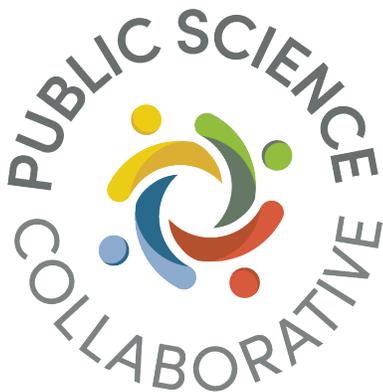
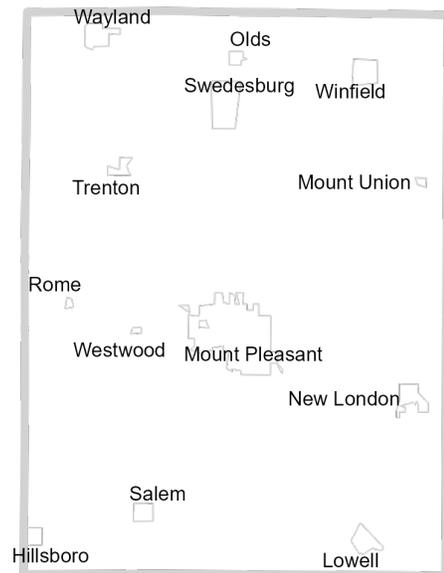


Recovery Readiness Assessment: Henry County

June, 2025



Henry County



**Report provided to the Iowa Department of
Health and Human Services**

This project is supported by State Opioid Response funds through the Iowa Department of Health and Human Services, Bureau of Substance Use (IowaHHS) via a subaward from the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, IowaHHS, SAMHSA/HHS, or the U.S. Government.

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Executive Summary

Iowa State University's Public Science Collaborative¹ (PSC) created Recovery Readiness Assessments for 300 communities, 99 counties, and Iowa's seven new behavioral health districts in Iowa (2025). The community, county and district Recovery Readiness Assessments are updated annually. The reports are commissioned by the Iowa Department of Health and Human Services to support the expansion of substance use recovery services across the state. Use this report:

1. To learn about Iowa's recovery movement and resource options
2. As a reference guide for recovery resources by community, county, and behavioral health district
3. To strengthen networks and build coalitions among communities high and low in recovery resources, organizing around community assets and services
4. As a tool to allocate funding to your at-risk neighborhoods and develop recovery-oriented services

This report examines recovery resources in Henry County, which is part of Iowa's Behavioral Health District 6 (see Figure 1). Henry County has a population of 20,200, and its largest city is Mount Pleasant.



Figure 1: Iowa's Behavioral Health Districts (Source: Iowa HHS)

The following pages define recovery, recovery-oriented services, and recovery-ready communities. We evaluate Henry County's recovery resources to identify both strong recovery neighborhoods and areas with growth potential, using SAMHSA's recovery categories and the CDC's social determinants of health framework.

Our report also includes:

- **Substance use vulnerability maps** by drug type—such as opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines—help identify prevalent recovery needs, guide resource allocation, and inform event planning in at-risk neighborhoods.
- **Social determinants of health maps** to explore overall health vulnerabilities and help local stakeholders understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of community members.

These reports can be combined with PSC's Health Snapshot Series² to give an overall view of health and recovery in Iowa counties and communities.

For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Kelsey Van Selous, MSW, LCSW at kvansel@iastate.edu.

¹<https://publicsciencecollaborative.org/>

²<https://publicsciencecollaborative.org/research-project/iowas-health-snapshot-series/>

What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) define recovery as follows:

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

A second useful definition of recovery, which shaped the PSC approach to recovery community readiness, was created by Bill White:

“Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life.”

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, and schools, can promote early recovery, as well as longer and more stable recovery. Identifying resources that support long-term recovery can help identify towns and cities rich in these recovery tools. This, in turn, enables more effective development of new community-based recovery organizations.

Peer Support

Peer support can take different forms, but it is often vital for supporting recovery in a community. Simply, peer support consists of people in recovery using their own experiences to support others in recovery who might have similar experiences. Peer support may include referring people in recovery to resources, being a model for how to recover, and being a general resource for helping someone reach and maintain their own recovery.

A common form of peer support is mutual aid meetings, such as Alcoholics Anonymous or Narcotics Anonymous, where people in recovery meet in groups and have a safe setting to discuss their own recovery and support others.

There are also one-on-one opportunities for peer support. In these settings, trained specialists and coaches who have lived experience can give customized support to individuals with a similar substance use or recovery experience. These kinds of peer support include:

- **Peer Support Specialists (PSS):** people currently living well in recovery from a serious mental illness or substance use. They provide support and hope through their own recovery experiences and provide other useful information for the people they work with.
- **Family Peer Support Specialists (FSS):** specialists trained to specifically work with families and have their own experiences caring for children with behavioral health needs. FSS can give feedback that is designed and intended for parents and children, including helping families navigate support systems for children.
- **Recovery Coaches (RC):** people in recovery from a substance use disorder, or are a family member of a person in recovery from a substance use disorder. They are able to offer their own perspectives and experiences with recovery that can help a peer to stay engaged in their recovery.

Take a look at the “What are the Peer Support Resources in Your Communities?” section of this report to learn more about what resources your community already has, and where there is opportunity to expand resources. To learn more about types of peer support and training opportunities, you can also go to the [University of Iowa Peer Workforce Collaborative](https://iowapeersupport.sites.uiowa.edu/)³.

Community-Based Recovery Organizations

Recovery organizations help people who are recovering from substance use disorders. They take various shapes, but they all aim to support individuals. They offer services and resources to help people stay in recovery, enhance their health, and reintegrate into society.

³<https://iowapeersupport.sites.uiowa.edu/>

Most community-based recovery organizations will offer some form of peer support. This may include peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations provide a substance-free environment where all are welcome. People in recovery can receive guidance in daily activities such as finding stable housing, a job, or volunteer opportunities. They might also offer recreation and social groups, or linkages to legal support.

A few of the most well-known recovery organizations include:

- **Recovery Community Centers:** These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate connections to general resources for recoverees. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafes often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The [Recovery Café Network](https://recoverycafenetwork.org/)⁴ is a good starting place to learn more.
- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- **Recovery High Schools and Collegiate Recovery Programs:** These educational institutions provide a supportive environment for students in recovery, helping them succeed academi-

cally while maintaining their sobriety. They do this in a similar way as community centers and cafes, by offering peer support, community, and recovery-focused activities, but focused on student needs.

Recovery Readiness

Resources such as peer support and community-based recovery organizations help promote recovery readiness in a community. However, a recovery-ready community also has other recovery and community resources that provide supports across prevention, treatment, and long-term recovery.

Key elements are:

- Accessible healthcare
- Peer support networks
- Educational and job opportunities
- Harm reduction services
- Anti-stigma initiatives
- A sense of purpose

A recovery-ready community unites members, institutions, and policymakers, working together towards a common goal. This approach helps promote lasting recovery and overall well-being.

In Iowa, a recovery-ready community provides multiple recovery pathways. It meets the needs of those in recovery through a vibrant recovery culture and it is well-coordinated across both formal and informal systems of care.

How can this guide improve recovery readiness?

This report is intended to help communities, recovery organizations, treatment providers, and other local organizations and coalitions evaluate their own recovery readiness. It helps identify the resources that communities already have, resource areas that are lacking, and where are populations with a high risk of substance use or poor general health. We hope that readers will use this information to learn about their counties and communities and develop strategies for increasing access to recovery resources and ensuring that people in recovery are connected to those resources to best support their own paths to recovery.

⁴<https://recoverycafenetwork.org/>

Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa’s cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of ‘Recovery Ready’ communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three components: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community’s overall RRCI score is calculated by taking the average of the components’ percentile ranks among all Iowa communities. For instance, the community with the most resources has a total resources percentile score of 100 (meaning the community has more resources than 100% of counties), while the one with the fewest has a score of 0.

The Public Science Collaborative designed and created a public-facing, [interactive dashboard](#)⁵ that allows people to further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Table 1 shows all of the cities with at least 1,000 people in Henry County. Among this group, Mount Pleasant has the highest RRCI score, indicating that it is a community that may be well-suited to support a recovery community organization, due to its strong number recovery resources. We also looked at communities in comparison to other cities of similar sizes, seen in the “Pop. Group Rank” column, for a comparison of cities that might be expected to have similar quantities of resources.

