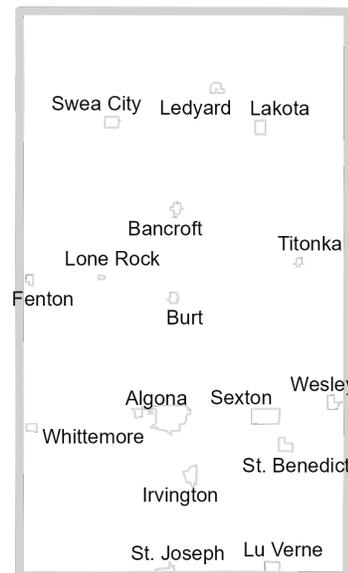


Recovery Readiness Assessment: Kossuth County

June, 2025



Kossuth County



**Report provided to the Iowa Department of
Health and Human Services**

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Executive Summary

Iowa State University's Public Science Collaborative¹ (PSC) created Recovery Readiness Assessments for 300 communities, 99 counties, and Iowa's seven new behavioral health districts in Iowa (2025). The community, county and district Recovery Readiness Assessments are updated annually. The reports are commissioned by the Iowa Department of Health and Human Services to support the expansion of substance use recovery services across the state. Use this report:

1. To learn about Iowa's recovery movement and resource options
2. As a reference guide for recovery resources by community, county, and behavioral health district
3. To strengthen networks and build coalitions among communities high and low in recovery resources, organizing around community assets and services
4. As a tool to allocate funding to your at-risk neighborhoods and develop recovery-oriented services

This report examines recovery resources in Kossuth County, which is part of Iowa's Behavioral Health District 2 (see Figure 1). Kossuth County has a population of 14,600, and its largest city is Algona.

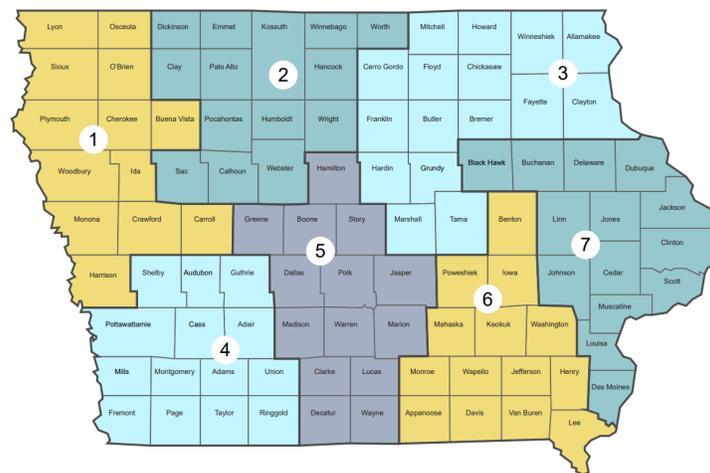


Figure 1: Iowa's Behavioral Health Districts (Source: Iowa HHS)

The following pages define recovery, recovery-oriented services, and recovery-ready communities. We evaluate Kossuth County's recovery resources to identify both strong recovery neighborhoods and areas with growth potential, using SAMHSA's recovery categories and the CDC's social determinants of health framework.

Our report also includes:

- **Substance use vulnerability maps** by drug type—such as opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines—help identify prevalent recovery needs, guide resource allocation, and inform event planning in at-risk neighborhoods.
- **Social determinants of health maps** to explore overall health vulnerabilities and help local stakeholders understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of community members.

These reports can be combined with PSC's Health Snapshot Series² to give an overall view of health and recovery in Iowa counties and communities.

For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Kelsey Van Selous, MSW, LCSW at kvansel@iastate.edu.

¹<https://publicsciencecollaborative.org/>

²<https://publicsciencecollaborative.org/research-project/iowas-health-snapshot-series/>

What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) define recovery as follows:

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

A second useful definition of recovery, which shaped the PSC approach to recovery community readiness, was created by Bill White:

“Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life.”

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, and schools, can promote early recovery, as well as longer and more stable recovery. Identifying resources that support long-term recovery can help identify towns and cities rich in these recovery tools. This, in turn, enables more effective development of new community-based recovery organizations.

Peer Support

Peer support can take different forms, but it is often vital for supporting recovery in a community. Simply, peer support consists of people in recovery using their own experiences to support others in recovery who might have similar experiences. Peer support may include referring people in recovery to resources, being a model for how to recover, and being a general resource for helping someone reach and maintain their own recovery.

A common form of peer support is mutual aid meetings, such as Alcoholics Anonymous or Narcotics Anonymous, where people in recovery meet in groups and have a safe setting to discuss their own recovery and support others.

There are also one-on-one opportunities for peer support. In these settings, trained specialists and coaches who have lived experience can give customized support to individuals with a similar substance use or recovery experience. These kinds of peer support include:

- **Peer Support Specialists (PSS):** people currently living well in recovery from a serious mental illness or substance use. They provide support and hope through their own recovery experiences and provide other useful information for the people they work with.
- **Family Peer Support Specialists (FSS):** specialists trained to specifically work with families and have their own experiences caring for children with behavioral health needs. FSS can give feedback that is designed and intended for parents and children, including helping families navigate support systems for children.
- **Recovery Coaches (RC):** people in recovery from a substance use disorder, or are a family member of a person in recovery from a substance use disorder. They are able to offer their own perspectives and experiences with recovery that can help a peer to stay engaged in their recovery.

Take a look at the “What are the Peer Support Resources in Your Communities?” section of this report to learn more about what resources your community already has, and where there is opportunity to expand resources. To learn more about types of peer support and training opportunities, you can also go to the [University of Iowa Peer Workforce Collaborative](https://iowapeersupport.sites.uiowa.edu/)³.

Community-Based Recovery Organizations

Recovery organizations help people who are recovering from substance use disorders. They take various shapes, but they all aim to support individuals. They offer services and resources to help people stay in recovery, enhance their health, and reintegrate into society.

³<https://iowapeersupport.sites.uiowa.edu/>

Most community-based recovery organizations will offer some form of peer support. This may include peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations provide a substance-free environment where all are welcome. People in recovery can receive guidance in daily activities such as finding stable housing, a job, or volunteer opportunities. They might also offer recreation and social groups, or linkages to legal support.

A few of the most well-known recovery organizations include:

- **Recovery Community Centers:** These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate connections to general resources for recoverees. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafes often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The [Recovery Café Network](https://recoverycafenetwork.org/)⁴ is a good starting place to learn more.
- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- **Recovery High Schools and Collegiate Recovery Programs:** These educational institutions provide a supportive environment for students in recovery, helping them succeed academi-

cally while maintaining their sobriety. They do this in a similar way as community centers and cafes, by offering peer support, community, and recovery-focused activities, but focused on student needs.

Recovery Readiness

Resources such as peer support and community-based recovery organizations help promote recovery readiness in a community. However, a recovery-ready community also has other recovery and community resources that provide supports across prevention, treatment, and long-term recovery.

Key elements are:

- Accessible healthcare
- Peer support networks
- Educational and job opportunities
- Harm reduction services
- Anti-stigma initiatives
- A sense of purpose

A recovery-ready community unites members, institutions, and policymakers, working together towards a common goal. This approach helps promote lasting recovery and overall well-being.

In Iowa, a recovery-ready community provides multiple recovery pathways. It meets the needs of those in recovery through a vibrant recovery culture and it is well-coordinated across both formal and informal systems of care.

How can this guide improve recovery readiness?

This report is intended to help communities, recovery organizations, treatment providers, and other local organizations and coalitions evaluate their own recovery readiness. It helps identify the resources that communities already have, resource areas that are lacking, and where are populations with a high risk of substance use or poor general health. We hope that readers will use this information to learn about their counties and communities and develop strategies for increasing access to recovery resources and ensuring that people in recovery are connected to those resources to best support their own paths to recovery.

