.8
Bondurant	8,061	94 (out of 103)	37.8	76	94.3	0.0
Perry	7,928	58 (out of 103)	64.5	67	84.5	6.3
Webster City	7,769	81 (out of 103)	61.1	67	86.2	1.3
Knoxville	7,493	38.5 (out of 103)	68.0	76	101.4	6.7
Nevada	6,952	57 (out of 103)	64.7	74	106.4	1.4
Adel	6,259	66 (out of 103)	63.6	62	99.1	3.2
Polk City	5,833	87 (out of 103)	55.1	32	54.9	1.7
Osceola	5,495	21 (out of 103)	71.1	72	131.0	3.6
Winterset	5,384	15 (out of 103)	72.9	65	120.7	11.1
Windsor Heights	5,171	85 (out of 103)	57.5	27	52.2	5.8
Huxley	4,440	95 (out of 103)	36.7	44	99.1	0.0
Chariton	4,235	1 (out of 103)	80.9	73	172.4	9.4
Carlisle	4,187	69.5 (out of 103)	63.3	44	105.1	2.4

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Jefferson	4,164	53 (out of 103)	66.3	41	98.5	9.6
Saylorville	3,559	101 (out of 103)	28.1	22	61.8	0.0
Story City	3,363	98 (out of 103)	31.7	27	80.3	0.0
Madrid	2,803	72 (out of 103)	62.9	30	107.0	3.6
Mitchellville	2,557	103 (out of 103)	25.9	17	66.5	0.0
Lamoni	2,121	12 (out of 145)	81.8	47	221.6	4.7
Colfax	2,089	53 (out of 145)	60.6	19	91.0	9.6
Monroe	2,074	106 (out of 145)	38.6	26	125.4	0.0
Dallas Center	2,058	44 (out of 145)	65.6	25	121.5	4.9
Granger	1,919	56 (out of 145)	59.3	19	99.0	5.2
Ogden	1,902	23 (out of 145)	78.7	37	194.5	5.3
Pleasantville	1,883	30 (out of 145)	74.8	31	164.6	5.3
Leon	1,795	67 (out of 145)	51.8	37	206.1	0.0
Prairie City	1,649	103 (out of 145)	40.4	23	139.5	0.0
Corydon	1,566	84 (out of 145)	45.7	26	166.0	0.0
Slater	1,498	77 (out of 145)	47.9	27	180.2	0.0
Van Meter	1,469	69 (out of 145)	50.7	30	204.2	0.0
Roland	1,458	133 (out of 145)	28.1	14	96.0	0.0
Earlham	1,406	82 (out of 145)	46.9	25	177.8	0.0
Gilbert	1,300	79 (out of 145)	47.5	24	184.6	0.0
Baxter	1,251	131 (out of 145)	28.8	13	103.9	0.0
Melcher-Dallas	1,228	75 (out of 145)	48.4	24	195.4	0.0
Jewell Junction	1,225	105 (out of 145)	39.6	18	146.9	0.0
Sully	1,092	104 (out of 145)	40.3	17	155.7	0.0
Woodward	1,002	5 (out of 145)	83.7	23	229.5	29.9

Appendix 3: Mutual Aid Meetings In Madison County

Table 8: Mutual Aid Meeting Directory in Madison County

Meeting Type	Group	Address	Weekly Meeting #
Alcoholics Anonymous	<u>How It Works</u>	113 S 2nd St, Winterset, IA 50273, USA	1
Alcoholics Anonymous	<u>Madison County Group</u>	103 W Green St, Winterset, IA 50273, USA	4
Alcoholics Anonymous	<u>Madison County Group (Womens)</u>	103 W Green St, Winterset, IA 50273, USA	1
Al-Anon	Winterset AFG	103 W Green St, Winterset, IA, 50273, USA	1
Al-Anon	Winterset AFG Tuesday Meeting	103 Green St, Winterset, IA, 50273, USA	1
Narcotics Anonymous	Madison County Narcotics Anonymous	103 W Green St, Winterset, IA 50273, USA	1