Table 1: Recovery Ready Community Index in Henry County

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Mount Pleasant	9,093	49 (out of 103)	66.7	98	107.8	3.3
Winfield	1,065	92 (out of 145)	43.1	18	169.0	0.0
Wayland	1,140	100 (out of 145)	41.4	18	157.9	0.0
New London	2,402	136 (out of 145)	25.4	16	66.6	0.0

⁵<https://publicsciencecollaborative.shinyapps.io/RRCI/>

Another way to look at recovery readiness is in the context of Iowa's new behavioral health districts, which manage treatment and recovery services in counties across the district. Henry County is located in district 6, which has 14 counties, as shown in Table 2. Henry County falls in 10th place in terms of the RRCI in the district. The following pages have maps showing the RRCI and its component measures across behavioral health district 6.

Each county is also put into a comparison group of similar counties, including metropolitan core counties (such as Polk or Linn), metropolitan non-core counties (suburban or exurban counties), micropolitan counties (such as Cerro Gordo and Marshall), and rural counties. Henry County is in the Rural group of counties, and ranks 44th out of 63 Iowa counties in the group.

Table 2: Recovery Ready Community Index in Behavioral Health District 6 Counties

County	Pop. Group	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Jefferson	Micropolitan	1 (out of 15)	74.1	155	98.9	13.4
Mahaska	Micropolitan	2 (out of 15)	70.7	212	96.2	5.0
Wapello	Micropolitan	6 (out of 15)	62.6	272	77.1	4.8
Keokuk	Rural	13 (out of 63)	60.9	103	103.4	5.0
Washington	Metropolitan Non-Core	5 (out of 12)	53.4	216	95.8	2.2
Lee	Micropolitan	13.5 (out of 15)	47.6	246	74.2	2.7
Poweshiek	Rural	32.5 (out of 63)	44.2	154	82.9	2.7
Henry	Rural	44 (out of 63)	39.1	175	86.5	1.5
Benton	Metropolitan Non-Core	9 (out of 12)	37.8	200	77.8	1.6
Van Buren	Rural	48.5 (out of 63)	37.1	82	113.3	1.4
Iowa	Rural	54.5 (out of 63)	32.0	134	81.0	1.8
Monroe	Rural	54.5 (out of 63)	32.0	69	91.4	2.7
Appanoose	Rural	56 (out of 63)	28.9	106	86.6	1.6
Davis	Rural	63 (out of 63)	16.7	65	71.2	2.2

Community Recovery Readiness

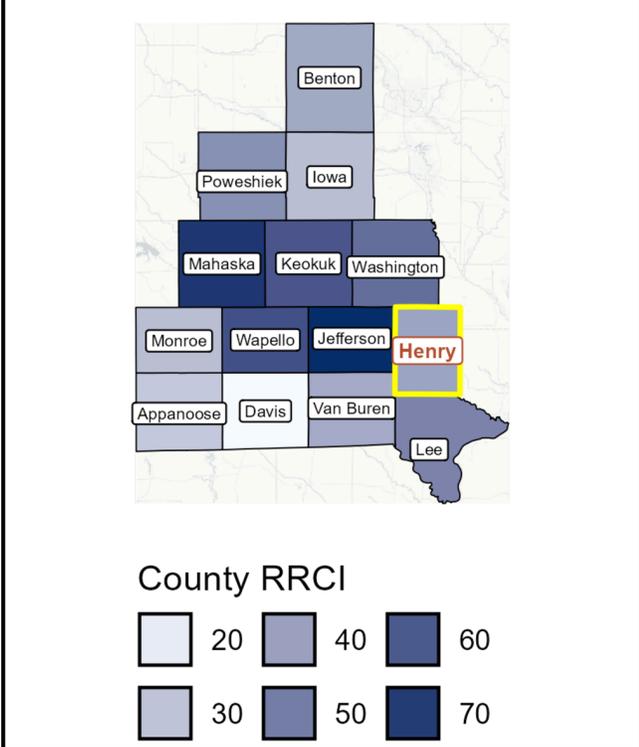


Figure 2: Recovery Ready Community Index in Henry County

Figure 2 shows community recovery readiness in behavioral health district 6 with a visualization of the Recovery Ready Community Index. The darker blues represent counties with higher RRCI scores, while the lighter blues and whites show counties with lower RRCI scores. Henry County is highlighted with a yellow outline and bold label.

In district 6, Henry County's RRCI score ranks 10th. Among cities with at least 1,000 people in Henry County, Mount Pleasant has the highest RRCI score, while New London has the lowest.

Figure 3 shows Absolute Resource Abundance, or the number of total recovery resources. In behavioral health district 6, Henry County has the 6th highest number of total recovery resources. In Henry County cities of at least 1,000 people, Mount Pleasant has the most recovery resources.

Recovery Resources-Absolute

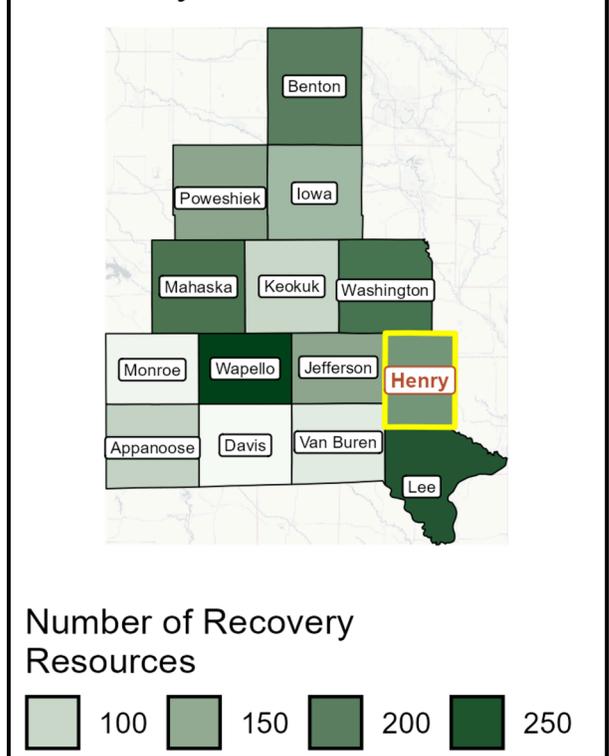


Figure 3: Recovery Resources in Henry County

Recovery Resources-Relative

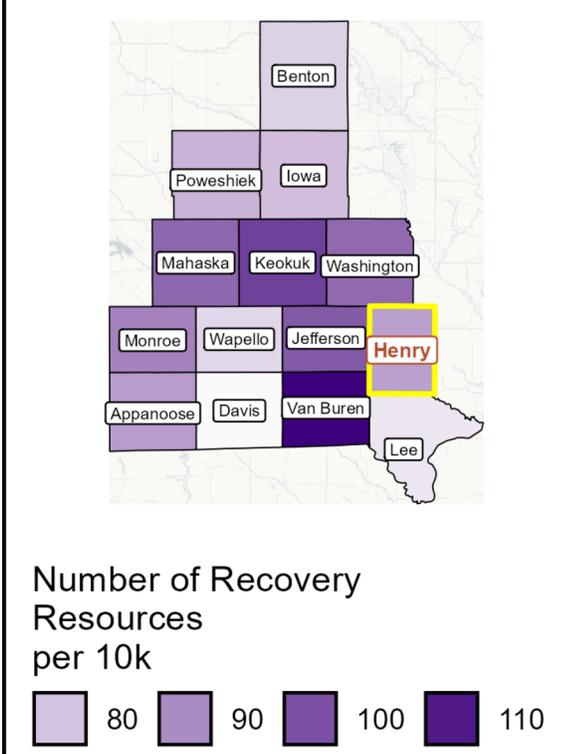


Figure 4: Recovery Resources per 10k in Henry County

Figure 4 shows number of recovery resources per 10,000 population, or the Relative Resource Abundance. Adjusting for population creates a more accurate comparison for smaller communities that may have fewer people, but have stronger resource access for that population.

