

Recovery Readiness Assessment: Boone County

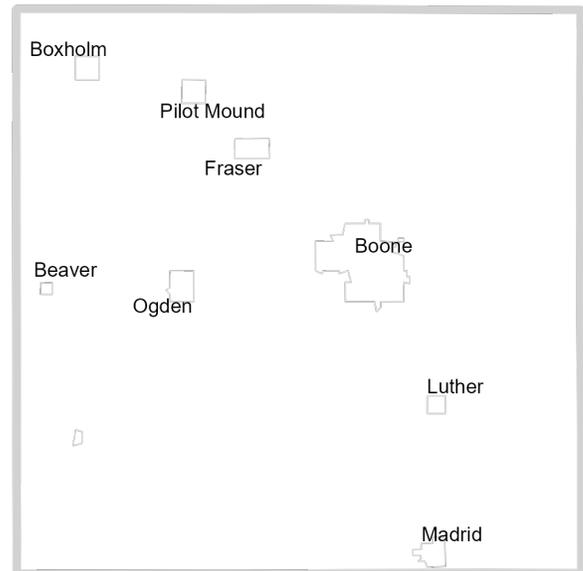
June, 2025



Boone County



Report provided to the Iowa Department of Health and Human Services



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Executive Summary

Iowa State University's Public Science Collaborative¹ (PSC) created Recovery Readiness Assessments for 300 communities, 99 counties, and Iowa's seven new behavioral health districts in Iowa (2025). The community, county and district Recovery Readiness Assessments are updated annually. The reports are commissioned by the Iowa Department of Health and Human Services to support the expansion of substance use recovery services across the state. Use this report:

1. To learn about Iowa's recovery movement and resource options
2. As a reference guide for recovery resources by community, county, and behavioral health district
3. To strengthen networks and build coalitions among communities high and low in recovery resources, organizing around community assets and services
4. As a tool to allocate funding to your at-risk neighborhoods and develop recovery-oriented services

This report examines recovery resources in Boone County, which is part of Iowa's Behavioral Health District 5 (see Figure 1). Boone County has a population of 26,700, and its largest city is Boone.



Figure 1: Iowa's Behavioral Health Districts (Source: Iowa HHS)

The following pages define recovery, recovery-oriented services, and recovery-ready communities. We evaluate Boone County's recovery resources to identify both strong recovery neighborhoods and areas with growth potential, using SAMHSA's recovery categories and the CDC's social determinants of health framework.

Our report also includes:

- **Substance use vulnerability maps** by drug type—such as opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines—help identify prevalent recovery needs, guide resource allocation, and inform event planning in at-risk neighborhoods.
- **Social determinants of health maps** to explore overall health vulnerabilities and help local stakeholders understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of community members.

These reports can be combined with PSC's Health Snapshot Series² to give an overall view of health and recovery in Iowa counties and communities.

For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Kelsey Van Selous, MSW, LCSW at kvansel@iastate.edu.

¹<https://publicsciencecollaborative.org/>

²<https://publicsciencecollaborative.org/research-project/iowas-health-snapshot-series/>

What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) define recovery as follows:

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

A second useful definition of recovery, which shaped the PSC approach to recovery community readiness, was created by Bill White:

“Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life.”

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, and schools, can promote early recovery, as well as longer and more stable recovery. Identifying resources that support long-term recovery can help identify towns and cities rich in these recovery tools. This, in turn, enables more effective development of new community-based recovery organizations.

Peer Support

Peer support can take different forms, but it is often vital for supporting recovery in a community. Simply, peer support consists of people in recovery using their own experiences to support others in recovery who might have similar experiences. Peer support may include referring people in recovery to resources, being a model for how to recover, and being a general resource for helping someone reach and maintain their own recovery.

A common form of peer support is mutual aid meetings, such as Alcoholics Anonymous or Narcotics Anonymous, where people in recovery meet in groups and have a safe setting to discuss their own recovery and support others.

There are also one-on-one opportunities for peer support. In these settings, trained specialists and coaches who have lived experience can give customized support to individuals with a similar substance use or recovery experience. These kinds of peer support include:

- **Peer Support Specialists (PSS):** people currently living well in recovery from a serious mental illness or substance use. They provide support and hope through their own recovery experiences and provide other useful information for the people they work with.
- **Family Peer Support Specialists (FSS):** specialists trained to specifically work with families and have their own experiences caring for children with behavioral health needs. FSS can give feedback that is designed and intended for parents and children, including helping families navigate support systems for children.
- **Recovery Coaches (RC):** people in recovery from a substance use disorder, or are a family member of a person in recovery from a substance use disorder. They are able to offer their own perspectives and experiences with recovery that can help a peer to stay engaged in their recovery.

Take a look at the “What are the Peer Support Resources in Your Communities?” section of this report to learn more about what resources your community already has, and where there is opportunity to expand resources. To learn more about types of peer support and training opportunities, you can also go to the [University of Iowa Peer Workforce Collaborative](https://iowapeersupport.sites.uiowa.edu/)³.

Community-Based Recovery Organizations

Recovery organizations help people who are recovering from substance use disorders. They take various shapes, but they all aim to support individuals. They offer services and resources to help people stay in recovery, enhance their health, and reintegrate into society.

³<https://iowapeersupport.sites.uiowa.edu/>

Most community-based recovery organizations will offer some form of peer support. This may include peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations provide a substance-free environment where all are welcome. People in recovery can receive guidance in daily activities such as finding stable housing, a job, or volunteer opportunities. They might also offer recreation and social groups, or linkages to legal support.

A few of the most well-known recovery organizations include:

- **Recovery Community Centers:** These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate connections to general resources for recoverees. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafes often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The [Recovery Café Network](https://recoverycafenetwork.org/)⁴ is a good starting place to learn more.
- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- **Recovery High Schools and Collegiate Recovery Programs:** These educational institutions provide a supportive environment for students in recovery, helping them succeed academi-

cally while maintaining their sobriety. They do this in a similar way as community centers and cafes, by offering peer support, community, and recovery-focused activities, but focused on student needs.

Recovery Readiness

Resources such as peer support and community-based recovery organizations help promote recovery readiness in a community. However, a recovery-ready community also has other recovery and community resources that provide supports across prevention, treatment, and long-term recovery.

Key elements are:

- Accessible healthcare
- Peer support networks
- Educational and job opportunities
- Harm reduction services
- Anti-stigma initiatives
- A sense of purpose

A recovery-ready community unites members, institutions, and policymakers, working together towards a common goal. This approach helps promote lasting recovery and overall well-being.

In Iowa, a recovery-ready community provides multiple recovery pathways. It meets the needs of those in recovery through a vibrant recovery culture and it is well-coordinated across both formal and informal systems of care.

How can this guide improve recovery readiness?

This report is intended to help communities, recovery organizations, treatment providers, and other local organizations and coalitions evaluate their own recovery readiness. It helps identify the resources that communities already have, resource areas that are lacking, and where are populations with a high risk of substance use or poor general health. We hope that readers will use this information to learn about their counties and communities and develop strategies for increasing access to recovery resources and ensuring that people in recovery are connected to those resources to best support their own paths to recovery.

⁴<https://recoverycafenetwork.org/>

Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa’s cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of ‘Recovery Ready’ communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three components: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community’s overall RRCI score is calculated by taking the average of the components’ percentile ranks among all Iowa communities. For instance, the community with the most resources has a total resources percentile score of 100 (meaning the community has more resources than 100% of counties), while the one with the fewest has a score of 0.

The Public Science Collaborative designed and created a public-facing, [interactive dashboard](#)⁵ that allows people to further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Table 1 shows all of the cities with at least 1,000 people in Boone County. Among this group, Ogden has the highest RRCI score, indicating that it is a community that may be well-suited to support a recovery community organization, due to its strong number recovery resources. We also looked at communities in comparison to other cities of similar sizes, seen in the “Pop. Group Rank” column, for a comparison of cities that might be expected to have similar quantities of resources. When looking at these cities in comparison to their population groups, Boone and Ogden are among the top half of their comparison population groups.