Appendix 4: Resources In Madison County

Table 9: Recovery Resource Directory in Madison County

Resource Type	Name	Address
Baseball/Softball Diamond	5 Baseball/Softball Diamonds	Earlham, Madison County, Iowa, 50072, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	St. Charles, Madison County, Iowa, 50240, United States
Baseball/Softball Diamond	6 Baseball/Softball Diamonds	Truro, Madison County, Iowa, 50257, United States
Baseball/Softball Diamond	9 Baseball/Softball Diamonds	Winterset, Madison County, Iowa, 50273, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Earlham, Madison County, Iowa, 50072, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Macksburg, Madison County, Iowa, 50155, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Madison County, Iowa, 50273, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	Winterset, Madison County, Iowa, 50273, United States
Childcare Provider	<u>Alisa Ashby</u>	616 E Buchanan ST, Winterset, IA, 50273
Childcare Provider	<u>Angela Mason</u>	135 SE Cherry AVE, Earlham, IA, 50072
Childcare Provider	<u>Christa Keller</u>	2619 State Hwy 92, Winterset, IA, 50273
Childcare Provider	<u>Dawn's Daycare and Educational Program</u>	360 NW Walnut AVE, Earlham, IA, 50072
Childcare Provider	<u>Jackelyn Hansen</u>	750 NE 5th ST, Earlham, IA, 50072
Childcare Provider	<u>Jessica Ruble</u>	322 W Washington ST, Winterset, IA, 50273
Childcare Provider	<u>Jessica's Daycare</u>	715 E Benton ST, Winterset, IA, 50273
Childcare Provider	<u>Little Huskies North Preschool</u>	1726 N John Wayne Dr, Winterset, IA, 50273
Childcare Provider	<u>Little Roadrunner Childcare Center</u>	405 E North St, Truro, IA, 50257
Childcare Provider	<u>Mackinzie Anderson</u>	340 NE Cedar AVE, Earlham, IA, 50072
Childcare Provider	<u>Michele's House Childcare & Learning Center</u>	130 NE Cherry AVE, Earlham, IA, 50072
Childcare Provider	<u>Monica Smith</u>	809 E Filmore ST, Winterset, IA, 50273
Childcare Provider	<u>Sprouts Preschool & Daycare LLC</u>	2622 Quail Ridge TRL, Winterset, IA, 50273
Childcare Provider	<u>Stepping Stones Child Care Center Inc</u>	701 S 3rd AVE, Winterset, IA, 50273
Childcare Provider	<u>The Children's Jungle</u>	828 W Summit ST, Winterset, IA, 50273
Childcare Provider	<u>Wee Learners</u>	210 W Green, Winterset, IA, 50273
Drug Drop-off Site	Hy-Vee Pharmacy (1898)	923 N. 1st Street, Winterset, IA, 50273
Drug Drop-off Site	Medicap Pharmacy	904 N. John Wayne Dr, Winterset, IA, 50273