⁴<https://recoverycafenetwork.org/>

Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa’s cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of ‘Recovery Ready’ communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three components: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community’s overall RRCI score is calculated by taking the average of the components’ percentile ranks among all Iowa communities. For instance, the community with the most resources has a total resources percentile score of 100 (meaning the community has more resources than 100% of counties), while the one with the fewest has a score of 0.

The Public Science Collaborative designed and created a public-facing, [interactive dashboard](#)⁵ that allows people to further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Table 1 shows all of the cities with at least 1,000 people in Kossuth County. Among this group, Algona has the highest RRCI score, indicating that it is a community that may be well-suited to support a recovery community organization, due to its strong number recovery resources. We also looked at communities in comparison to other cities of similar sizes, seen in the “Pop. Group Rank” column, for a comparison of cities that might be expected to have similar quantities of resources. When looking at these cities in comparison to their population groups, Algona are among the top half of their comparison population groups.

Table 1: Recovery Ready Community Index in Kossuth County

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Algona	5,414	6 (out of 103)	76.8	71	131.1	20.3

⁵<https://publicsciencecollaborative.shinyapps.io/RRCI/>

Another way to look at recovery readiness is in the context of Iowa's new behavioral health districts, which manage treatment and recovery services in counties across the district. Kossuth County is located in district 2, which has 14 counties, as shown in Table 2. Kossuth County falls in 2nd place in terms of the RRCI in the district. The following pages have maps showing the RRCI and its component measures across behavioral health district 2.

Each county is also put into a comparison group of similar counties, including metropolitan core counties (such as Polk or Linn), metropolitan non-core counties (suburban or exurban counties), micropolitan counties (such as Cerro Gordo and Marshall), and rural counties. Kossuth County is in the Rural group of counties, and ranks 3rd out of 63 Iowa counties in the group.

Table 2: Recovery Ready Community Index in Behavioral Health District 2 Counties

County	Pop. Group	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Kossuth	Rural	3 (out of 63)	74.1	150	102.7	8.2
Dickinson	Micropolitan	3 (out of 15)	69.4	164	91.9	8.4
Calhoun	Rural	6 (out of 63)	68.0	111	112.6	5.1
Webster	Micropolitan	5 (out of 15)	64.6	267	72.5	7.9
Sac	Rural	9 (out of 63)	63.3	122	125.0	3.1
Wright	Rural	10 (out of 63)	63.3	142	110.8	3.1
Clay	Micropolitan	7 (out of 15)	60.9	144	87.6	6.1
Winnebago	Rural	17.5 (out of 63)	59.2	123	115.5	2.8
Pocahontas	Rural	21 (out of 63)	56.1	78	110.8	4.3
Emmet	Rural	25 (out of 63)	50.3	96	103.0	3.2
Palo Alto	Rural	26 (out of 63)	49.7	103	115.7	2.2
Hancock	Rural	42 (out of 63)	41.2	101	94.2	2.8
Worth	Rural	58.5 (out of 63)	27.2	73	98.9	1.4
Humboldt	Rural	61 (out of 63)	24.8	81	84.6	2.1

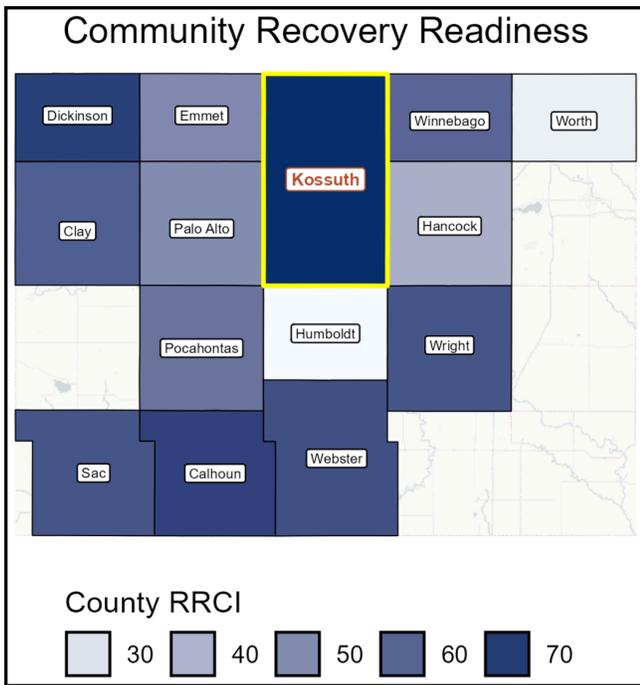


Figure 2: Recovery Ready Community Index in Kossuth County

Figure 2 shows community recovery readiness in behavioral health district 2 with a visualization of the Recovery Ready Community Index. The darker blues represent counties with higher RRCI scores, while the lighter blues and whites show counties with lower RRCI scores. Kossuth County is highlighted with a yellow outline and bold label.

In district 2, Kossuth County's RRCI score ranks 2nd. Among cities with at least 1,000 people in Kossuth County, Algona has the highest RRCI score, while Algona has the lowest.

Figure 3 shows Absolute Resource Abundance, or the number of total recovery resources. In behavioral health district 2, Kossuth County has the 4th highest number of total recovery resources. In Kossuth County cities of at least 1,000 people, Algona has the most recovery resources.

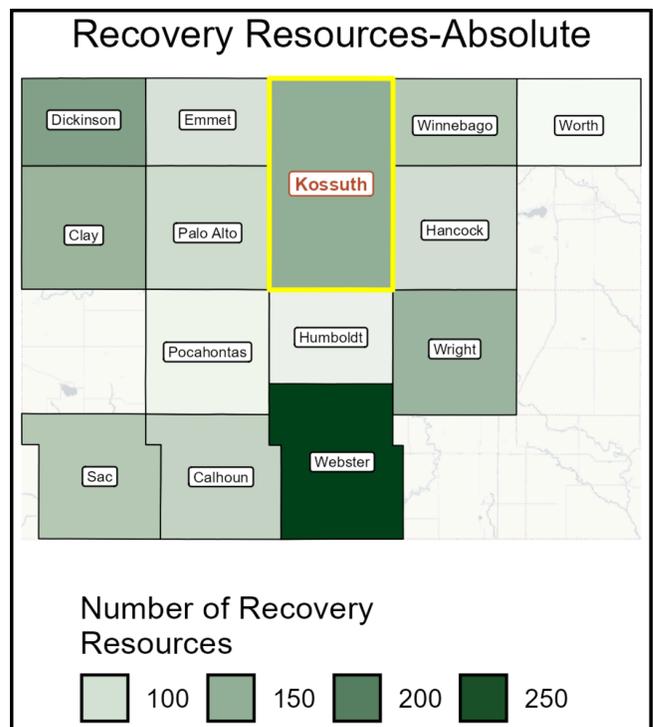


Figure 3: Recovery Resources in Kossuth County

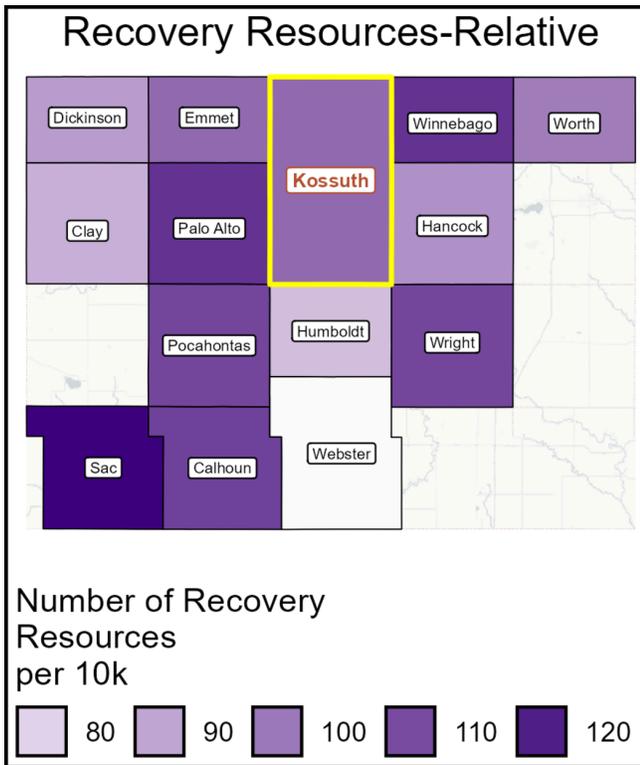


Figure 4: Recovery Resources per 10k in Kossuth County

Figure 4 shows number of recovery resources per 10,000 population, or the Relative Resource Abundance. Adjusting for population creates a more accurate comparison for smaller communities that may have fewer people, but have stronger resource access for that population.