Henry County ranks 9th among the counties in district 6 for number of relative resource abundance. Among the cities in the county with at least 1,000 people, Winfield has the highest number of recovery resources per 10,000 population, while New London has the lowest.

Figure 5 shows number of mutual aid meetings per 10,000 population, or the Recovery Culture. A community with a strong recovery culture already has community members working and collaborating in the recovery space.

Among counties in behavioral health district 6, Henry County has the 13th highest number of mutual aid meetings per 10,000 people. Within Henry County, Mount Pleasant is the city of 1,000+ people with the largest recovery culture, while New London has the lowest.

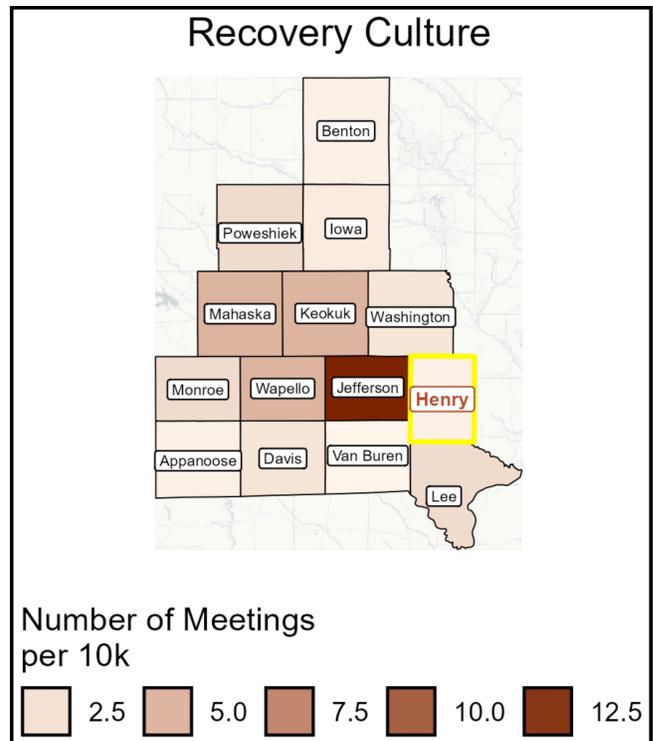


Figure 5: Mutual Aid Meetings per 10k in Henry County

What Resources Does Your Community Have?

SAMHSA Dimensions of Recovery Resources

As defined by SAMHSA, recovery is “A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.” Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different aspects of life that impact recovery and the different resources that are useful in supporting recovery. Table 3 identifies resources in Henry County that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include ([Click here for more information](#)⁶):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- **Health** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- **Home** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- **Purpose** (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

Table 3: SAMHSA Dimensions of Health Resources in Henry County Cities

City	Community	Health	Home	Purpose
Mount Pleasant	55	9	11	26
Wayland	7	1	2	8
Winfield	6	1	5	6
New London	6	1	3	6

⁶<https://library.samhsa.gov/sites/default/files/pep12-recdef.pdf>

Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person’s life that contribute to their overall well-being. For example, a family living in an area with few resources, like childcare and parks, may be more likely to face other challenges as a result. For instance, they may deal with higher transportation costs to take their child to childcare, which can add stress to their finances. These maps can also be used in conjunction with the population data in the next section to help identify at-risk populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources. Table 4 shows communities in the county and their resources among categories within the Social Determinants of Health.

The SDOH categories include ([Click here for more information](#)⁷):

- **Health Care Access and Quality** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- **Social and Community Context** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- **Neighborhood and Built Environment** (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- **Education Access and Quality** (Colleges and Universities, K-12 Schools)
- **Economic Stability** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Workforce Development Offices)

Table 4: Social Determinants of Health Resources in Henry County Cities

City	Economic Stability	Education Access & Quality	Healthcare Access & Quality	Neighborhood & Built Environment	Social & Community Context
Mount Pleasant	11	6	9	47	28
Wayland	2	1	1	7	7
Winfield	5	2	1	6	4
New London	3	2	1	6	4

⁷<https://health.gov/healthypeople/priority-areas/social-determinants-health>

Peer Support Providers

Peer support is an important kind of specialized support for people in recovery. Peer Support Providers include organizations that have trained staff members to provide specialized peer support. Some of these trained positions include peer support specialists, peer recovery coaches, and family peer support specialists. The “What is Recovery?” section at the beginning of this report has more information about each. All types of peer support are intended to provide individualized support through one-on-one meetings with people who have similar lived experience and are in recovery themselves. The [University of Iowa’s Peer Workforce Collaborative⁸](#) has more information about different types of peer support specialists and how people in recovery can themselves become peer support specialists.

Table 5 shows peer support provider organizations in behavioral health district 6. Organizations located in Henry County cities are listed first and highlighted in bold.

Table 5: Peer Support Providers in Behavioral Health District 6

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Mount Pleasant	Alcohol and Drug Dependency Services of Southeast Iowa (ADDS)	0	1	0	0
Bloomfield	Optimae Life Services	0	0	1	0
Centerville	Optimae Life Services	0	0	1	0
Fairfield	Optimae Life Services	0	0	1	0
Fort Madison	Counseling Associates	0	0	1	0
Fort Madison	Hope Haven Area Development Center Corporation - Imagine the Possibilities	0	0	1	0
Grinnell	Capstone Behavioral Health	0	0	1	0
Keokuk	Alcohol and Drug Dependency Services of Southeast Iowa (ADDS)	0	1	0	0
Oskaloosa	First Resources Corporation	0	0	1	0
Ottumwa	Child Health Specialty Clinics (CHSC)	1	0	0	0
Ottumwa	Sieda Community Action	0	1	0	0
Ottumwa	Southern Iowa Mental Health Center	1	1	2	0
Sigourney	First Resources Corporation	0	0	1	0
Vinton	Plugged-In Iowa	0	0	1	0
Washington	First Resources Corporation	0	0	1	0
Washington	Hillcrest Family Services	1	0	1	0

⁸<https://iowapeersupport.sites.uiowa.edu/>

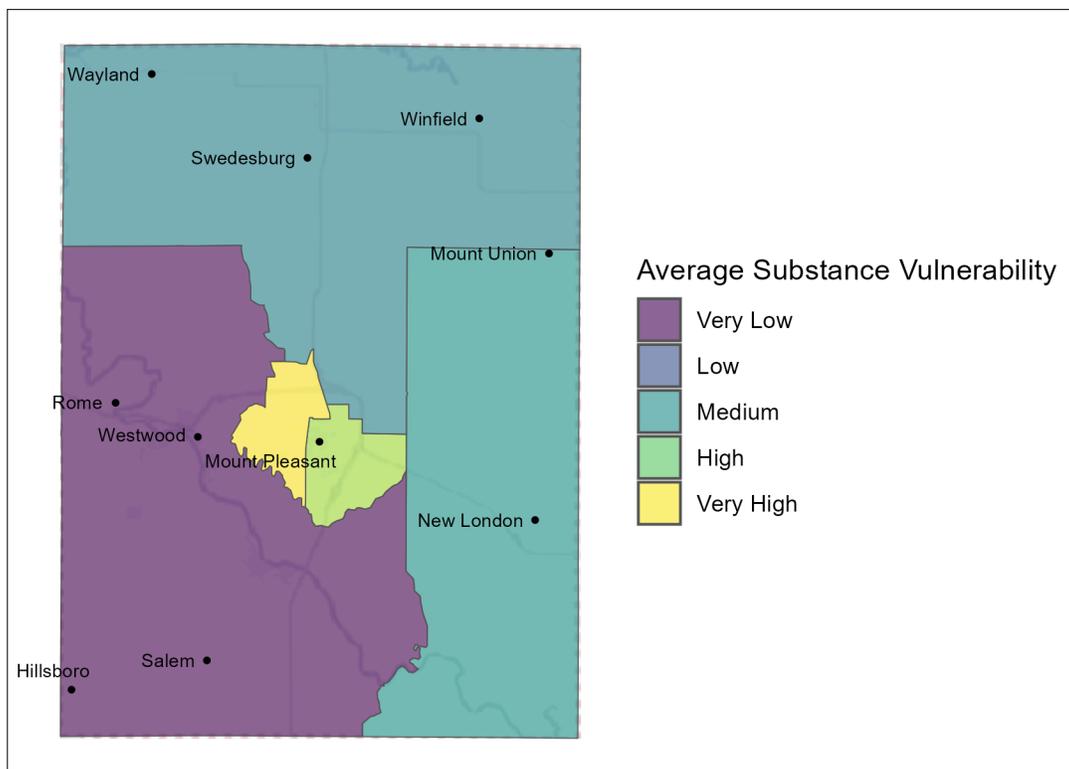
Which Neighborhoods in Your Community Need Additional Health Resources and Support?

Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners allocate resources more effectively for substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We used data from two sources, the Treatment Episode Admissions Datasets (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to uncover links between substance misuse and socio-demographic factors. The maps below use Census Bureau estimates of those same neighborhood characteristics by census tract. They display indexes for each substance, identifying areas that have the characteristics of vulnerable populations. These spots need focused resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's [dashboard for substance use vulnerability](https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/).⁹

Identifying towns and neighborhoods with high or low risk of substance use can aid public health efforts. This knowledge helps us take targeted actions based on specific risks in those areas. To aid in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

Figure 6: Overall Substance Use Vulnerability in Henry County



⁹https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/

Figure 7: Opioid Vulnerability in Henry County

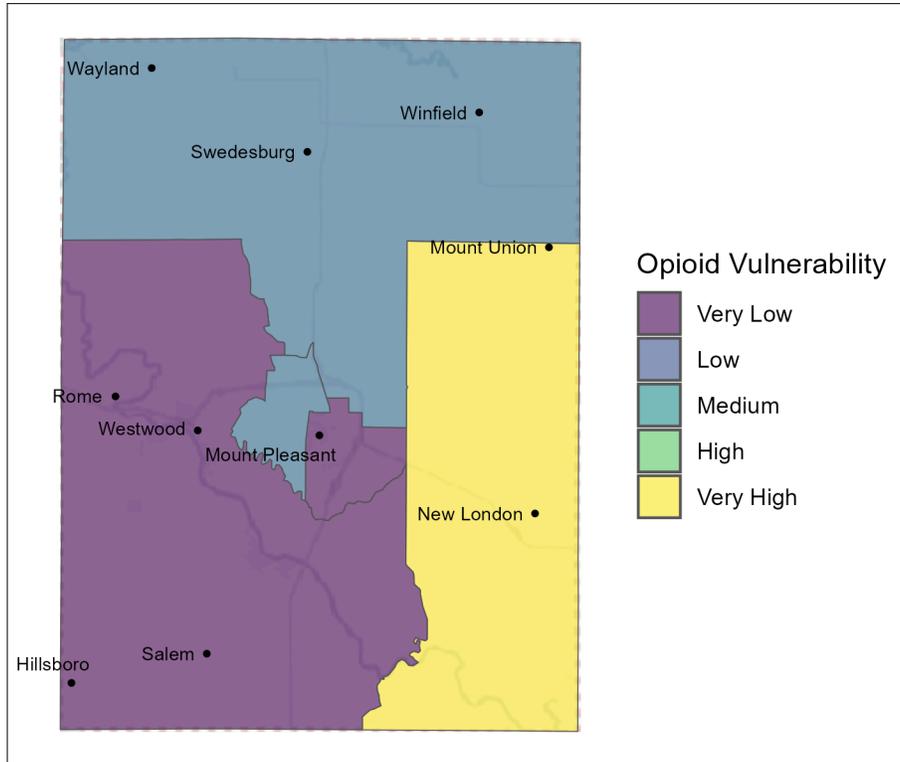


Figure 8: Methamphetamine Vulnerability in Henry County

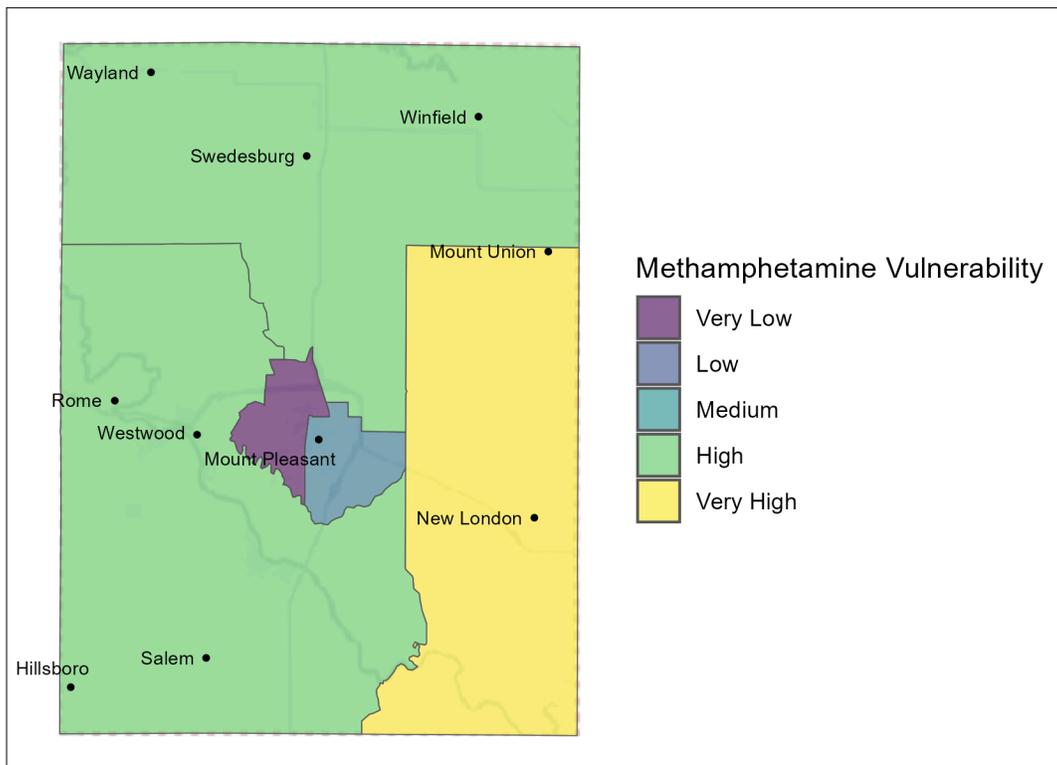


Figure 9: Heroin Vulnerability in Henry County

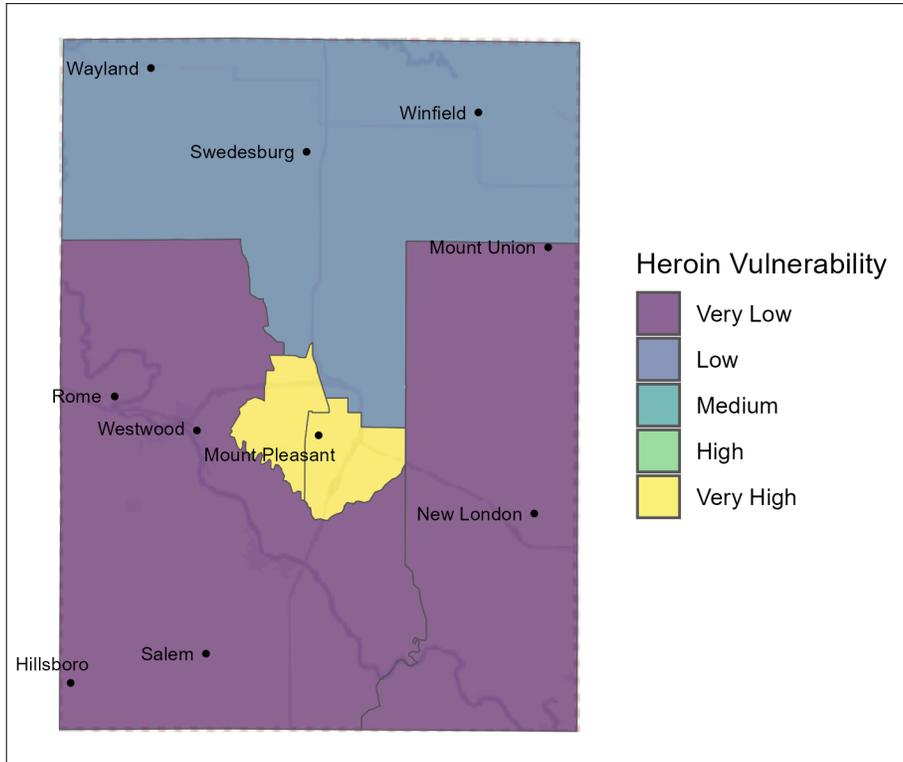


Figure 10: Alcohol Vulnerability in Henry County

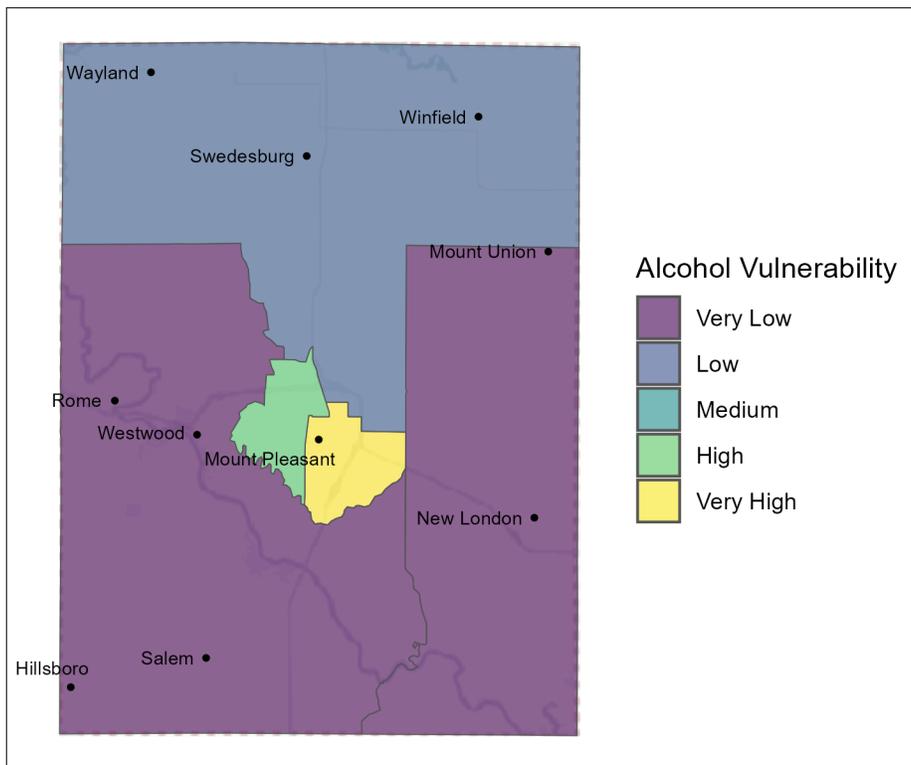


Figure 11: Cannabis Vulnerability in Henry County

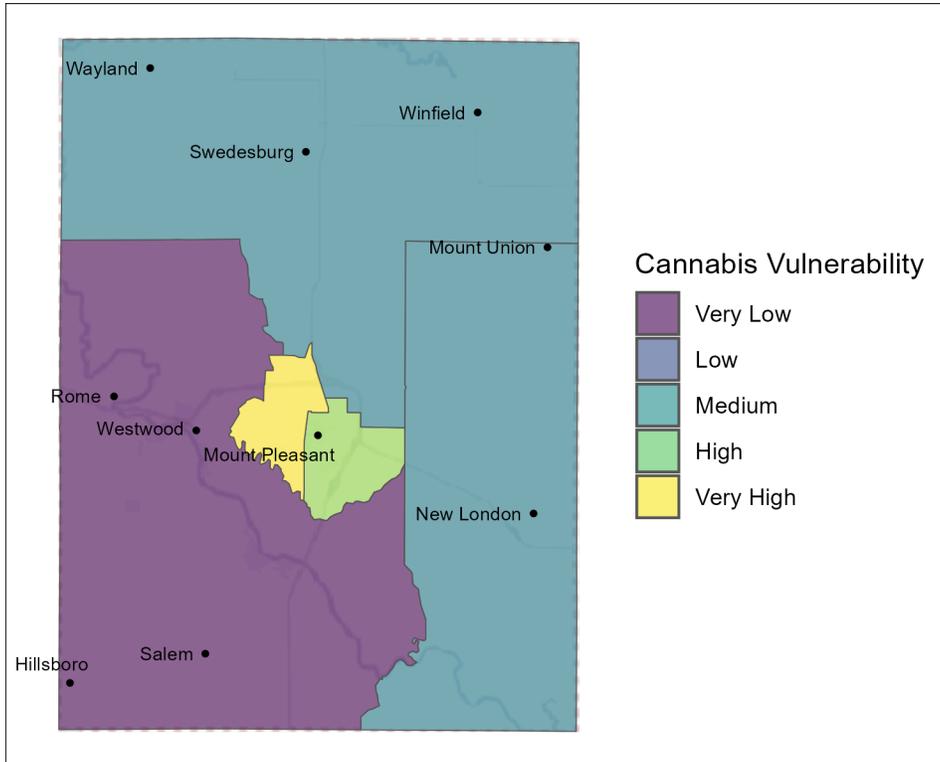


Figure 12: Cocaine Vulnerability in Henry County

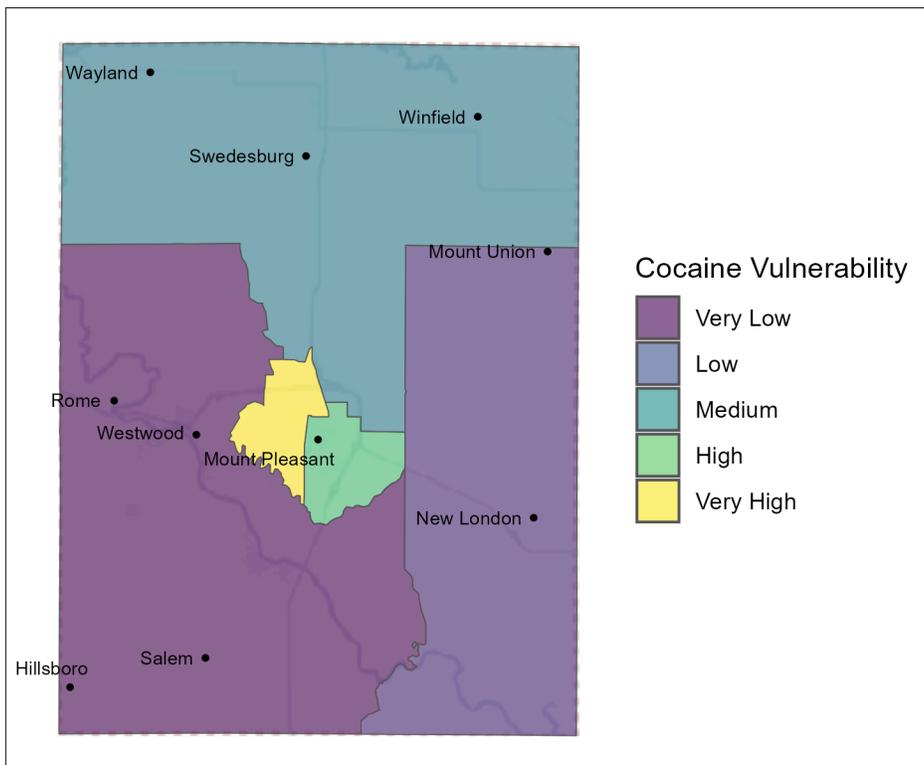
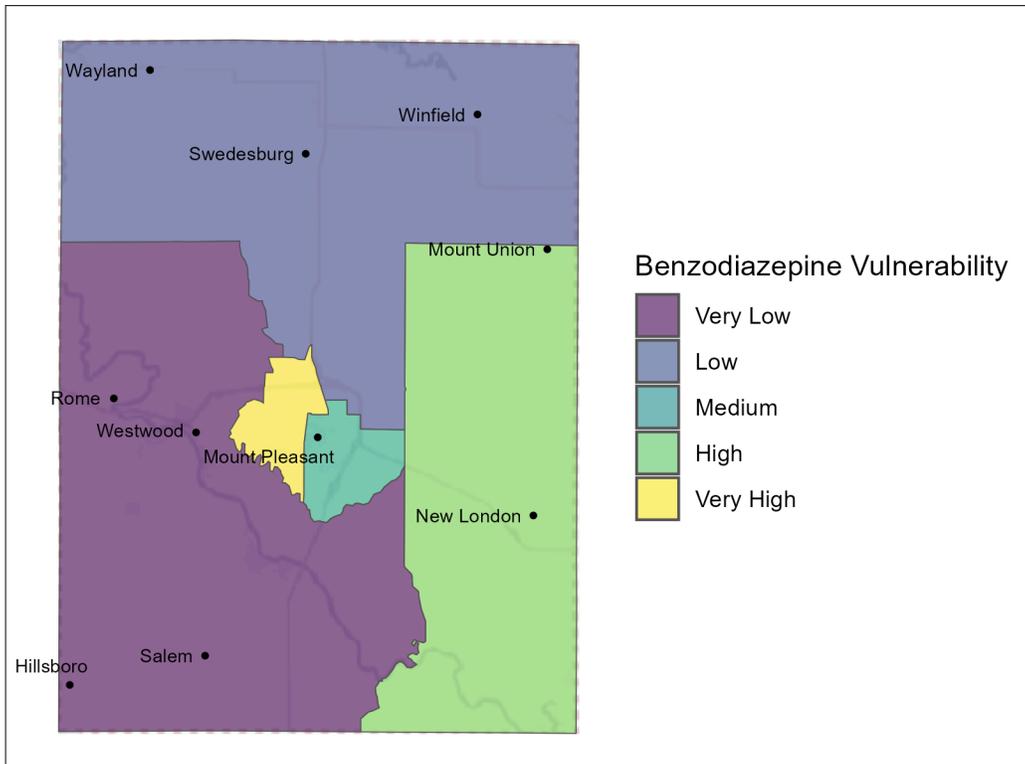