Resource Type	Name	Address
Drug Drop-off Site	Montross Pharmacy	120 North 1st Ave, Winterset, IA, 50273
Family Support Specialist	<u>Children Integrated Health Home</u>	102 W Summit St, Winterset, IA 50273
Football Field	1 Football Field	Earlham, Madison County, Iowa, 50072, United States
Football Field	2 Football Fields	Winterset, Madison County, Iowa, 50273, United States
Hospital	Madison Co Memorial Hosp	300 W Hutchings St, Winterset, IA 50273
Lake	Badger Creek Lake	2699 120th Ln, Van Meter, IA 50261
Lake	Badger Creek Pond	1180 Badger Creek Rd, Van Meter, IA 50261
Lake	Cedar Lake	3699 Lakeview Ln, Winterset, IA 50273
Lake	Criss Cove County Park Pond	2086 305th St, Winterset, IA 50273
Lake	Deer Creek Wildlife Unit Pond	3184 Millstream Ave, Lorimor, IA 50149
Lake	Fellowship Forest Pond	2606 Carver Rd, Winterset, IA 50273
Library	Earlham Public Library	120 S Chestnut, Madison, Earlham, IA, 50072
Library	St. Charles Public Library	113 S Lumber St, Madison, St. Charles, IA, 50240
Library	Truro Public Library	114 E Center, Madison, Truro, IA, 50257
Library	Winterset Public Library	123 N 2nd St, Madison, Winterset, IA, 50273
Other Sports Facilities	3 Other Sports Facilities	Winterset, Madison County, Iowa, 50273, United States
Peer Support Provider	<u>Adult Integrated Health Home</u>	102 W Summit St, Winterset, IA 50273
Place of Worship	<u>Blair Chapel</u>	Blair Chapel Cemetery, 3197 220th St, St Charles, IA 50240, USA
Place of Worship	<u>Calvary Baptist Church</u>	226 W Main St, St Charles, IA 50240, USA
Place of Worship	<u>Church of Christ</u>	460 N Chestnut Ave, Earlham, IA 50072, USA
Place of Worship	<u>Church of the Nazarene</u>	418 W Summit St, Winterset, IA 50273, USA
Place of Worship	<u>Congregational Christian Church</u>	135 E Garfield St, Truro, IA 50257, USA
Place of Worship	<u>Crossroad Evangelical Free Church</u>	115 NE 2nd St, Earlham, IA 50072, USA
Place of Worship	<u>Deer Creek Chapel</u>	2269 310th St, Lorimor, IA 50149, USA
Place of Worship	<u>Earlham Friends Church</u>	135 W 1st St, Earlham, IA 50072, USA
Place of Worship	<u>Early Chapel</u>	CR5V+M6 Pitzer, IA, USA
Place of Worship	<u>Elm Grove Church</u>	2625 Settlers Trail, Winterset, IA 50273, USA
Place of Worship	<u>Fairview Church</u>	1250 US-169, Winterset, IA 50273, USA

Resource Type	Name	Address
Place of Worship	<u>Fellowship Church</u>	2942 Homestead Ave, Lorimor, IA 50149, USA
Place of Worship	<u>First Baptist Church</u>	204 S 14th Ave, Winterset, IA 50273, USA
Place of Worship	<u>First Christian Church</u>	103 W Green St, Winterset, IA 50273, USA
Place of Worship	<u>First Presbyterian Church</u>	115 NE Maple Ave, Earlham, IA 50072, USA
Place of Worship	<u>First United Methodist Church</u>	309 E Jefferson St, Winterset, IA 50273, USA
Place of Worship	<u>First United Presbyterian Church</u>	210 W Green St, Winterset, IA 50273, USA
Place of Worship	<u>Foursquare Gospel Church</u>	114 S 3rd St, Winterset, IA 50273, USA
Place of Worship	<u>Grace Baptist Church</u>	703 W Green St, Winterset, IA 50273, USA
Place of Worship	<u>Jefferson Church</u>	1459 Quail Ridge Ave, Van Meter, IA 50261, USA
Place of Worship	<u>Kingdom Hall of Jehovahs Witnesses</u>	1317 N John Wayne Dr, Winterset, IA 50273, USA
Place of Worship	<u>Macksburg United Methodist Church</u>	202 West St, Macksburg, IA 50155, USA
Place of Worship	<u>New Life Family Worship Center</u>	226 W Main St, St Charles, IA 50240, USA
Place of Worship	<u>North River Church</u>	1559 Old Portland Rd, Van Meter, IA 50261, USA
Place of Worship	<u>Oak Grove Church</u>	2471 Elder Berry Ave, Winterset, IA 50273, USA
Place of Worship	<u>Ord Church</u>	1970 270th St, Winterset, IA 50273, USA
Place of Worship	<u>Peru United Methodist Church</u>	63MF+8W East Peru, IA, USA
Place of Worship	<u>Pitzer United Presbyterian Church</u>	1310 190th St, Earlham, IA 50072, USA
Place of Worship	<u>Primitive Church</u>	2011 205th LN, Winterset, IA 50273, USA
Place of Worship	<u>Saint Charles Parish</u>	226 W Main St, St Charles, IA 50240, USA
Place of Worship	<u>Saint Josephs Catholic Church</u>	615 W Green St, Winterset, IA 50273, USA
Place of Worship	<u>Saint Patricks Church</u>	3396 155th St, Cumming, IA 50061, USA
Place of Worship	<u>Saint Paul Lutheran Church</u>	218 S 2nd Ave, Winterset, IA 50273, USA
Place of Worship	<u>Seventh Day Adventist Church</u>	1001 W Summit St, Winterset, IA 50273, USA
Place of Worship	<u>Trinity Church</u>	1195 Prairieview Ave, Van Meter, IA 50261, USA
Place of Worship	<u>Trinity Episcopal Church</u>	222 E Washington St, Winterset, IA 50273, USA
Place of Worship	<u>United Methodist Church</u>	145 NE Sycamore Ave, Earlham, IA 50072, USA
Place of Worship	<u>United Methodist Church</u>	300 N East St, Truro, IA 50257, USA
Place of Worship	<u>Wesley Chapel</u>	1147 270th St, Winterset, IA 50273, USA
Place of Worship	<u>West Star Church</u>	1698 210th St, Winterset, IA 50273, USA