Kossuth County ranks 10th among the counties in district 2 for number of relative resource abundance. Among the cities in the county with at least 1,000 people, Algona has the highest number of recovery resources per 10,000 population, while Algona has the lowest.

Figure 5 shows number of mutual aid meetings per 10,000 population, or the Recovery Culture. A community with a strong recovery culture already has community members working and collaborating in the recovery space.

Among counties in behavioral health district 2, Kossuth County has the 3rd highest number of mutual aid meetings per 10,000 people. Within Kossuth County, Algona is the city of 1,000+ people with the largest recovery culture, while Algona has the lowest.

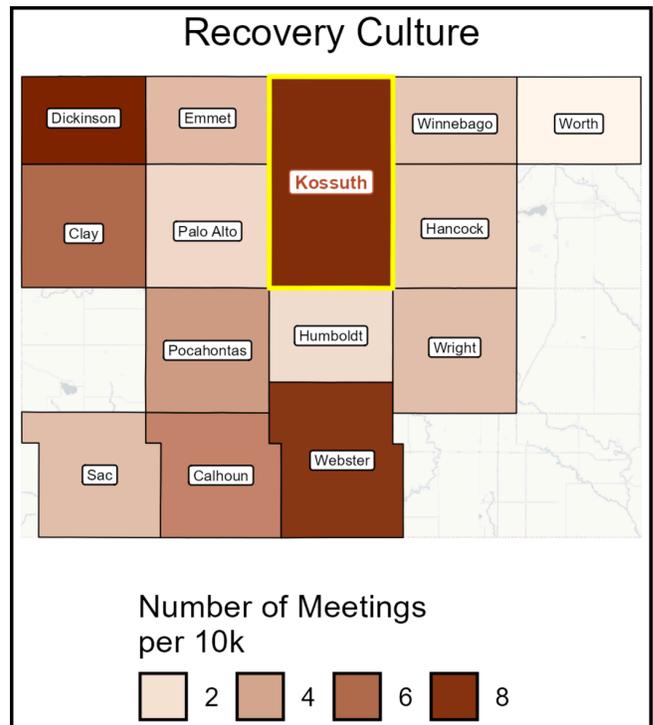


Figure 5: Mutual Aid Meetings per 10k in Kossuth County

What Resources Does Your Community Have?

SAMHSA Dimensions of Recovery Resources

As defined by SAMHSA, recovery is “A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.” Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different aspects of life that impact recovery and the different resources that are useful in supporting recovery. Table 3 identifies resources in Kossuth County that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include ([Click here for more information](#)⁶):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- **Health** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- **Home** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- **Purpose** (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

Table 3: SAMHSA Dimensions of Health Resources in Kossuth County Cities

City	Community	Health	Home	Purpose
Algona	41	7	14	20

⁶<https://library.samhsa.gov/sites/default/files/pep12-recdef.pdf>

Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person’s life that contribute to their overall well-being. For example, a family living in an area with few resources, like childcare and parks, may be more likely to face other challenges as a result. For instance, they may deal with higher transportation costs to take their child to childcare, which can add stress to their finances. These maps can also be used in conjunction with the population data in the next section to help identify at-risk populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources. Table 4 shows communities in the county and their resources among categories within the Social Determinants of Health.

The SDOH categories include ([Click here for more information](#)⁷):

- **Health Care Access and Quality** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- **Social and Community Context** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- **Neighborhood and Built Environment** (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- **Education Access and Quality** (Colleges and Universities, K-12 Schools)
- **Economic Stability** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Workforce Development Offices)

Table 4: Social Determinants of Health Resources in Kossuth County Cities

City	Economic Stability	Education Access & Quality	Healthcare Access & Quality	Neighborhood & Built Environment	Social & Community Context
Algona	14	7	6	31	24

⁷<https://health.gov/healthypeople/priority-areas/social-determinants-health>

Peer Support Providers

Peer support is an important kind of specialized support for people in recovery. Peer Support Providers include organizations that have trained staff members to provide specialized peer support. Some of these trained positions include peer support specialists, peer recovery coaches, and family peer support specialists. The “What is Recovery?” section at the beginning of this report has more information about each. All types of peer support are intended to provide individualized support through one-on-one meetings with people who have similar lived experience and are in recovery themselves. The [University of Iowa’s Peer Workforce Collaborative⁸](https://iowapeersupport.sites.uiowa.edu/) has more information about different types of peer support specialists and how people in recovery can themselves become peer support specialists.

Table 5 shows peer support provider organizations in behavioral health district 2. Organizations located in Kossuth County cities are listed first and highlighted in bold.

Table 5: Peer Support Providers in Behavioral Health District 2

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Estherville	Rosecrance - Jackson Recovery Centers	0	1	0	0
Fort Dodge	Berryhill - North Central IA MHC	1	0	1	0
Fort Dodge	Child Health Specialty Clinics (CHSC)	1	0	0	0
Fort Dodge	Community and Family Resources	0	1	0	0
Fort Dodge	Freedom Pointe	0	0	2	0
Spencer	Child Health Specialty Clinics (CHSC)	1	0	0	0
Spencer	Seasons Center for Behavioral Health	0	1	3	0
Spirit Lake	Plains Area Mental Health Center (PAMHC)	0	0	1	0

⁸<https://iowapeersupport.sites.uiowa.edu/>

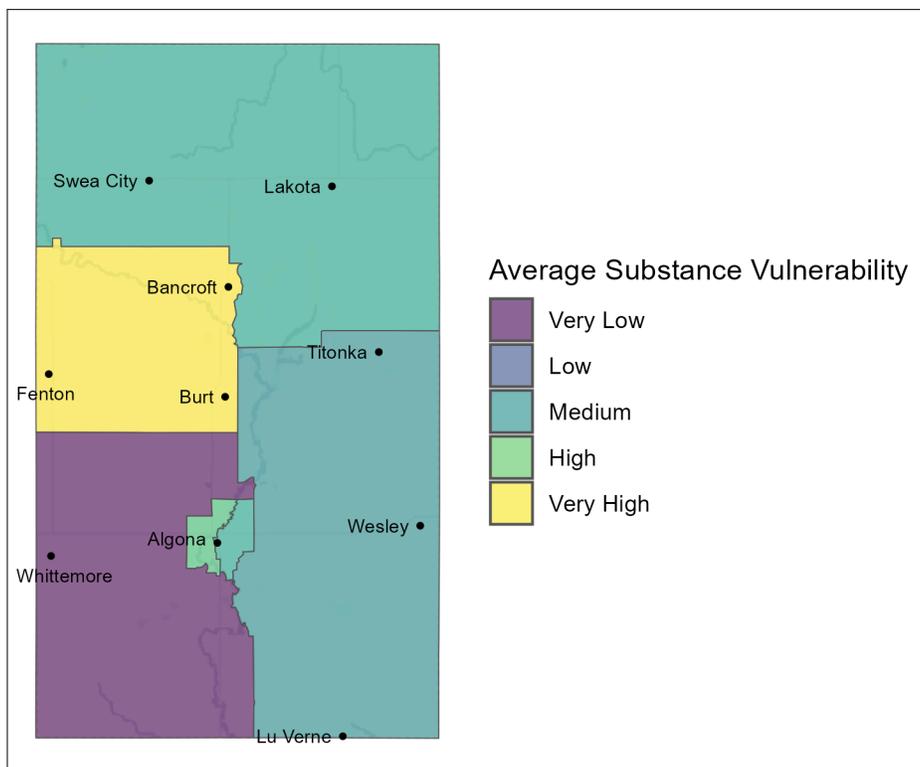
Which Neighborhoods in Your Community Need Additional Health Resources and Support?

Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners allocate resources more effectively for substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We used data from two sources, the Treatment Episode Admissions Datasets (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to uncover links between substance misuse and socio-demographic factors. The maps below use Census Bureau estimates of those same neighborhood characteristics by census tract. They display indexes for each substance, identifying areas that have the characteristics of vulnerable populations. These spots need focused resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's [dashboard for substance use vulnerability](https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/).⁹

Identifying towns and neighborhoods with high or low risk of substance use can aid public health efforts. This knowledge helps us take targeted actions based on specific risks in those areas. To aid in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

Figure 6: Overall Substance Use Vulnerability in Kossuth County



⁹https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/

Figure 7: Opioid Vulnerability in Kossuth County

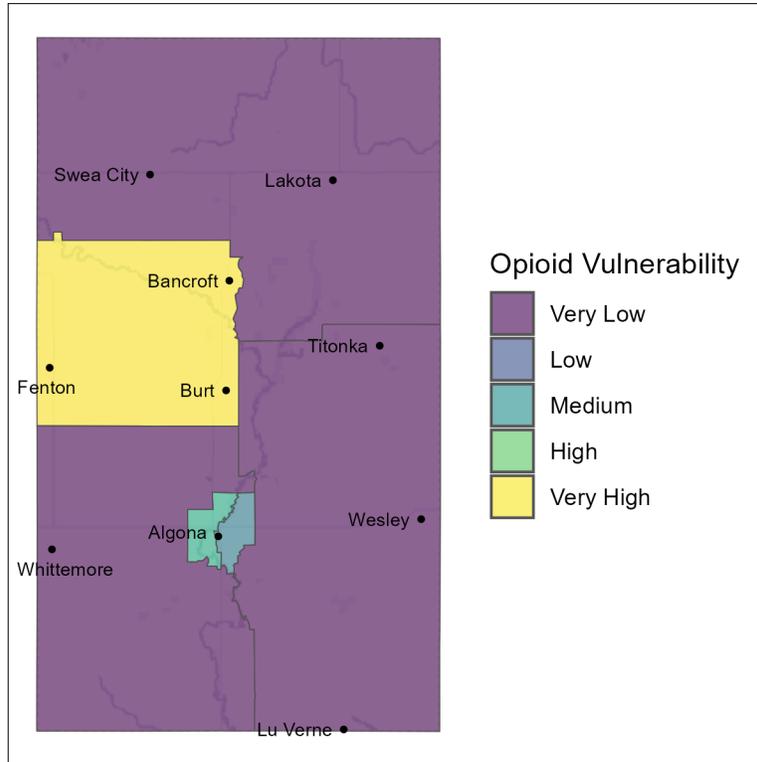


Figure 8: Methamphetamine Vulnerability in Kossuth County

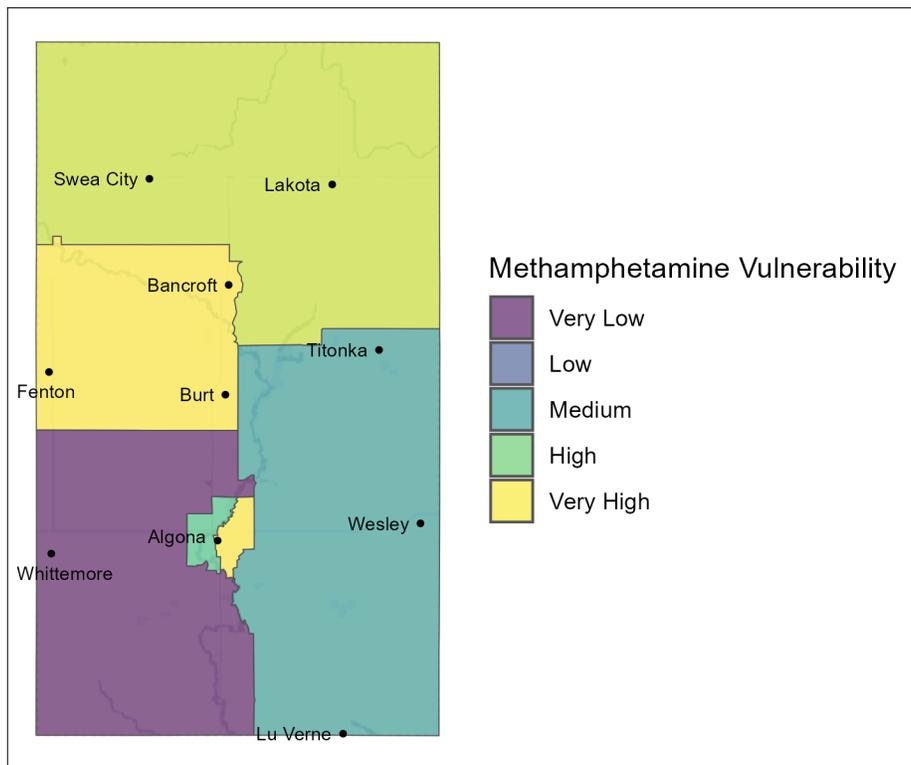


Figure 9: Heroin Vulnerability in Kossuth County

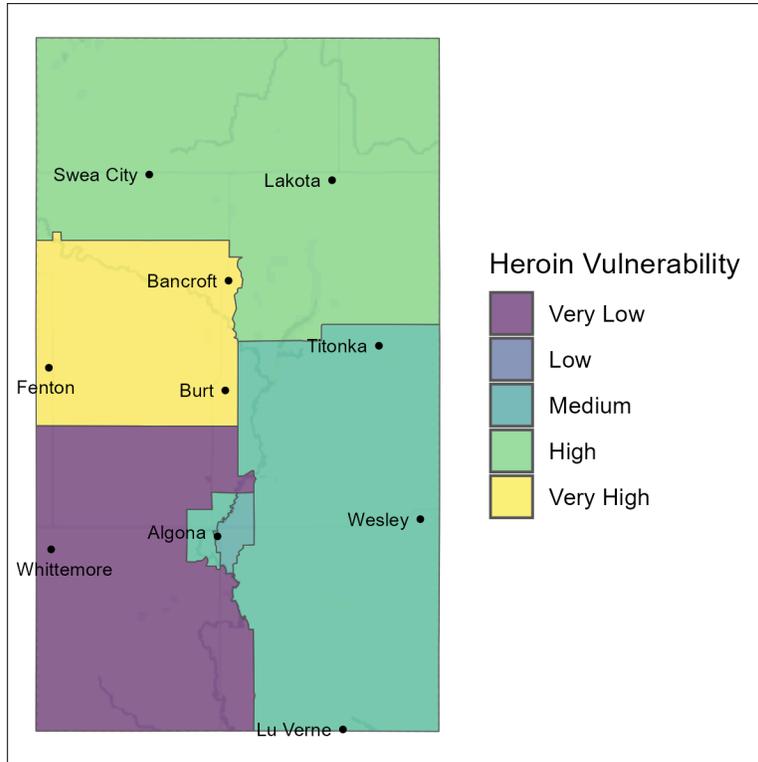


Figure 10: Alcohol Vulnerability in Kossuth County

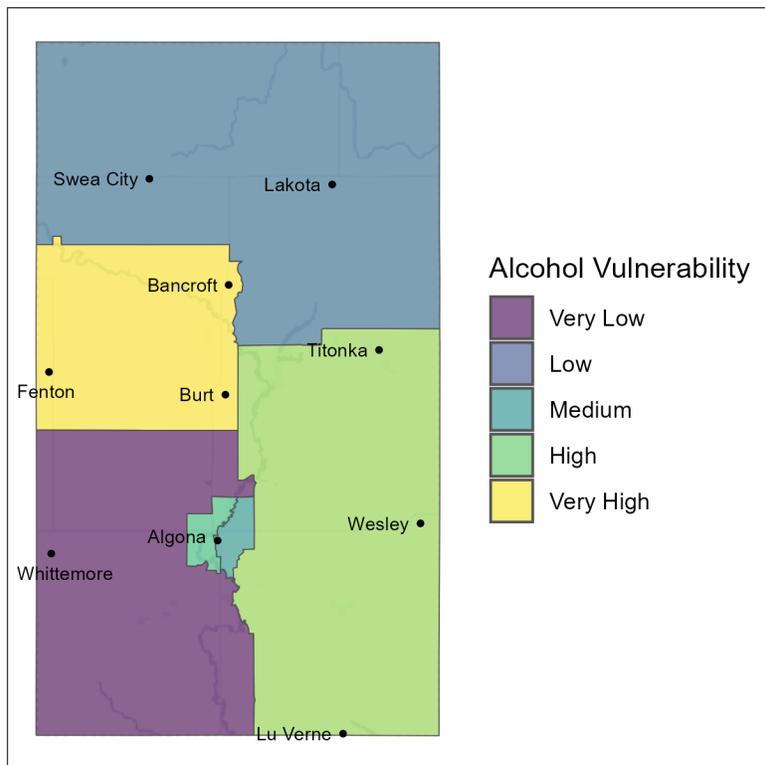


Figure 11: Cannabis Vulnerability in Kossuth County

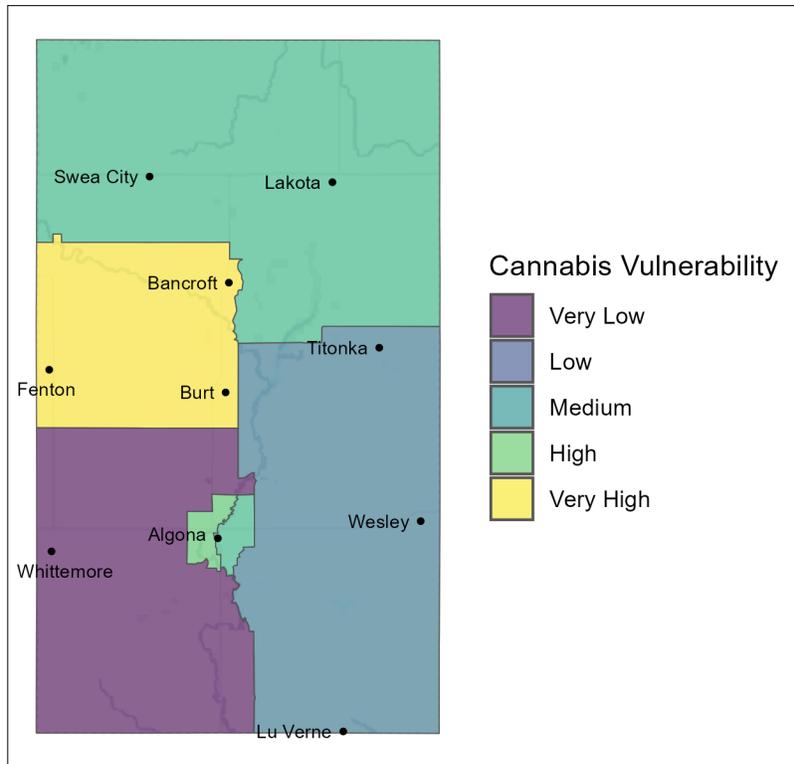


Figure 12: Cocaine Vulnerability in Kossuth County

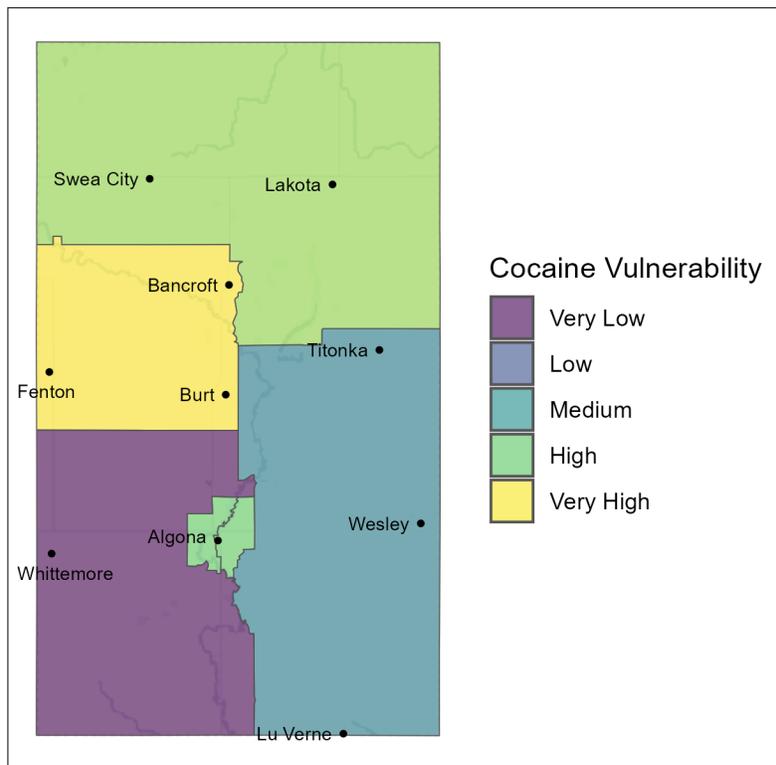
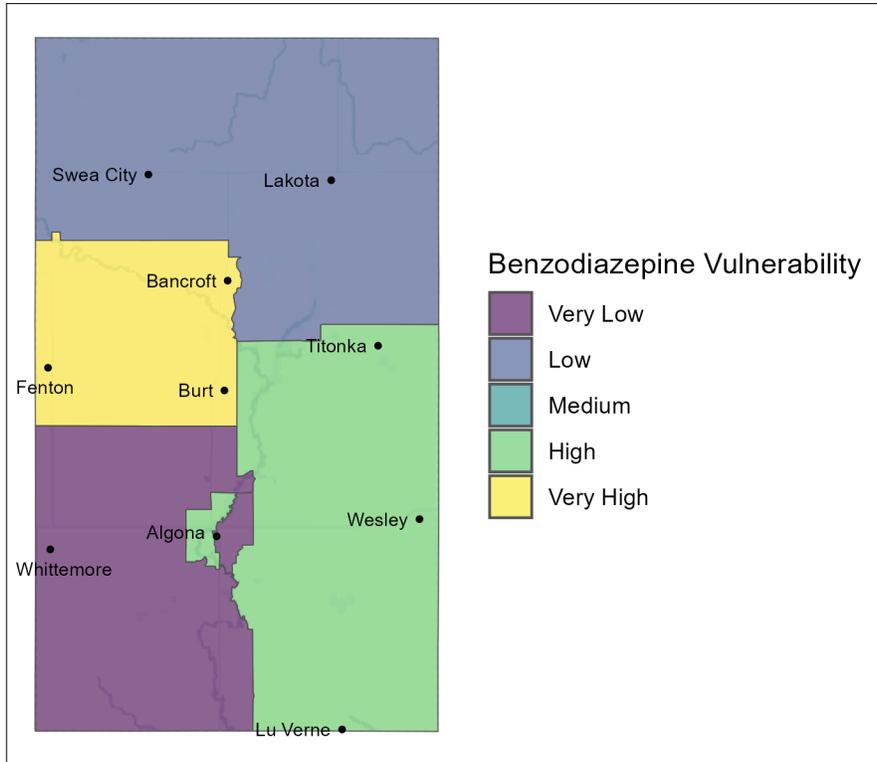