Table 1: Recovery Ready Community Index in Boone County

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Ogden	1,902	23 (out of 145)	78.7	37	194.5	5.3
Boone	12,445	17 (out of 31)	63.8	103	82.8	4.0
Madrid	2,803	72 (out of 103)	62.9	30	107.0	3.6

⁵<https://publicsciencecollaborative.shinyapps.io/RRCI/>

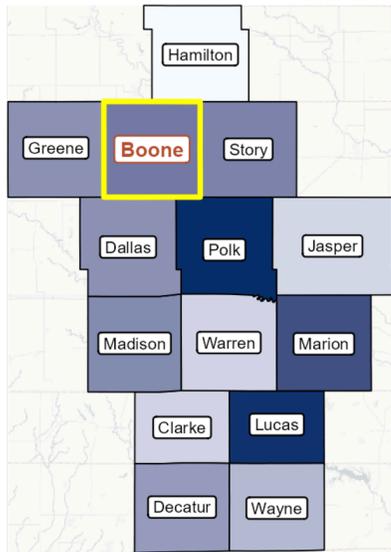
Another way to look at recovery readiness is in the context of Iowa's new behavioral health districts, which manage treatment and recovery services in counties across the district. Boone County is located in district 5, which has 14 counties, as shown in Table 2. Boone County falls in 8th place in terms of the RRCI in the district. The following pages have maps showing the RRCI and its component measures across behavioral health district 5.

Each county is also put into a comparison group of similar counties, including metropolitan core counties (such as Polk or Linn), metropolitan non-core counties (suburban or exurban counties), micropolitan counties (such as Cerro Gordo and Marshall), and rural counties. Boone County is in the Rural group of counties, and ranks 30th out of 63 Iowa counties in the group.

Table 2: Recovery Ready Community Index in Behavioral Health District 5 Counties

County	Pop. Group	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Polk	Metropolitan Core	5 (out of 9)	59.9	2697	54.2	4.6
Lucas	Rural	17.5 (out of 63)	59.2	94	108.2	4.6
Marion	Micropolitan	11 (out of 15)	54.1	285	84.9	2.7
Boone	Rural	30.5 (out of 63)	46.9	196	73.5	3.0
Story	Metropolitan Core	9 (out of 9)	45.6	567	57.5	2.6
Madison	Metropolitan Non-Core	7 (out of 12)	44.6	128	76.4	3.6
Dallas	Metropolitan Non-Core	8 (out of 12)	43.5	486	46.7	2.6
Greene	Rural	35 (out of 63)	43.5	78	89.4	4.6
Decatur	Rural	38 (out of 63)	41.8	97	126.5	1.3
Wayne	Rural	47 (out of 63)	37.4	74	113.5	1.5
Warren	Metropolitan Non-Core	10 (out of 12)	33.7	332	62.1	0.9
Clarke	Rural	52 (out of 63)	33.7	93	96.0	2.1
Jasper	Metropolitan Non-Core	11 (out of 12)	33.3	254	67.1	1.3
Hamilton	Rural	57 (out of 63)	28.6	127	85.3	1.3

Community Recovery Readiness



County RRCI



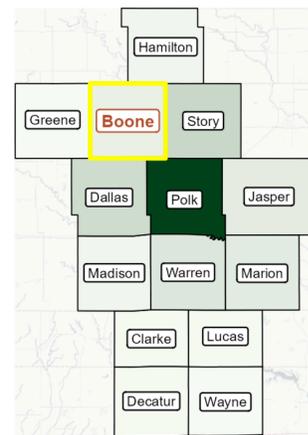
Figure 2: Recovery Ready Community Index in Boone County

Figure 2 shows community recovery readiness in behavioral health district 5 with a visualization of the Recovery Ready Community Index. The darker blues represent counties with higher RRCI scores, while the lighter blues and whites show counties with lower RRCI scores. Boone County is highlighted with a yellow outline and bold label.

In district 5, Boone County’s RRCI score ranks 8th. Among cities with at least 1,000 people in Boone County, Ogden has the highest RRCI score, while Madrid has the lowest.

Figure 3 shows Absolute Resource Abundance, or the number of total recovery resources. In behavioral health district 5, Boone County has the 7th highest number of total recovery resources. In Boone County cities of at least 1,000 people, Ogden has the most recovery resources.

Recovery Resources-Absolute



Number of Recovery Resources



Figure 3: Recovery Resources in Boone County

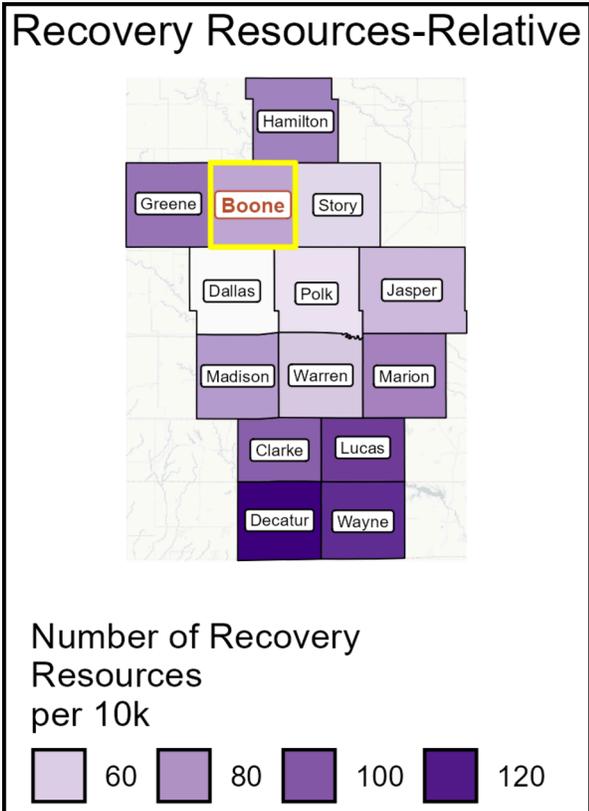


Figure 4: Recovery Resources per 10k in Boone County

Figure 4 shows number of recovery resources per 10,000 population, or the Relative Resource Abundance. Adjusting for population creates a more accurate comparison for smaller communities that may have fewer people, but have stronger resource access for that population.

Boone County ranks 10th among the counties in district 5 for number of relative resource abundance. Among the cities in the county with at least 1,000 people, Ogden has the highest number of recovery resources per 10,000 population, while Boone has the lowest.

Figure 5 shows number of mutual aid meetings per 10,000 population, or the Recovery Culture. A community with a strong recovery culture already has community members working and collaborating in the recovery space.

Among counties in behavioral health district 5, Boone County has the 6th highest number of mutual aid meetings per 10,000 people. Within Boone County, Ogden is the city of 1,000+ people with the largest recovery culture, while Madrid has the lowest.

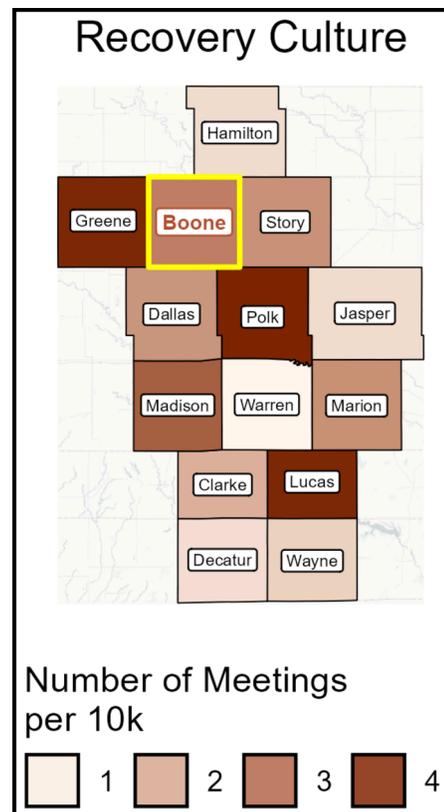


Figure 5: Mutual Aid Meetings per 10k in Boone County

What Resources Does Your Community Have?