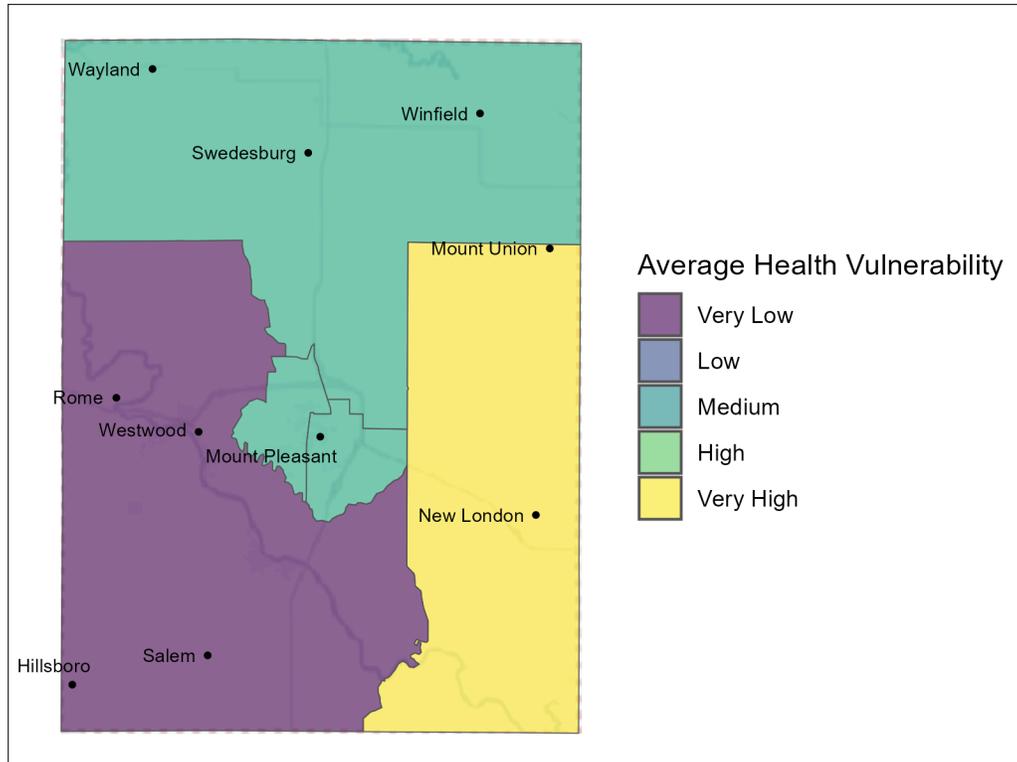
Figure 13: Benzodiazepine Vulnerability in Henry County



Social Determinants of Health

In addition to the substance use vulnerability maps above, the Public Science Collaborative also explored overall health vulnerabilities and disparities in Henry County, using the social determinants of health. By social determinants, we refer to social and environmental risks that impact a person's overall health and well-being. For example, in places with high average levels of education and low unemployment rates, people usually enjoy better health. In areas with low average incomes and high single parenting rates, health often suffers. Understanding social determinants of health can help community organizations and governments. It shows where there are neighborhoods that can benefit most from targeted investment to reduce health disparities. You can interactively explore social determinants of health across the state and look at individual components on [PSC's SDOH Dashboard](https://publicsciencecollaborative.shinyapps.io/sdoh/).¹⁰

Figure 14: Overall Health Vulnerability in Henry County



¹⁰<https://publicsciencecollaborative.shinyapps.io/sdoh/>

Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful for individuals in recovery. To collect this data, we used public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in Iowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several ways: simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs.

There are also several resource finder tools to help find a specific resource in an area, including the [Meetings Finder](#),¹¹ [Recovery Resource Finder](#),¹² [Well-Being Resource Finder](#),¹³ and [Physical Activity Resource Finder](#).¹⁴

Table 6: Recovery Resource Data Sources

Resource Type	Source
Beach	Iowa DNR
Library	Institute of Museum and Library Services
Playground	OpenStreetMap
Public Park	OpenStreetMap
Trail	OpenStreetMap
Outdoor Basketball Court	OpenStreetMap
Football Field	OpenStreetMap
Soccer Field	OpenStreetMap
Baseball/Softball Diamond	OpenStreetMap
Tennis Court	OpenStreetMap
Pickleball Court	OpenStreetMap
Outdoor Volleyball Court	OpenStreetMap
Other Sports Facilities	OpenStreetMap
Family Support Specialist	Wellpoint Peer Support Inventory
Mutual Aid Meeting	Various Websites
Peer Support Provider	Wellpoint Peer Support Inventory
Recovery Organizations (Community and Collegiate)	Manual Addition
SUD Recovery Coach	Wellpoint Peer Support Inventory
Lake	Iowa DNR
Access Center	Manual Addition
Drug Drop-off Site	Iowa Geodata
Hospital	Iowa Medicaid Provider Search
MAT Site	SAMHSA

¹¹<http://public-science.org/meetingfinder>

¹²<http://public-science.org/recoveryresources>

¹³<http://public-science.org/communityresources>

¹⁴<http://public-science.org/physicalactivity>

Resource Type	Source
Mental & Behavioral Health Center	Iowa DHHS
Rural Health Clinic	Iowa Association of Rural Health Clinics
SUD or Gambling Treatment Center	Iowa DHHS
VA Hospital or Clinic	U.S. Department of Veterans Affairs
YMCA	Heartland YMCA Alliance
Childcare Provider	Iowa DHHS
Recovery Housing	Iowa DHHS
Section 8 Housing	U.S. Department of Housing and Urban Development
Shelter	Homeless Shelters Directory
Intimate Partner Violence Program	Iowa Coalition Against Domestic Violence
Workforce Development Office	Iowa Workforce Development
College or University	Wikipedia
School	Iowa Department of Education
Place of Worship	ExpertGPS.com
State Park	Iowa DNR

Appendix 2: RRCI Rankings for Cities in Behavioral Health District 6

Table 7 adds on to the Recovery Ready Community Index table found earlier in the report. This table includes all 30 cities in behavioral health district 6 that have more than 1,000 people. The table is sorted by population, to help enable comparisons between cities in the district of similar sizes. You can use the information to see the relative strengths and weaknesses of communities across the district. Cities located in Henry County are bolded.