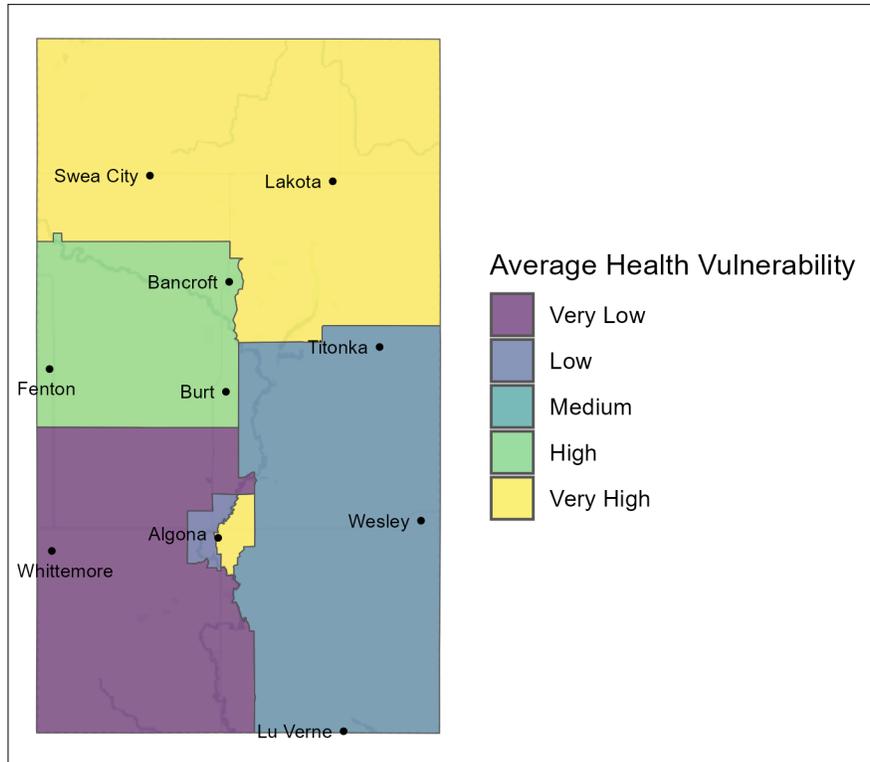
Figure 13: Benzodiazepine Vulnerability in Kossuth County



Social Determinants of Health

In addition to the substance use vulnerability maps above, the Public Science Collaborative also explored overall health vulnerabilities and disparities in Kossuth County, using the social determinants of health. By social determinants, we refer to social and environmental risks that impact a person's overall health and well-being. For example, in places with high average levels of education and low unemployment rates, people usually enjoy better health. In areas with low average incomes and high single parenting rates, health often suffers. Understanding social determinants of health can help community organizations and governments. It shows where there are neighborhoods that can benefit most from targeted investment to reduce health disparities. You can interactively explore social determinants of health across the state and look at individual components on [PSC's SDOH Dashboard](https://publicsciencecollaborative.shinyapps.io/sdoh/).¹⁰

Figure 14: Overall Health Vulnerability in Kossuth County



¹⁰<https://publicsciencecollaborative.shinyapps.io/sdoh/>

Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful for individuals in recovery. To collect this data, we used public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in Iowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several ways: simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs.

There are also several resource finder tools to help find a specific resource in an area, including the [Meetings Finder](#),¹¹ [Recovery Resource Finder](#),¹² [Well-Being Resource Finder](#),¹³ and [Physical Activity Resource Finder](#).¹⁴

Table 6: Recovery Resource Data Sources

Resource Type	Source
Beach	Iowa DNR
Library	Institute of Museum and Library Services
Playground	OpenStreetMap
Public Park	OpenStreetMap
Trail	OpenStreetMap
Outdoor Basketball Court	OpenStreetMap
Football Field	OpenStreetMap
Soccer Field	OpenStreetMap
Baseball/Softball Diamond	OpenStreetMap
Tennis Court	OpenStreetMap
Pickleball Court	OpenStreetMap
Outdoor Volleyball Court	OpenStreetMap
Other Sports Facilities	OpenStreetMap
Family Support Specialist	Wellpoint Peer Support Inventory
Mutual Aid Meeting	Various Websites
Peer Support Provider	Wellpoint Peer Support Inventory
Recovery Organizations (Community and Collegiate)	Manual Addition
SUD Recovery Coach	Wellpoint Peer Support Inventory
Lake	Iowa DNR
Access Center	Manual Addition
Drug Drop-off Site	Iowa Geodata
Hospital	Iowa Medicaid Provider Search
MAT Site	SAMHSA

¹¹<http://public-science.org/meetingfinder>

¹²<http://public-science.org/recoveryresources>

¹³<http://public-science.org/communityresources>

¹⁴<http://public-science.org/physicalactivity>

Resource Type	Source
Mental & Behavioral Health Center	Iowa DHHS
Rural Health Clinic	Iowa Association of Rural Health Clinics
SUD or Gambling Treatment Center	Iowa DHHS
VA Hospital or Clinic	U.S. Department of Veterans Affairs
YMCA	Heartland YMCA Alliance
Childcare Provider	Iowa DHHS
Recovery Housing	Iowa DHHS
Section 8 Housing	U.S. Department of Housing and Urban Development
Shelter	Homeless Shelters Directory
Intimate Partner Violence Program	Iowa Coalition Against Domestic Violence
Workforce Development Office	Iowa Workforce Development
College or University	Wikipedia
School	Iowa Department of Education
Place of Worship	ExpertGPS.com
State Park	Iowa DNR

Appendix 2: RRCI Rankings for Cities in Behavioral Health District 2

Table 7 adds on to the Recovery Ready Community Index table found earlier in the report. This table includes all 27 cities in behavioral health district 2 that have more than 1,000 people. The table is sorted by population, to help enable comparisons between cities in the district of similar sizes. You can use the information to see the relative strengths and weaknesses of communities across the district. Cities located in Kossuth County are bolded.

Table 7: RRCI in Behavioral Health Kossuth County Cities

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Fort Dodge	24,788	5 (out of 31)	68.4	209	84.3	11.7
Spencer	11,393	4 (out of 31)	70.8	129	113.2	7.0
Estherville	5,865	50 (out of 103)	66.6	66	112.5	3.4
Spirit Lake	5,469	5 (out of 103)	77.2	74	135.3	16.5
Algona	5,414	6 (out of 103)	76.8	71	131.1	20.3
Humboldt	4,761	73.5 (out of 103)	62.8	49	102.9	2.1
Forest City	4,280	34 (out of 103)	68.9	56	130.8	2.3
Emmetsburg	3,651	77 (out of 103)	62.5	38	104.1	2.7
Eagle Grove	3,588	78 (out of 103)	61.5	36	100.3	2.8
Milford	3,315	65 (out of 103)	63.6	30	90.5	9.0
Garner	3,062	59 (out of 103)	64.3	31	101.2	6.5
Clarion	2,775	40 (out of 103)	67.9	36	129.7	3.6
Belmond	2,678	8 (out of 103)	76.0	42	156.8	7.5
Rockwell City	2,449	124 (out of 145)	33.1	24	98.0	0.0
Northwood	2,170	45 (out of 145)	65.3	26	119.8	4.6
Lake Mills	2,054	35 (out of 145)	72.1	31	150.9	4.9
Britt	1,919	40 (out of 145)	68.6	26	135.5	5.2
Sac City	1,782	28.5 (out of 145)	75.3	30	168.4	5.6
Manson	1,653	39 (out of 145)	68.9	23	139.1	6.0
Lake City	1,652	33 (out of 145)	73.9	24	145.3	18.2
Pocahontas	1,536	13 (out of 145)	81.2	30	195.3	13.0
Manly	1,288	90 (out of 145)	43.7	21	163.0	0.0
Laurens	1,234	99 (out of 145)	41.5	19	154.0	0.0
Lake Park	1,191	85 (out of 145)	45.3	21	176.3	0.0
Graettinger	1,038	110 (out of 145)	37.3	15	144.5	0.0
Lake View	1,021	61 (out of 145)	55.4	29	284.0	0.0
Buffalo Center	1,000	21 (out of 145)	79.2	21	210.0	10.0