SAMHSA Dimensions of Recovery Resources

As defined by SAMHSA, recovery is “A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.” Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different aspects of life that impact recovery and the different resources that are useful in supporting recovery. Table 3 identifies resources in Boone County that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include ([Click here for more information](#)⁶):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- **Health** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- **Home** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- **Purpose** (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

Table 3: SAMHSA Dimensions of Health Resources in Boone County Cities

City	Community	Health	Home	Purpose
Boone	60	7	16	25
Ogden	17	2	9	10
Madrid	16	3	4	8

⁶<https://library.samhsa.gov/sites/default/files/pep12-recdef.pdf>

Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person’s life that contribute to their overall well-being. For example, a family living in an area with few resources, like childcare and parks, may be more likely to face other challenges as a result. For instance, they may deal with higher transportation costs to take their child to childcare, which can add stress to their finances. These maps can also be used in conjunction with the population data in the next section to help identify at-risk populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources. Table 4 shows communities in the county and their resources among categories within the Social Determinants of Health.

The SDOH categories include ([Click here for more information](#)⁷):

- **Health Care Access and Quality** (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- **Social and Community Context** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- **Neighborhood and Built Environment** (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- **Education Access and Quality** (Colleges and Universities, K-12 Schools)
- **Economic Stability** (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Workforce Development Offices)

Table 4: Social Determinants of Health Resources in Boone County Cities

City	Economic Stability	Education Access & Quality	Healthcare Access & Quality	Neighborhood & Built Environment	Social & Community Context
Boone	16	7	7	54	24
Ogden	9	3	2	16	8
Madrid	4	4	3	15	5

⁷<https://health.gov/healthypeople/priority-areas/social-determinants-health>

Peer Support Providers

Peer support is an important kind of specialized support for people in recovery. Peer Support Providers include organizations that have trained staff members to provide specialized peer support. Some of these trained positions include peer support specialists, peer recovery coaches, and family peer support specialists. The “What is Recovery?” section at the beginning of this report has more information about each. All types of peer support are intended to provide individualized support through one-on-one meetings with people who have similar lived experience and are in recovery themselves. The [University of Iowa’s Peer Workforce Collaborative⁸](https://iowapeersupport.sites.uiowa.edu/) has more information about different types of peer support specialists and how people in recovery can themselves become peer support specialists.

Table 5 shows peer support provider organizations in behavioral health district 5. Organizations located in Boone County cities are listed first and highlighted in bold.

Table 5: Peer Support Providers in Behavioral Health District 5

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Boone	Central Iowa Recovery	0	0	1	0
Ames	Community and Family Resources	0	1	0	0
Ames	Eyerly Ball	0	0	1	0
Ames	NAMI Central Iowa	0	0	1	0
Ames	YSS	1	0	0	0
Ankeny	Four Oaks	1	0	0	0
Des Moines	Broadlawns Medical Center	0	0	2	0
Des Moines	Central Iowa Center for Independent Living	0	0	1	0
Des Moines	Child Health Specialty Clinics (CHSC)	1	0	0	0
Des Moines	Community Support Advocates	0	0	1	0
Des Moines	Community and Family Resources	0	1	0	0
Des Moines	Easterseals Iowa	1	0	0	0
Des Moines	Eyerly Ball	0	0	5	0
Des Moines	Full Circle Recovery Community Center	0	1	0	0
Des Moines	Iowa Harm Reduction Coalition	0	0	1	0
Des Moines	MercyOne	0	1	0	0
Des Moines	NAMI Iowa	0	0	1	0
Des Moines	NAMI Iowa - Office of Recovery Services	0	0	1	0
Des Moines	Orchard Place	1	0	0	0

⁸<https://iowapeersupport.sites.uiowa.edu/>

City	Organization	Family Peer Support Specialists	Peer Recovery Coaches	Peer Support Specialists	Other
Des Moines	Primary Health Care Homeless Support Services	0	0	2	0
Des Moines	Veterans Administration	0	0	1	0
Des Moines	Wellpoint (formerly Amerigroup)	0	0	0	1
Indianola	Central Iowa Recovery	0	0	1	0
Indianola	MercyOne	0	1	0	0
Johnston	Ellipsis	1	0	0	0
Johnston	Outside The Box	0	0	0	1
Knoxville	Inside Out Wellness & Advocacy	0	1	0	0
Knoxville	Resources for Human Development	0	0	1	0
Newton	Capstone Behavioral Health	1	0	2	0
Newton	MercyOne	0	1	0	0
Osceola	Crossroads Behavioral Health Services	1	0	1	0
Perry	Inside Out Wellness & Advocacy	0	1	0	0
Pleasant Hill	Thrive Now Recovery Center	0	1	0	0
Urbandale	Mosaic Haven, LLC	1	0	0	0
Webster City	Central Iowa Recovery	0	0	1	0
West Des Moines	Community Support Advocates	1	0	2	0
West Des Moines	Stepping Stone Family Services	1	0	0	0
West Des Moines	UCS Healthcare	0	1	0	0
Winterset	Crossroads Behavioral Health Services	1	0	1	0
Woodward	Inside Out Wellness & Advocacy	0	1	0	0

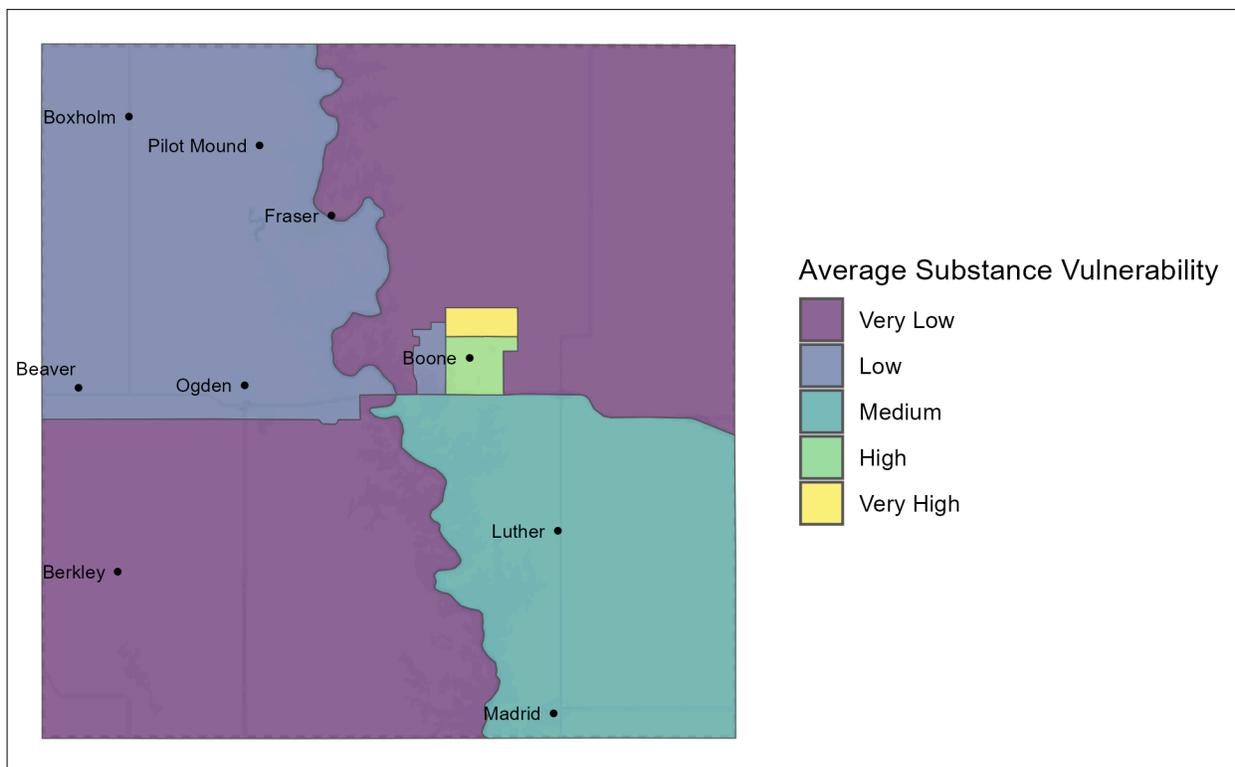
Which Neighborhoods in Your Community Need Additional Health Resources and Support?

Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners allocate resources more effectively for substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We used data from two sources, the Treatment Episode Admissions Datasets (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to uncover links between substance misuse and socio-demographic factors. The maps below use Census Bureau estimates of those same neighborhood characteristics by census tract. They display indexes for each substance, identifying areas that have the characteristics of vulnerable populations. These spots need focused resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's [dashboard for substance use vulnerability](https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/).⁹

Identifying towns and neighborhoods with high or low risk of substance use can aid public health efforts. This knowledge helps us take targeted actions based on specific risks in those areas. To aid in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

Figure 6: Overall Substance Use Vulnerability in Boone County



⁹https://publicsciencecollaborative.shinyapps.io/substance_use_vulnerability/

Figure 7: Opioid Vulnerability in Boone County

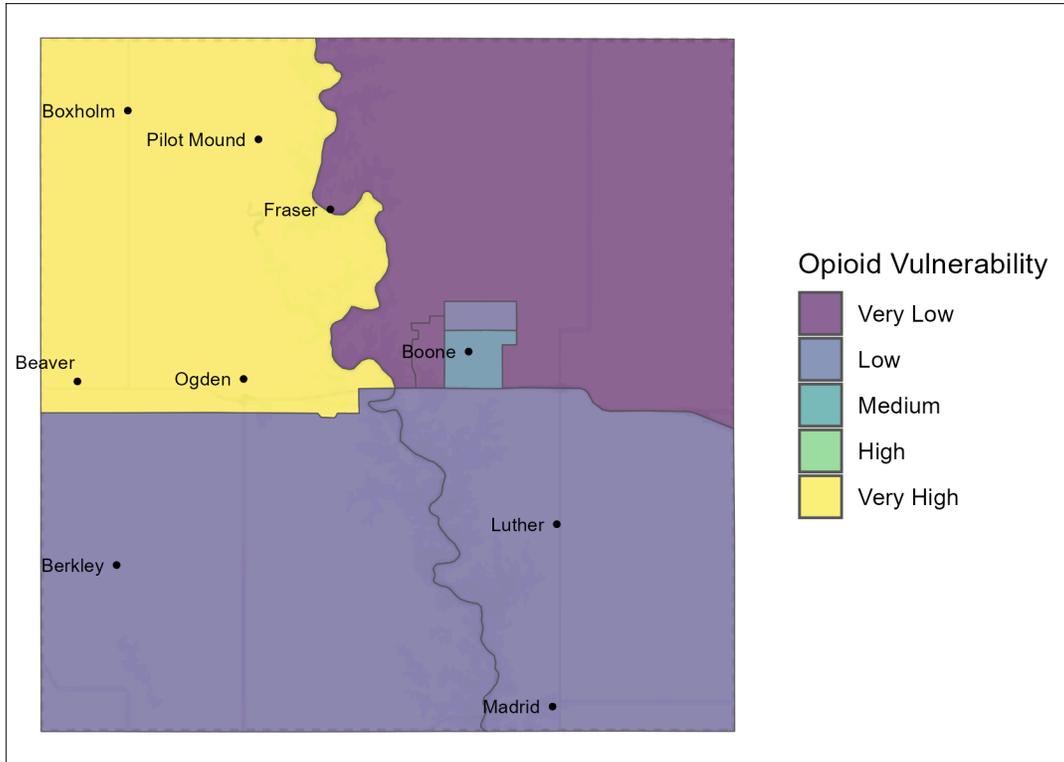


Figure 8: Methamphetamine Vulnerability in Boone County

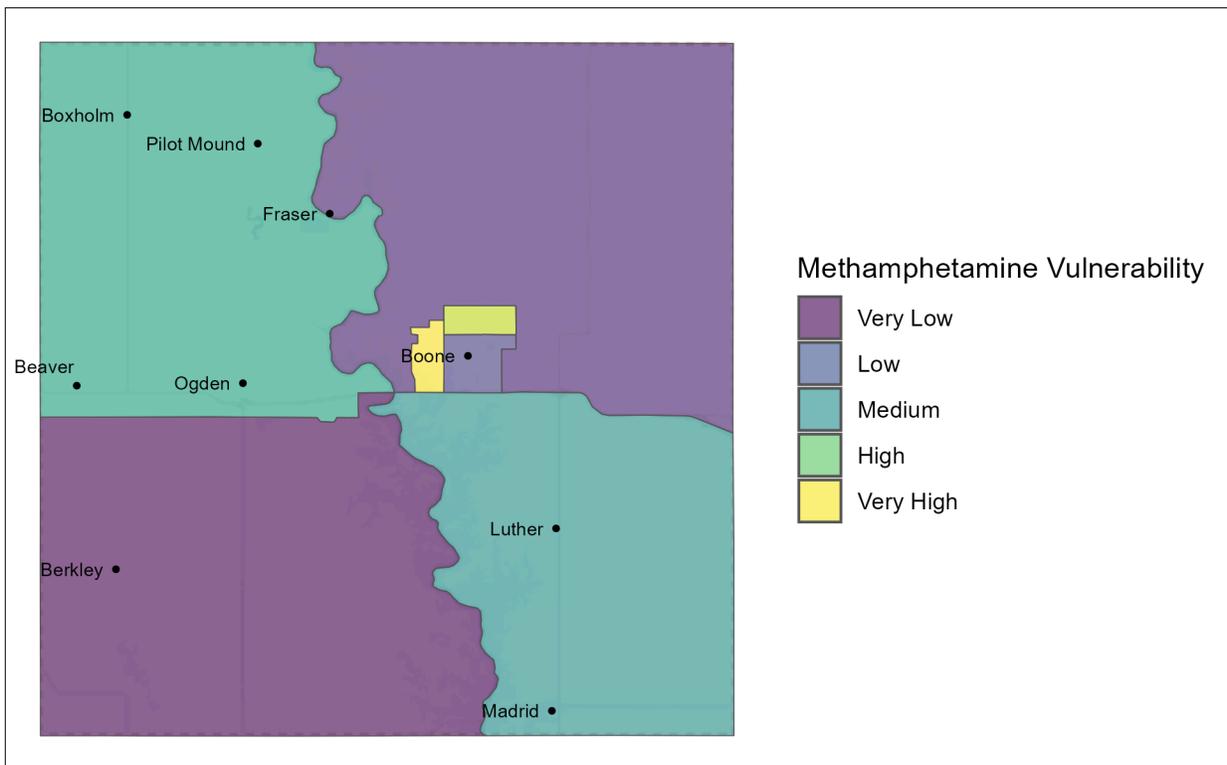


Figure 9: Heroin Vulnerability in Boone County

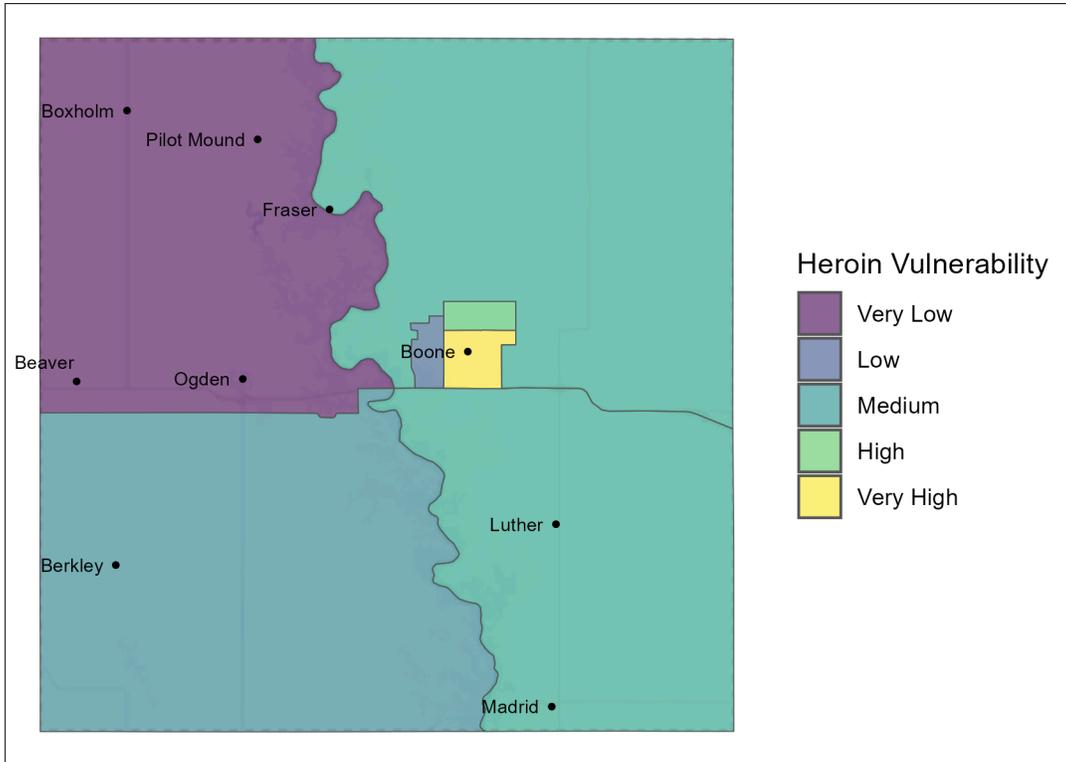


Figure 10: Alcohol Vulnerability in Boone County

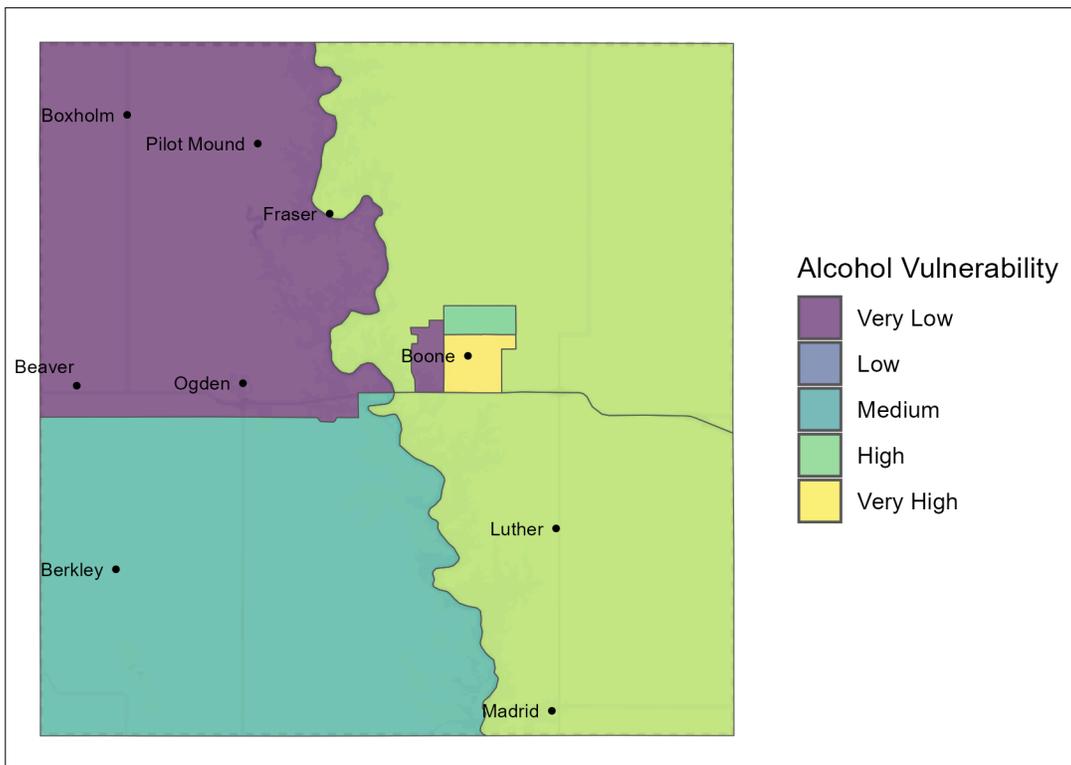


Figure 11: Cannabis Vulnerability in Boone County

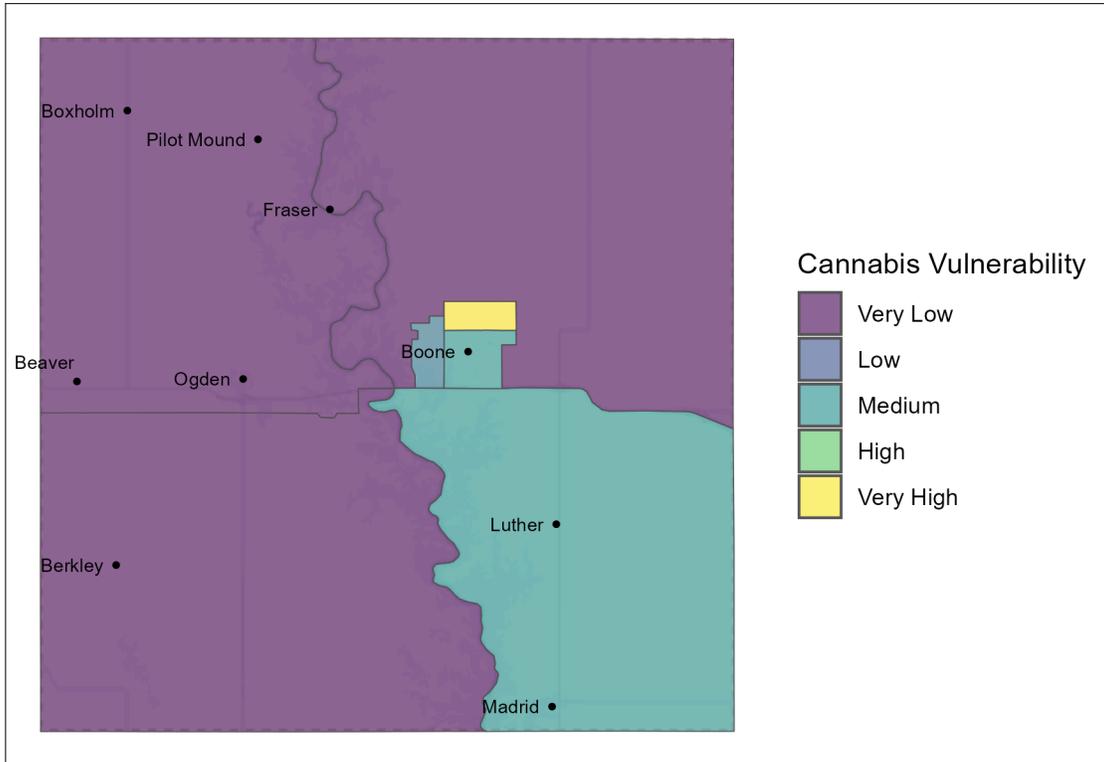


Figure 12: Cocaine Vulnerability in Boone County

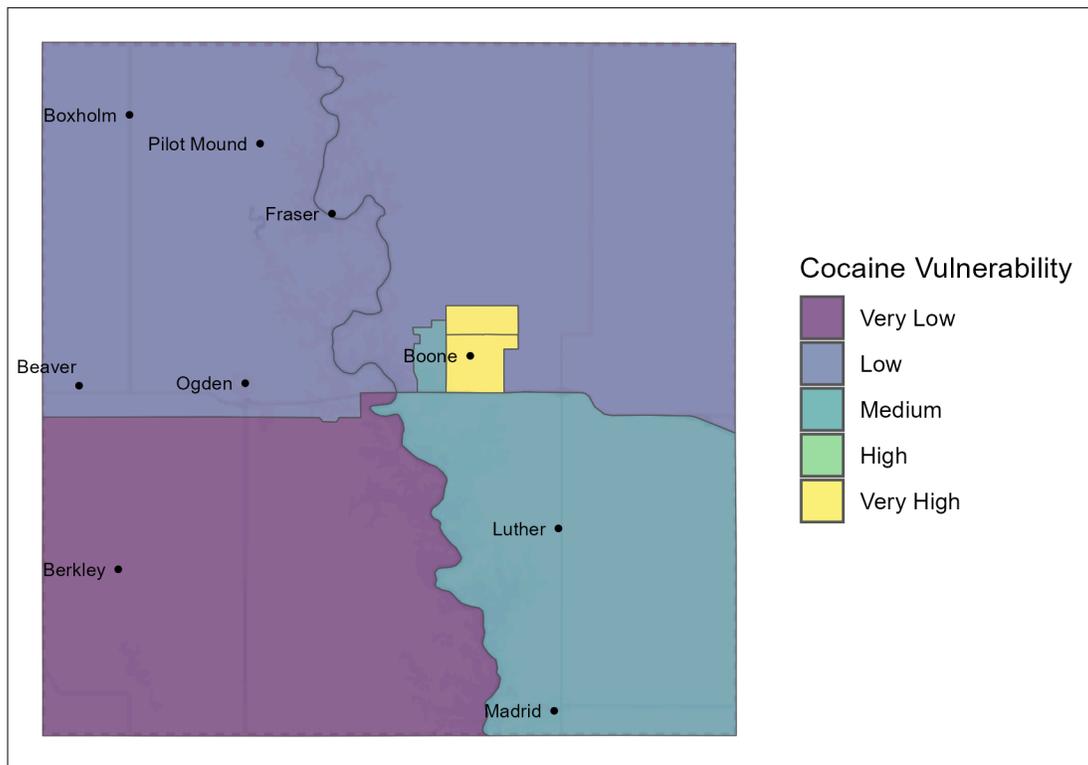
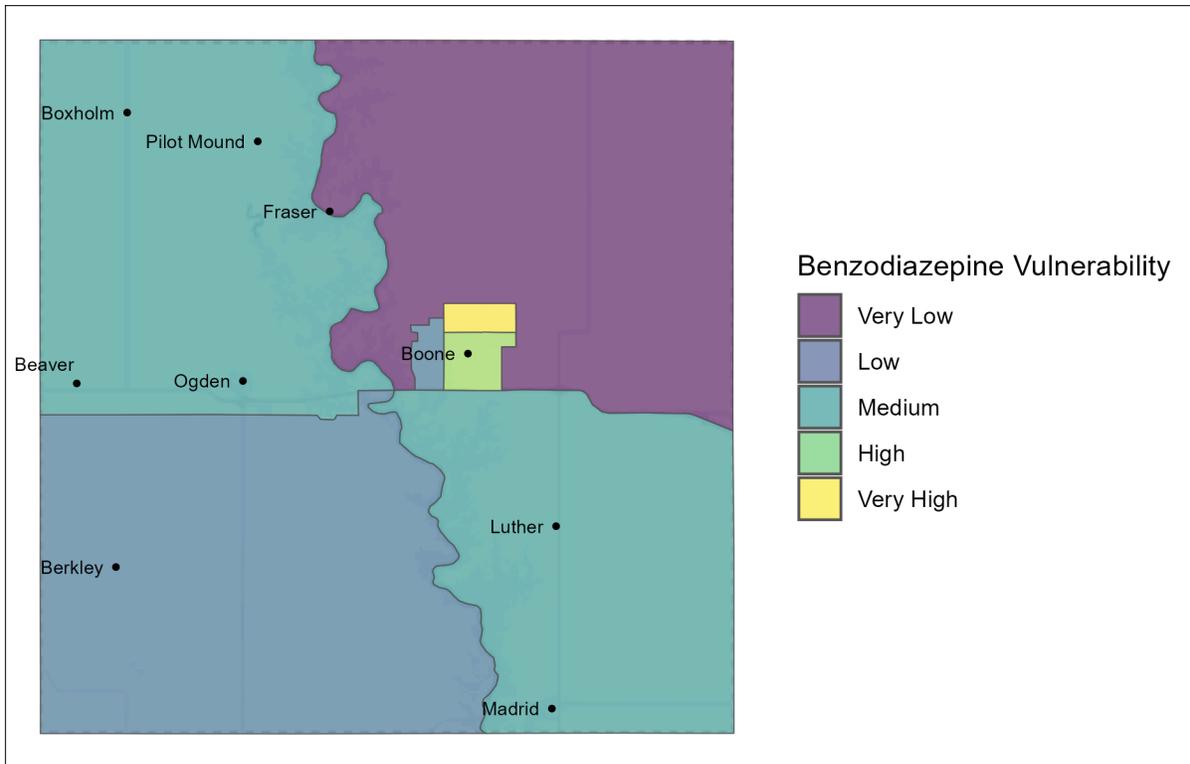


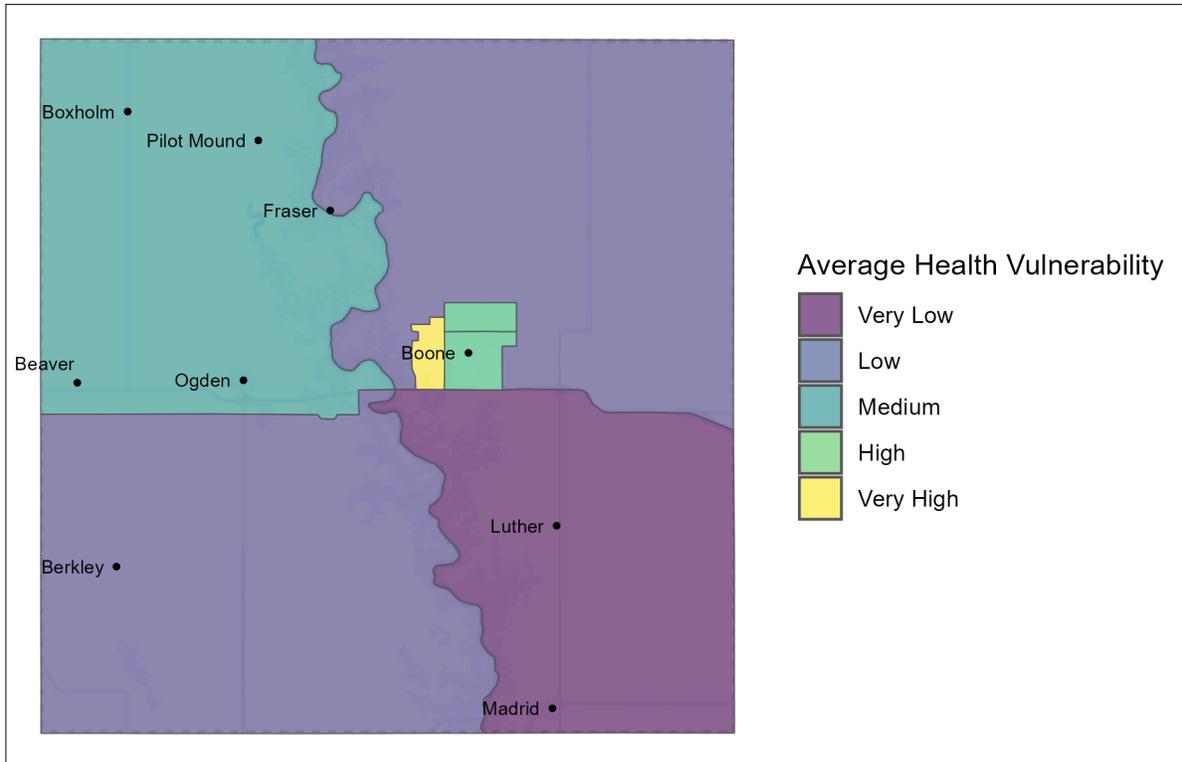
Figure 13: Benzodiazepine Vulnerability in Boone County



Social Determinants of Health

In addition to the substance use vulnerability maps above, the Public Science Collaborative also explored overall health vulnerabilities and disparities in Boone County, using the social determinants of health. By social determinants, we refer to social and environmental risks that impact a person's overall health and well-being. For example, in places with high average levels of education and low unemployment rates, people usually enjoy better health. In areas with low average incomes and high single parenting rates, health often suffers. Understanding social determinants of health can help community organizations and governments. It shows where there are neighborhoods that can benefit most from targeted investment to reduce health disparities. You can interactively explore social determinants of health across the state and look at individual components on [PSC's SDOH Dashboard](https://publicsciencecollaborative.shinyapps.io/sdoh/).¹⁰

Figure 14: Overall Health Vulnerability in Boone County



¹⁰<https://publicsciencecollaborative.shinyapps.io/sdoh/>

Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful for individuals in recovery. To collect this data, we used public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in Iowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several ways: simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs.