Table 7: RRCI in Behavioral Health Henry County Cities

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Ottumwa	25,352	10 (out of 31)	67.1	227	89.5	6.7
Oskaloosa	11,492	1 (out of 31)	76.6	163	141.8	7.8
Fort Madison	10,221	11 (out of 31)	65.6	99	96.9	3.9
Keokuk	9,748	75 (out of 103)	62.8	85	87.2	3.1
Grinnell	9,527	24 (out of 103)	70.7	114	119.7	5.2
Fairfield	9,438	2 (out of 103)	79.7	136	144.1	20.1
Mount Pleasant	9,093	49 (out of 103)	66.7	98	107.8	3.3
Washington	7,314	46.5 (out of 103)	67.1	77	105.3	4.1
Centerville	5,377	41 (out of 103)	67.9	64	119.0	3.7
Vinton	4,948	52 (out of 103)	66.4	54	109.1	4.0
Albia	3,688	10 (out of 103)	75.1	56	151.8	5.4
Williamsburg	3,347	42 (out of 103)	67.7	43	128.5	3.0
Marengo	2,823	96 (out of 103)	33.0	26	92.1	0.0
Bloomfield	2,723	3 (out of 103)	78.6	47	172.6	7.3
Kalona	2,679	90 (out of 103)	46.0	41	153.0	0.0
Belle Plaine	2,412	123 (out of 145)	33.5	24	99.5	0.0
New London	2,402	136 (out of 145)	25.4	16	66.6	0.0
Atkins	2,347	130 (out of 145)	29.0	19	81.0	0.0
Sigourney	1,866	20 (out of 145)	79.2	33	176.8	10.7
Urbana	1,628	63 (out of 145)	54.8	12	73.7	12.3
Brooklyn	1,565	135 (out of 145)	25.6	13	83.1	0.0
Wellman	1,539	80 (out of 145)	47.2	27	175.4	0.0
Montezuma	1,257	93 (out of 145)	42.8	20	159.1	0.0
New Sharon	1,147	111 (out of 145)	37.1	16	139.5	0.0
Wayland	1,140	100 (out of 145)	41.4	18	157.9	0.0
Eddyville	1,085	94 (out of 145)	42.5	18	165.9	0.0
Winfield	1,065	92 (out of 145)	43.1	18	169.0	0.0
Riverside	1,040	42 (out of 145)	67.4	15	144.2	9.6
Keosauqua	1,014	1 (out of 145)	87.8	33	325.4	9.9

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Newhall	1,012	115 (out of 145)	35.8	14	138.3	0.0

Appendix 3: Mutual Aid Meetings In Henry County

Table 8: Mutual Aid Meeting Directory in Henry County

Meeting Type	Group	Address	Weekly Meeting #
Alcoholics Anonymous	<u>Right Group</u>	107 W Broad St, Mt Pleasant, IA 52641, USA	3
Celebrate Recovery	Harmony Bible/City Hope	1107 Lucas St, Mount Pleasant, IA 52641	1
Narcotics Anonymous	Day By Day	206 S Adams St, Mt Pleasant, IA 52641, USA	1

Appendix 4: Resources In Henry County

Table 9: Recovery Resource Directory in Henry County

Resource Type	Name	Address
Baseball/Softball Diamond		Mount Pleasant, Henry County, Iowa, 52641, United States
Baseball/Softball Diamond	13 Baseball/Softball Diamonds	Mount Pleasant, Henry County, Iowa, 52641, United States
Baseball/Softball Diamond	3 Baseball/Softball Diamonds	New London, Henry County, Iowa, 52645, United States
Baseball/Softball Diamond	3 Baseball/Softball Diamonds	Salem, Henry County, Iowa, 52649, United States
Baseball/Softball Diamond	4 Baseball/Softball Diamonds	Wayland, Henry County, Iowa, 52654, United States
Baseball/Softball Diamond	4 Baseball/Softball Diamonds	Winfield, Henry County, Iowa, 52659, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	Mount Pleasant, Henry County, Iowa, 52641, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	New London, Henry County, Iowa, 52645, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Olds, Henry County, Iowa, 52647, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Wayland, Henry County, Iowa, 52654, United States
Beach	Geode State Park 2022 Beach Classification: Less Vulnerable	2652 Salem Rd, Danville, IA 52623
Childcare Provider	Amelia Liles	102 S Huntsberry ST, Winfield, IA, 52659
Childcare Provider	Barbara J Helmick	410 N Cherry ST, Mount Pleasant, IA, 52641
Childcare Provider	Filomena Alanis	504 E Webster ST, Mount Pleasant, IA, 52641
Childcare Provider	Glenwood Head Start	302 West Madison St, Mt Pleasant, IA, 52641
Childcare Provider	Grow-N-Glow Preschool	304 E Main St, New London, IA, 52645
Childcare Provider	Heather Neilson	108 N Bashford, Winfield, IA, 52659
Childcare Provider	Jennifer Healy	611 S Locust ST, Mount Pleasant, IA, 52641
Childcare Provider	Kimberly Fenton	208 E Kneen ST, Mount Union, IA, 52644
Childcare Provider	Little Me & Company	217 W Main St, Wayland, IA, 52654
Childcare Provider	Mt. Pleasant Childcare Center	304 W. Washington St, Mt. Pleasant, IA, 52641
Childcare Provider	New London Community After School Program	401 S Walnut St, New London, IA, 52645

Resource Type	Name	Address
Childcare Provider	<u>New London Community Child Care Center</u>	507 S Walnut St, New London, IA, 52645
Childcare Provider	<u>Panther Zone</u>	1001 N Main St, Mount Pleasant, IA, 52641
Childcare Provider	<u>Shari Janecek</u>	605 N Pearl ST, Wayland, IA, 52654
Childcare Provider	<u>Son Shine Academy Preschool</u>	910 E Mapleleaf Drive, Mount Pleasant, IA, 52641
Childcare Provider	<u>Sunnyside Daycare</u>	1005 N College AVE, Mt Pleasant, IA, 52641
Childcare Provider	<u>TenderCare</u>	404 W State ST, Mount Pleasant, IA, 52641
Childcare Provider	<u>Wades Playhouse LLC</u>	104 N Huntsberry, Winfield, IA, 52659
Childcare Provider	<u>Warmth and Wonders Preschool</u>	208 S Olive St, Winfield, IA, 52659
Childcare Provider	<u>Winfield-Mt. Union Preschool</u>	208 S Olive Street, Winfield, IA, 52659
Drug Drop-off Site	Henry County Sheriff Office	106 E Clay St, Mount Pleasant, IA, 52641
Drug Drop-off Site	Hy-Vee Clinic Pharmacy (1433)	501 S. White, Mt. Pleasant, IA, 52641
Drug Drop-off Site	Hy-Vee Drugstores Pharmacy	129 S Jefferson St, Mount Pleasant, IA, 52641
Drug Drop-off Site	Mount Pleasant Police Department	204 E Washington St, Mount Pleasant, IA, 52641
Family Support Specialist	<u>Children Integrated Health Home</u>	106 N Jackson St, Mount Pleasant, IA 52641
Football Field	2 Football Fields	Mount Pleasant, Henry County, Iowa, 52641, United States
Football Field	1 Football Field	New London, Henry County, Iowa, 52645, United States
Football Field	1 Football Field	Wayland, Henry County, Iowa, 52654, United States
Football Field	1 Football Field	Winfield, Henry County, Iowa, 52659, United States
Hospital	Henry County Health Center	407 S White St, Mount Pleasant, IA 52641
Lake	East Lake Park	1720 S Iris St, Mount Pleasant, IA 52641
Lake	Gibson Area Pond	1258 County Rd H46, Mount Pleasant, IA 52641
Lake	Lake Geode	2684 Salem Rd, Danville, IA 52623
Lake	Lake Geode Pond #1	22996 Dmc Hwy 79, Danville, IA 52623
Lake	Lake Geode Pond #3	3356 Racine Ave, Danville, IA 52623
Lake	Lake Geode Pond #4	3333 Racine Ave, Danville, IA 52623
Lake	Lake Geode Pond #5	3333 Racine Ave, Danville, IA 52623
Lake	Lake Geode Pond #6	3305 Quincy Ave, Danville, IA 52623
Lake	Lake Geode Pond #7	3390 Racine Ave, Danville, IA 52623
Lake	Lake Geode Pond #8	3393 Racine Ave, Danville, IA 52623