Appendix 3: Mutual Aid Meetings In Kossuth County

Table 8: Mutual Aid Meeting Directory in Kossuth County

Meeting Type	Group	Address	Weekly Meeting #
Alcoholics Anonymous	<u>Big Book Group</u>	600 N Ridgley St, Algona, IA 50511, USA	1
Alcoholics Anonymous	<u>Borderline Group</u>	321 4th St, Whittemore, IA 50598, USA	1
Alcoholics Anonymous	<u>Grapevine Group</u>	600 N Ridgley St, Algona, IA 50511, USA	1
Alcoholics Anonymous	<u>Mixed Topic Group</u>	600 N Ridgley St, Algona, IA 50511, USA	1
Alcoholics Anonymous	<u>Noon Group</u>	600 N Ridgley St, Algona, IA 50511, USA	1
Alcoholics Anonymous	<u>Noon Step Meeting Group</u>	600 N Ridgley St, Algona, IA 50511, USA	1
Alcoholics Anonymous	<u>Open Meeting Group</u>	600 N Ridgley St, Algona, IA 50511, USA	2
Alcoholics Anonymous	<u>Women's Group</u>	600 N Ridgley St, Algona, IA 50511, USA	1
Al-Anon	Courage To Change AFG	600 N Ridgley St, Algona, IA, 50511, USA	1
Narcotics Anonymous	ALIVE	600 N Ridgley St, Algona, IA 50511, USA	1
Narcotics Anonymous	Alive	600 N Ridgley St, Algona, IA 50511, USA	1
Narcotics Anonymous	OMITA	600 N Ridgley St, Algona, IA 50511, USA	1

Appendix 4: Resources In Kossuth County

Table 9: Recovery Resource Directory in Kossuth County

Resource Type	Name	Address
Baseball/Softball Diamond	12 Baseball/Softball Diamonds	Algona, Kossuth County, Iowa, 50511, United States
Baseball/Softball Diamond	2 Baseball/Softball Diamonds	Bancroft, Kossuth County, Iowa, 50517, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	Burt, Kossuth County, Iowa, 50522, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	Kossuth County, Iowa, 50539, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	Lakota, Kossuth County, Iowa, 50451, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	Lone Rock, Kossuth County, Iowa, 50559, United States
Baseball/Softball Diamond	2 Baseball/Softball Diamonds	Lu Verne, Kossuth County, Iowa, 50560, United States
Baseball/Softball Diamond	2 Baseball/Softball Diamonds	Swea City, Kossuth County, Iowa, 50590, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	Titonka, Kossuth County, Iowa, 50480, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	Wesley, Kossuth County, Iowa, 50483, United States
Baseball/Softball Diamond	1 Baseball/Softball Diamond	Whittemore, Kossuth County, Iowa, 50598, United States
Outdoor Basketball Court	4 Outdoor Basketball Courts	Algona, Kossuth County, Iowa, 50511, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Bancroft, Kossuth County, Iowa, 50517, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Kossuth County, Iowa, 50511, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Swea City, Kossuth County, Iowa, 50590, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	Wesley, Kossuth County, Iowa, 50483, United States
Childcare Provider	<u>Algona Family YMCA Childcare @ the YMCA</u>	2101 E McGregor ST, Algona, IA, 50511
Childcare Provider	<u>Barbara Fox</u>	1314 E Nebraska, Algona, IA, 50511
Childcare Provider	<u>Bear Care</u>	808 E Lucas ST, Algona, IA, 50511
Childcare Provider	<u>Darlene Rasmus</u>	1821 E Lucas ST, Algona, IA, 50511
Childcare Provider	<u>Erika Bierstedt</u>	404 N Heckart ST, Algona, IA, 50511
Childcare Provider	<u>Jane Culver</u>	503 E North ST, Algona, IA, 50511
Childcare Provider	<u>Jeanne Berkland</u>	107 N Ridgley ST, Algona, IA, 50511

Resource Type	Name	Address
Childcare Provider	<u>Judy King</u>	603 E Chubb ST, Algona, IA, 50511
Childcare Provider	<u>Julie Reed</u>	620 HWY 18 W, Algona, IA, 50511
Childcare Provider	<u>Kidstop Childcare Center</u>	304 S Summit AVE, Bancroft, IA, 50517
Childcare Provider	<u>Little Sprouts Daycare LLC</u>	121 N Dodge ST, Algona, IA, 50511
Childcare Provider	<u>Loving Hands Nursery</u>	201 E Nebraska St, Algona, IA, 50511
Childcare Provider	<u>Melissa Mosley</u>	406 W Call ST, Algona, IA, 50511
Childcare Provider	<u>NICAO Head Start-Algona</u>	613 Diagonal St, Algona, IA, 50511
Childcare Provider	<u>Our Savior Little Lambs Day Care</u>	301 3rd Street N, Swea City, IA, 50590
Childcare Provider	<u>Rachel Jahnke</u>	405 6th ST, Burt, IA, 50522
Drug Drop-off Site	Hy-Vee Pharmacy (1010)	1500 Highway 169 North, Algona, IA, 50511
Drug Drop-off Site	KRHC Family Pharmacy	1519 South Phillips, Algona, IA, 50511
Drug Drop-off Site	Kossuth County Sheriff Office	121 W State St, Algona, IA, 50511
Football Field	2 Football Fields	Algona, Kossuth County, Iowa, 50511, United States
Football Field	1 Football Field	Kossuth County, Iowa, 50539, United States
Football Field	1 Football Field	Titonka, Kossuth County, Iowa, 50480, United States
Hospital	Kossuth County Hospital	1515 S Phillips St, Algona, IA 50511
Lake	Burt Lake	359 510th St, Fairmont, MN 56031
Lake	Hurlburt W.A. Pond	2303 US-169, Algona, IA 50511
Lake	Lake Smith	2407 Hwy 169, Algona, IA 50511
Lake	Plum Creek W.A. Pond	2506 140th Ave, Algona, IA 50511
Lake	St. Benedict W.A. Pond	1708 190th Ave, Lu Verne, IA 50560
Lake	Whittemore Pit	305 200th St, Whittemore, IA 50598
Library	Algona Public Library	210 N Phillips, Kossuth, Algona, IA, 50511
Library	Bancroft Public Library	208 E Ramsey St, Kossuth, Bancroft, IA, 50517
Library	Burt Public Library	119 Walnut St, Kossuth, Burt, IA, 50522
Library	Fenton Public Library	605 Maple St, Kossuth, Fenton, IA, 50539
Library	Lakota Public Library	204 3rd St, Kossuth, Lakota, IA, 50451
Library	Ledyard Public Library	220 Edmunds St, Kossuth, Ledyard, IA, 50556
Library	Luverne Public Library	113 Dewitt St, Kossuth, Luverne, IA, 50560
Library	Swea City Public Library	208 3rd St N, Kossuth, Swea City, IA, 50590
Library	Titonka Public Library	136 Main St N, Kossuth, Titonka, IA, 50480
Library	Wesley Public Library	206 Main St, Kossuth, Wesley, IA, 50483