There are also several resource finder tools to help find a specific resource in an area, including the [Meetings Finder](#),¹¹ [Recovery Resource Finder](#),¹² [Well-Being Resource Finder](#),¹³ and [Physical Activity Resource Finder](#).¹⁴

Table 6: Recovery Resource Data Sources

Resource Type	Source
Beach	Iowa DNR
Library	Institute of Museum and Library Services
Playground	OpenStreetMap
Public Park	OpenStreetMap
Trail	OpenStreetMap
Outdoor Basketball Court	OpenStreetMap
Football Field	OpenStreetMap
Soccer Field	OpenStreetMap
Baseball/Softball Diamond	OpenStreetMap
Tennis Court	OpenStreetMap
Pickleball Court	OpenStreetMap
Outdoor Volleyball Court	OpenStreetMap
Other Sports Facilities	OpenStreetMap
Family Support Specialist	Wellpoint Peer Support Inventory
Mutual Aid Meeting	Various Websites
Peer Support Provider	Wellpoint Peer Support Inventory
Recovery Organizations (Community and Collegiate)	Manual Addition
SUD Recovery Coach	Wellpoint Peer Support Inventory
Lake	Iowa DNR
Access Center	Manual Addition
Drug Drop-off Site	Iowa Geodata
Hospital	Iowa Medicaid Provider Search
MAT Site	SAMHSA

¹¹<http://public-science.org/meetingfinder>

¹²<http://public-science.org/recoveryresources>

¹³<http://public-science.org/communityresources>

¹⁴<http://public-science.org/physicalactivity>

Resource Type	Source
Mental & Behavioral Health Center	Iowa DHHS
Rural Health Clinic	Iowa Association of Rural Health Clinics
SUD or Gambling Treatment Center	Iowa DHHS
VA Hospital or Clinic	U.S. Department of Veterans Affairs
YMCA	Heartland YMCA Alliance
Childcare Provider	Iowa DHHS
Recovery Housing	Iowa DHHS
Section 8 Housing	U.S. Department of Housing and Urban Development
Shelter	Homeless Shelters Directory
Intimate Partner Violence Program	Iowa Coalition Against Domestic Violence
Workforce Development Office	Iowa Workforce Development
College or University	Wikipedia
School	Iowa Department of Education
Place of Worship	ExpertGPS.com
State Park	Iowa DNR

Appendix 2: RRCI Rankings for Cities in Behavioral Health District 5

Table 7 adds on to the Recovery Ready Community Index table found earlier in the report. This table includes all 54 cities in behavioral health district 5 that have more than 1,000 people. The table is sorted by population, to help enable comparisons between cities in the district of similar sizes. You can use the information to see the relative strengths and weaknesses of communities across the district. Cities located in Boone County are bolded.

Table 7: RRCI in Behavioral Health Boone County Cities

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Des Moines	212,464	5 (out of 11)	64.7	1447	68.1	6.2
Ankeny	70,542	11 (out of 11)	62.3	509	72.2	3.1
West Des Moines	69,893	8 (out of 11)	63.6	506	72.4	4.0
Ames	66,112	10 (out of 11)	63.1	472	71.4	3.8
Urbandale	46,026	22 (out of 31)	62.8	258	56.1	5.2
Waukee	26,974	24 (out of 31)	62.0	214	79.3	2.2
Johnston	24,196	7 (out of 31)	68.2	282	116.5	2.1
Altoona	20,592	30 (out of 31)	60.4	117	56.8	3.4
Clive	18,776	28 (out of 31)	61.5	110	58.6	4.3
Indianola	15,918	19 (out of 31)	63.5	148	93.0	1.9
Grimes	15,810	15 (out of 31)	64.2	145	91.7	3.2
Newton	15,696	26 (out of 31)	61.7	128	81.5	1.9
Norwalk	13,610	27 (out of 31)	61.6	114	83.8	0.7
Boone	12,445	17 (out of 31)	63.8	103	82.8	4.0
Pleasant Hill	10,796	23 (out of 31)	62.7	95	88.0	2.8
Pella	10,624	3 (out of 31)	73.4	154	145.0	2.8
Bondurant	8,061	94 (out of 103)	37.8	76	94.3	0.0
Perry	7,928	58 (out of 103)	64.5	67	84.5	6.3
Webster City	7,769	81 (out of 103)	61.1	67	86.2	1.3
Knoxville	7,493	38.5 (out of 103)	68.0	76	101.4	6.7
Nevada	6,952	57 (out of 103)	64.7	74	106.4	1.4
Adel	6,259	66 (out of 103)	63.6	62	99.1	3.2
Polk City	5,833	87 (out of 103)	55.1	32	54.9	1.7
Osceola	5,495	21 (out of 103)	71.1	72	131.0	3.6
Winterset	5,384	15 (out of 103)	72.9	65	120.7	11.1
Windsor Heights	5,171	85 (out of 103)	57.5	27	52.2	5.8
Huxley	4,440	95 (out of 103)	36.7	44	99.1	0.0
Chariton	4,235	1 (out of 103)	80.9	73	172.4	9.4
Carlisle	4,187	69.5 (out of 103)	63.3	44	105.1	2.4

City	Population	Pop. Group Rank	RRCI	Resource Abundance-Absolute	Resource Abundance-Relative	Recovery Culture
Jefferson	4,164	53 (out of 103)	66.3	41	98.5	9.6
Saylorville	3,559	101 (out of 103)	28.1	22	61.8	0.0
Story City	3,363	98 (out of 103)	31.7	27	80.3	0.0
Madrid	2,803	72 (out of 103)	62.9	30	107.0	3.6
Mitchellville	2,557	103 (out of 103)	25.9	17	66.5	0.0
Lamoni	2,121	12 (out of 145)	81.8	47	221.6	4.7
Colfax	2,089	53 (out of 145)	60.6	19	91.0	9.6
Monroe	2,074	106 (out of 145)	38.6	26	125.4	0.0
Dallas Center	2,058	44 (out of 145)	65.6	25	121.5	4.9
Granger	1,919	56 (out of 145)	59.3	19	99.0	5.2
Ogden	1,902	23 (out of 145)	78.7	37	194.5	5.3
Pleasantville	1,883	30 (out of 145)	74.8	31	164.6	5.3
Leon	1,795	67 (out of 145)	51.8	37	206.1	0.0
Prairie City	1,649	103 (out of 145)	40.4	23	139.5	0.0
Corydon	1,566	84 (out of 145)	45.7	26	166.0	0.0
Slater	1,498	77 (out of 145)	47.9	27	180.2	0.0
Van Meter	1,469	69 (out of 145)	50.7	30	204.2	0.0
Roland	1,458	133 (out of 145)	28.1	14	96.0	0.0
Earlham	1,406	82 (out of 145)	46.9	25	177.8	0.0
Gilbert	1,300	79 (out of 145)	47.5	24	184.6	0.0
Baxter	1,251	131 (out of 145)	28.8	13	103.9	0.0
Melcher-Dallas	1,228	75 (out of 145)	48.4	24	195.4	0.0
Jewell Junction	1,225	105 (out of 145)	39.6	18	146.9	0.0
Sully	1,092	104 (out of 145)	40.3	17	155.7	0.0
Woodward	1,002	5 (out of 145)	83.7	23	229.5	29.9

Appendix 3: Mutual Aid Meetings In Boone County

Table 8: Mutual Aid Meeting Directory in Boone County

Meeting Type	Group	Address	Weekly Meeting #
Alcoholics Anonymous	<u>Boone Group</u>	917 10th St, Boone, IA 50036, USA	12
Alcoholics Anonymous	<u>Boone Group - Emotional Sobriety</u>	917 10th St, Boone, IA 50036, USA	1
Alcoholics Anonymous	<u>Boone Women’s Group</u>	917 10th St, Boone, IA 50036, USA	1
Alcoholics Anonymous	<u>Dead End Monday Night Madrid Meeting</u>	209 W 2nd St, Madrid, IA 50156, USA	1
Alcoholics Anonymous	<u>Ogden Group</u>	208 W Mulberry St, Ogden, IA 50212, USA	1
Al-Anon	Boone AFG	915 12th St, Boone, IA, 50036, USA	1
Narcotics Anonymous	Gimme 12 Steps	917 10th St, Boone, IA 50036, USA	3
Alcoholics Anonymous	<u>Campfire Eatin’ Meetin’ WEATHER DEPENDANT</u>	2039 M Ave, Woodward, IA 50276, USA	1