Resource Type	Name	Address
Lake	Oakland Mills Impoundment	2548 Freedom Ave, Mount Pleasant, IA 52641
Library	Crew Public Library	107 E Cherry St, Henry, Salem, IA, 52649
Library	H.j. Nugen Public Library	103 E Main St, Henry, New London, IA, 52645
Library	Hillsboro Public Library	100 W Commercial, Henry, Hillsboro, IA, 52630
Library	Mount Pleasant Public Library	307 E Monroe Suite 101, Henry, Mount Pleasant, IA, 52641
Library	Winfield Public Library	112 W Ash, Henry, Winfield, IA, 52659
Mental & Behavioral Health Center	Hillcrest Family Services	106 N Jackson St, Mount Pleasant, IA 52641
Other Sports Facilities	9 Other Sports Facilities	Mount Pleasant, Henry County, Iowa, 52641, United States
Peer Support Provider	<u>CHOICES Drop In Center</u>	211 W Monroe St, Mount Pleasant, IA 52641
Peer Support Provider	<u>Adult Integrated Health Home</u>	106 N Jackson St, Mount Pleasant, IA 52641
Place of Worship	<u>Assembly of God Church</u>	109 W South St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Bible Missionary Church</u>	406 E Clay St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Calvary Baptist Church</u>	803 E Maple Leaf Dr, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Christian Science Society</u>	206 N Jefferson St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Church of the Nazarene</u>	407 E Washington St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Congregational Universalist Church</u>	300 E Washington St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Cottonwood Church</u>	1071 110th St, Wayland, IA 52654, USA
Place of Worship	<u>Dove Fellowship</u>	201 E Railroad Ave, Olds, IA 52647, USA
Place of Worship	<u>Faith Lutheran Church</u>	910 E Maple Leaf Dr, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Finley Church</u>	1501 150th St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>First Baptist Church</u>	100 E Webster St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>First Presbyterian Church</u>	107 W Central Ave, Winfield, IA 52659, USA
Place of Worship	<u>First Presbyterian Church</u>	902 S Walnut St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Green Mound Church</u>	1277 Merrimac Rd, Wayland, IA 52654, USA

Resource Type	Name	Address
Place of Worship	<u>Hillsboro Baptist Church</u>	104 W Pine St, Hillsboro, IA 52630, USA
Place of Worship	<u>Independent Bible Church</u>	413 N Washington St, Wayland, IA 52654, USA
Place of Worship	<u>Jesus Only Church of Christ</u>	1000 N Broadway St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Kingdom Hall of Jehovahs Witnesses</u>	1807 Winfield Ave, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Lincoln Street Baptist Church</u>	301 E Winfield Ave, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Lowell First Baptist Church</u>	204 2nd St, Lowell, IA 52645, USA
Place of Worship	<u>New Life Parish</u>	102 W 2nd St, Wayland, IA 52654, USA
Place of Worship	<u>New London Christian Church</u>	206 E Main St, New London, IA 52645, USA
Place of Worship	<u>Oakland Mills Community Church</u>	1530 Oakland Mills Rd, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Olds United Church of Christ</u>	201 E Railroad Ave, Olds, IA 52647, USA
Place of Worship	<u>Open Bible Standard Church</u>	109 E Ash St, Winfield, IA 52659, USA
Place of Worship	<u>Open Bible Standard Church</u>	306 N Cherry St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Pickle Church</u>	3372 New London Rd, New London, IA 52645, USA
Place of Worship	<u>Pleasant Point Church</u>	1329 250th St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Pleasant View Mennonite Church</u>	1101 N Lucas St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Presbyterian Church</u>	400 N Elm St, New London, IA 52645, USA
Place of Worship	<u>Reorganized Church of Jesus Christ of Latter Day Saints</u>	204 N McCoy St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Richwoods Church</u>	1936 Franklin Ave, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Rome Baptist Church</u>	105 W Maple St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Saint Alphonsus Church</u>	607 S Jackson St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Saint Michael's Episcopal Church</u>	202 E Washington St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Salem Congregational Church</u>	108 E Oak St, Salem, IA 52649, USA
Place of Worship	<u>Salem Friends Church</u>	107 E Jackson St, Salem, IA 52649, USA
Place of Worship	<u>Second Baptist Church</u>	1843 W Saunders St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Shinar Cumberland Presbyterian Church</u>	203 N Oak St, New London, IA 52645, USA
Place of Worship	<u>Sugar Creek Church</u>	1392 120th St, Wayland, IA 52654, USA
Place of Worship	<u>Swedesburg Evangelical Lutheran Church</u>	206 140th St, Mt Pleasant, IA 52641, USA

Resource Type	Name	Address
Place of Worship	<u>Trenton Missionary Church</u>	309 Birch Ave, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Trenton United Methodist Church</u>	309 Birch Ave, Mt Pleasant, IA 52641, USA
Place of Worship	<u>United Methodist Church</u>	204 E Pine St, Winfield, IA 52659, USA
Place of Worship	<u>United Methodist Church</u>	302 N Walnut St, New London, IA 52645, USA
Place of Worship	<u>United Methodist Church</u>	309 N Main St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>Wayland Mennonite Church</u>	202 W Main St, Wayland, IA 52654, USA
Place of Worship	<u>Wesley Chapel</u>	2151 200th St, Mt Pleasant, IA 52641, USA
Place of Worship	<u>White Oak Church</u>	1940 White Oak Rd, Mt Pleasant, IA 52641, USA
SUD Recovery Coach	<u>Peer Recovery - Mt. Pleasant office</u>	122 N Main St, Mount Pleasant, IA 52641
SUD Recovery Coach	<u>Children Integrated Health Home</u>	106 N Jackson St, Mount Pleasant, IA 52641
Rural Health Clinic	Henry County Health Center - Mount Pleasant	407 S White St, Suite 103, Mount Pleasant, IA, 52641
Rural Health Clinic	Physicians & Clinics Of HCHC - Wayland	227 W Main St Ste 1, Wayland, IA, 52654
Rural Health Clinic	Physicians & Clinics Of HCHC - Winfield	110 W Pine St, Winfield, IA, 52659
Rural Health Clinic	Physicians & Clinics Of HCHC - New London	111 W Washington St, New London, IA, 52645
School	Clark Elementary School	401 S Walnut St, New London, IA
School	Harlan Elementary School	1001 N Main Street, Mount Pleasant, IA
School	Lincoln Elementary School	501 S Corkhill, Mount Pleasant, IA
School	Mount Pleasant High School	2104 S. Grand Avenue, Mount Pleasant, IA
School	Mount Pleasant Middle School	414 N Adams, Mount Pleasant, IA
School	New London Jr-Sr High School	101 Jack Wilson Dr, New London, IA
School	Salem Elementary School	412 E. Jackson St., Salem, IA
School	Van Allen Elementary School	801 E Henry Street, Mount Pleasant, IA
School	WACO High School	706 N Pearl, Wayland, IA
School	Winfield Elementary School	208 S Olive, Winfield, IA
School	Winfield-Mt Union Jr-Sr High School	208 S Olive, Winfield, IA
School	WisdomQuest Education Center	401 E. Monroe Street, Mount Pleasant, IA
Section 8 Housing	Mapleleaf Apartments	704 E Mapleleaf Dr, Mount Pleasant, IA, 52641
Section 8 Housing	The Folks Apartments	308 N Adams St, Mount Pleasant, IA, 52641
Soccer Field	3 Soccer Fields	Mount Pleasant, Henry County, Iowa, 52641, United States
SUD or Gambling Treatment Center	<u>Alcohol and Drug Dependency Services of Southeast Iowa</u>	122 N. Main S., Mount Pleasant, IA, 52641

Resource Type	Name	Address
SUD or Gambling Treatment Center	<u>Hillcrest Community Mental Health</u>	106 N. Jackson St., Mt. Pleasant, IA, 52641
Tennis Court	5 Tennis Courts	Mount Pleasant, Henry County, Iowa, 52641, United States
Outdoor Volleyball Court	3 Outdoor Volleyball Courts	Mount Pleasant, Henry County, Iowa, 52641, United States