Resource Type	Name	Address
Library	Whittemore Public Library	405 4th St, Kossuth, Whittemore, IA, 50598
Other Sports Facilities	1 Other Sports Facility	Algona, Kossuth County, Iowa, 50511, United States
Place of Worship	<u>Algona Evangelical Free Church</u>	321 E Call St, Algona, IA 50511, USA
Place of Worship	<u>Apostolic Church</u>	1401 20th Ave, West Bend, IA 50597, USA
Place of Worship	<u>Bethany Evangelical and Reformed Church</u>	210 Edmunds St, Ledyard, IA 50556, USA
Place of Worship	<u>Bible Baptist Church</u>	321 S Minnesota St, Algona, IA 50511, USA
Place of Worship	<u>Blackjer Church</u>	3562 30th Ave, Fenton, IA 50539, USA
Place of Worship	<u>Community Chapel</u>	102 Smith St, Lakota, IA 50451, USA
Place of Worship	<u>Doan Church</u>	1909 270th St, Burt, IA 50522, USA
Place of Worship	<u>Evangelical Free Church</u>	502 Read St, Wesley, IA 50483, USA
Place of Worship	<u>Faith Assembly of God Church</u>	716 E McGregor St, Algona, IA 50511, USA
Place of Worship	<u>First Baptist Church</u>	101207 4th St N, Swea City, IA 50590, USA
Place of Worship	<u>First Baptist Church</u>	1923 E McGregor St, Algona, IA 50511, USA
Place of Worship	<u>First Baptist Church</u>	201 S Portland St, Bancroft, IA 50517, USA
Place of Worship	<u>First Congregational Church</u>	315 S Moore St, Algona, IA 50511, USA
Place of Worship	<u>First Lutheran Church</u>	209 N Putnam St, Algona, IA 50511, USA
Place of Worship	<u>First Presbyterian Church</u>	101 N Main St, Algona, IA 50511, USA
Place of Worship	<u>First Presbyterian Church</u>	109 3rd St, Lakota, IA 50451, USA
Place of Worship	<u>First United Methodist Church</u>	201 W Nebraska St, Algona, IA 50511, USA
Place of Worship	<u>Good Hope Church</u>	2605 90th Ave, Lone Rock, IA 50559, USA
Place of Worship	<u>Immanuel Church</u>	2706 B 50th Ave, Lone Rock, IA 50559, USA
Place of Worship	<u>Immanuel Lutheran Church</u>	104 1st St N, Swea City, IA 50590, USA
Place of Worship	<u>Jehovah Witnesses Kingdom Hall</u>	1905 E Mound St, Algona, IA 50511, USA
Place of Worship	<u>Lone Rock United Presbyterian Church</u>	301 Front St, Lone Rock, IA 50559, USA
Place of Worship	<u>Open Bible Church</u>	203 2nd Ave W, Swea City, IA 50590, USA
Place of Worship	<u>Our Saviour Lutheran Church</u>	710 5th St N, Swea City, IA 50590, USA
Place of Worship	<u>Presbyterian Church</u>	204 Elm St, Burt, IA 50522, USA
Place of Worship	<u>Ramsey Church</u>	3706 220th Ave, Titonka, IA 50480, USA
Place of Worship	<u>Reglular Baptist Church</u>	1227 US-18, Algona, IA 50511, USA
Place of Worship	<u>Sacred Heart Catholic Church</u>	210 Edmunds St, Ledyard, IA 50556, USA
Place of Worship	<u>Saint Benedicts Church</u>	2003 190th St, Algona, IA 50511, USA
Place of Worship	<u>Saint Cecelia's Catholic Church</u>	715 E North St, Algona, IA 50511, USA
Place of Worship	<u>Saint John's Church</u>	204 S Summit St, Bancroft, IA 50517, USA
Place of Worship	<u>Saint John's Lutheran Church</u>	401 Railroad St, Fenton, IA 50539, USA

Resource Type	Name	Address
Place of Worship	<u>Saint Johns Lutheran Church</u>	109 Maple St, Burt, IA 50522, USA
Place of Worship	<u>Saint Joseph Catholic Church</u>	1021 120th Ave, Bode, IA 50519, USA
Place of Worship	<u>Saint Joseph's Catholic Church</u>	403 S East St, Wesley, IA 50483, USA
Place of Worship	<u>Saint Michael's Catholic Church</u>	615 4th St, Whittemore, IA 50598, USA
Place of Worship	<u>Saint Paul Lutheran Church</u>	108 4th St, Lakota, IA 50451, USA
Place of Worship	<u>Saint Paul's Lutheran Church</u>	513 Clay St, Whittemore, IA 50598, USA
Place of Worship	<u>Saint Thomas Episcopal Church</u>	209 E Call St, Algona, IA 50511, USA
Place of Worship	<u>Trinity Lutheran Church</u>	520 N Garfield St, Algona, IA 50511, USA
Place of Worship	<u>United Methodist Church</u>	302 Cedar Ave W, Swea City, IA 50590, USA
Place of Worship	<u>United Methodist Church</u>	302 Read St, Wesley, IA 50483, USA
Place of Worship	<u>United Methodist Church</u>	401 Railroad St, Fenton, IA 50539, USA
Place of Worship	<u>United Methodist Church</u>	503 4th St, Burt, IA 50522, USA
Playground	1 Playground	722 E State St, Algona, IA 50511
Rural Health Clinic	<u>Algona Clinic - Kossuth Regional Health Center</u>	1519 S Phillips St, Algona, IA, 50511
Rural Health Clinic	<u>Kossuth Regional Health Center - Bancroft Clinic</u>	122 West Ramsey Street, Bancroft, IA, 50517
School	Algona High School	601 S Hale, Algona, IA
School	Algona Middle School	601 S. Hale, Algona, IA
School	Bertha Godfrey Elementary School	124 N Main, Algona, IA
School	Bishop Garrigan Campus	1224 N Mc Coy, Algona, IA
School	Bryant Elementary School	121 E North, Algona, IA
School	Lucia Wallace Elementary School	729 E Kennedy, Algona, IA
School	North Kossuth Elementary School	203 5th Street North, Swea City, IA
School	North Union Elementary	308 310th Street, Fenton, IA
School	North Union Middle School	203 5th St North, Swea City, IA
School	Seton Grade School	808 E Lucas St, Algona, IA
Section 8 Housing	Maple Park Apartments	211 S Smith St, Algona, IA, 50511
SUD or Gambling Treatment Center	<u>Prairie Ridge Integrated Behavioral Healthcare</u>	PO Box 307 117 E. Call St., Algona, IA, 50511
Tennis Court	2 Tennis Courts	Algona, Kossuth County, Iowa, 50511, United States
Tennis Court	2 Tennis Courts	Bancroft, Kossuth County, Iowa, 50517, United States
Tennis Court	1 Tennis Court	Whittemore, Kossuth County, Iowa, 50598, United States
Outdoor Volleyball Court	3 Outdoor Volleyball Courts	Algona, Kossuth County, Iowa, 50511, United States

Resource Type	Name	Address
Outdoor Volleyball Court	1 Outdoor Volleyball Court	Bancroft, Kossuth County, Iowa, 50517, United States
Outdoor Volleyball Court	2 Outdoor Volleyball Courts	Burt, Kossuth County, Iowa, 50522, United States
Outdoor Volleyball Court	2 Outdoor Volleyball Courts	Kossuth County, Iowa, 50511, United States
Outdoor Volleyball Court	1 Outdoor Volleyball Court	Wesley, Kossuth County, Iowa, 50483, United States
YMCA	Algona Family YMCA	2101 E McGregor St, Algona, IA 50511