Resource Type	Name	Address
Place of Worship	<u>Winterset Christian Church</u>	520 S John Wayne Dr, Winterset, IA 50273, USA
Place of Worship	<u>Worthington Church</u>	1793 152nd St, Earlham, IA 50072, USA
Place of Worship	<u>Yoke United Methodist Church</u>	226 W Main St, St Charles, IA 50240, USA
Place of Worship	<u>Zion Church</u>	2505 Millstream Ave, Winterset, IA 50273, USA
Playground	1 Playground	1596 Iowa State 92, Winterset, IA 50273
Rural Health Clinic	<u>Earlham Medical Clinic</u>	125 W 1st St, Earlham, IA, 50072
Rural Health Clinic	Health Trust Physicians Clinic	300 W Hutchings St, Winterset, IA, 50273
School	Earlham Elementary School	535 N Chestnut Ave, Earlham, IA
School	Earlham Middle School	535 N Chestnut Ave, Earlham, IA
School	Earlham Senior High School	535 N Chestnut Ave, Earlham, IA
School	Interstate 35 Elementary School	445 East North Street, Truro, IA
School	Interstate 35 High School	405 E North St, Truro, IA
School	Winterset Christian Academy	224 E Court Ave, Winterset, IA
School	Winterset Elementary School	404 S 2nd Ave, Winterset, IA
School	Winterset Junior High School	720 Husky Dr, Winterset, IA
School	Winterset Middle School	706 West School Street, Winterset, IA
School	Winterset Senior High School	720 Husky Dr, Winterset, IA
Soccer Field	Martin Marietta Soccer Complex	Winterset, Madison County, Iowa, 50273, United States
SUD or Gambling Treatment Center	<u>Crossroads Behavioral Health Services</u>	102 W. Summit Street, Winterset, IA, 50273
SUD or Gambling Treatment Center	<u>Turning Point Evaluation, INC</u>	113 N John Wayne Drive, Winterset, IA, 50237
Tennis Court	1 Tennis Court	Truro, Madison County, Iowa, 50257, United States
Tennis Court	2 Tennis Courts	Winterset, Madison County, Iowa, 50273, United States
Outdoor Volleyball Court	1 Outdoor Volleyball Court	Winterset, Madison County, Iowa, 50273, United States