Appendix 4: Resources In Boone County

Table 9: Recovery Resource Directory in Boone County

Resource Type	Name	Address
Baseball/Softball Diamond	3 Baseball/Softball Diamonds	Boone County, Iowa, 50036, United States
Baseball/Softball Diamond	20 Baseball/Softball Diamonds	Boone, Boone County, Iowa, 50036, United States
Baseball/Softball Diamond	6 Baseball/Softball Diamonds	Madrid, Boone County, Iowa, 50156, United States
Baseball/Softball Diamond	6 Baseball/Softball Diamonds	Ogden, Boone County, Iowa, 50212, United States
Baseball/Softball Diamond	2 Baseball/Softball Diamonds	Woodward, Boone County, Iowa, 50276, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	Boone County, Iowa, 50036, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	Boone County, Iowa, 50212, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Boone, Boone County, Iowa, 50036, United States
Outdoor Basketball Court	1 Outdoor Basketball Court	Madrid, Boone County, Iowa, 50156, United States
Outdoor Basketball Court	3 Outdoor Basketball Courts	Ogden, Boone County, Iowa, 50212, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	Woodward, Boone County, Iowa, 50276, United States
Beach	Don Williams Recreation Area	653 Hawkeye Ln, Ogden, IA 50212
Childcare Provider	Amy Ingram	1541 14th ST, Boone, IA, 50036
Childcare Provider	Angela Conley	243 SW 2nd ST, Ogden, IA, 50212
Childcare Provider	Boone Extended Preschool	1805 Hancock DR, Boone, IA, 50036
Childcare Provider	Child Care Junction	1111 S Linn ST, Boone, IA, 50036
Childcare Provider	Christy Parker	2347 210th ST, Ames, IA, 50014
Childcare Provider	Crystal Leaf-Mullin	703 W 9th ST, Boone, IA, 50036
Childcare Provider	Drake University Head Start-Boone	1111 S Linn St, Boone, IA, 50036
Childcare Provider	E.L.M. Street Preschool	319 W Elm St, Ogden, IA, 50212
Childcare Provider	Future Bulldogs Child Care	119 SW 2nd ST, Ogden, IA, 50212
Childcare Provider	Heart 2 Heart	1111 Marshall St, Boone, IA, 50036
Childcare Provider	Jimita Consier	407 NW 3rd ST, Ogden, IA, 50212
Childcare Provider	Julie Baker	1904 Benton ST, Boone, IA, 50036
Childcare Provider	Kim's Clubhouse & Daycare LLC	516 Linn ST, Boone, IA, 50036
Childcare Provider	Lexus Davidson	713 W Sycamore ST, Ogden, IA, 50212
Childcare Provider	Megan Valen	308 SE 4th ST, Ogden, IA, 50212
Childcare Provider	Micaela Krause	303 W 22nd ST, Madrid, IA, 50156
Childcare Provider	Nyarok Kouk	2110 Carroll ST, Boone, IA, 50036

Resource Type	Name	Address
Childcare Provider	<u>Ogden CSD-Ogden Early Learning Center</u>	307 SE 2nd Street, Ogden, IA, 50212
Childcare Provider	<u>Rebecca Haner</u>	441 Fairview DR, Madrid, IA, 50156
Childcare Provider	<u>Rebecca Hanson</u>	1541 6th ST, Boone, IA, 50036
Childcare Provider	<u>Rojane Francis</u>	1027 Crawford ST, Boone, IA, 50036
Childcare Provider	<u>Sharon Braland</u>	766 216th DR, Ogden, IA, 50212
Childcare Provider	<u>Shellie Allen</u>	420 N Kennedy AVE, Madrid, IA, 50156
Childcare Provider	<u>Tiger Tots Community Child Care Center Inc</u>	613 W North ST, Madrid, IA, 50156
Childcare Provider	<u>Tricia Trampel</u>	503 10th ST, Boone, IA, 50036
Childcare Provider	<u>Trinity Lutheran Preschool</u>	712 12th St, Boone, IA, 50036
Childcare Provider	<u>YSS Boone Kids Club</u>	1805 Hancock Dr, Boone, IA, 50036
Childcare Provider	<u>YSS Ogden Kids Club</u>	313 W Sycamore St, Ogden, IA, 50212
Childcare Provider	<u>YSS United Kids Club</u>	1284 U Ave, Boone, IA, 50036
Drug Drop-off Site	Boone County Sheriff Office	1019 West Mamie Eisenhower, Boone, IA, 50036
Drug Drop-off Site	Hy-Vee Pharmacy	1111 8th St, Boone, IA, 50036
Drug Drop-off Site	Medicap Pharmacy	411 Annex Road, Madrid, IA, 51056
Drug Drop-off Site	Swanson Drug	305 W. Walnut St., Ogden, IA, 50212
Football Field	2 Football Fields	Boone, Boone County, Iowa, 50036, United States
Football Field	1 Football Field	Madrid, Boone County, Iowa, 50156, United States
Football Field	1 Football Field	Ogden, Boone County, Iowa, 50212, United States
Hospital	Boone County Hospital	1015 Union St, Boone, IA 50036
Lake	Dickcissell Lake	1797 219th Ln, Boone, IA 50036
Lake	Don Williams Lake	750 162nd Ln, Ogden, IA 50212
Lake	Fraser	592 Juniper Rd, Pilot Mound, IA 50223
Lake	Fraser Pit	598 Juniper Rd, Pilot Mound, IA 50223
Lake	Jay Carlson (south)	US-30, Boone, IA 50036
Lake	Jay Carlson Pit (east)	US-30, Boone, IA 50036
Lake	Jay Carlson Pit (west)	1171 County Rd E41, Boone, IA 50036
Lake	McHose Park Pond	1274 McHose, Boone, IA 50036
Library	Ericson Public Library	702 Greene St, Boone, Boone, IA, 50036
Library	Leonard A. Good Community Library	208 W Mulberry St, Boone, Ogden, IA, 50212
Library	Madrid Public Library	100 W 3rd St, Boone, Madrid, IA, 50156

Resource Type	Name	Address
MAT Site	Dr. Christopher Marshall Covert D.O.	1223 Center Street Suite 22, Des Moines, IA, 50325
MAT Site	Dr. Rienera Sivesind M.D.	120 South Story Street, Boone, IA, 50036
NA	<u>Yss</u>	105 S Marshall St, Boone, IA 50036
Other Sports Facilities	Human Foosball	Boone County, Iowa, 50276, United States
Other Sports Facilities	3 Other Sports Facilities	Boone County, Iowa, 50036, United States
Other Sports Facilities	1 Other Sports Facility	Boone County, Iowa, 50212, United States
Other Sports Facilities	1 Other Sports Facility	Boone, Boone County, Iowa, 50036, United States
Other Sports Facilities	1 Other Sports Facility	Boxholm, Boone County, Iowa, 50217, United States
Public Park	Kate Shelley Memorial Park	1198 232nd St, Boone, IA 50036
Peer Support Provider	<u>Rose Center</u>	920 6th St, Boone, IA 50036
Place of Worship	<u>Augustana Lutheran Church</u>	309 S Greene St, Boone, IA 50036, USA
Place of Worship	<u>Battin Chapel</u>	896 216th Dr, Ogden, IA 50212, USA
Place of Worship	<u>Beaver Church of the Brethren</u>	115 2nd St, Beaver, IA 50031, USA
Place of Worship	<u>Beaver Creek Church</u>	97 260th St, Ogden, IA 50212, USA
Place of Worship	<u>Berean Baptist Church</u>	349 SW Ringgold St, Boone, IA 50036, USA
Place of Worship	<u>Bethel Church</u>	1726 L Ave, Boone, IA 50036, USA
Place of Worship	<u>Boone Biblical Memorial Church</u>	921 W 2nd St, Boone, IA 50036, USA
Place of Worship	<u>Central Christ Church</u>	803 Greene St, Boone, IA 50036, USA
Place of Worship	<u>Church of Christ</u>	313 E 1st St, Madrid, IA 50156, USA
Place of Worship	<u>Church of God</u>	104 E 1st St, Madrid, IA 50156, USA
Place of Worship	<u>Church of God Prophecy</u>	W5H3+84 Luther, IA, USA
Place of Worship	<u>Church of God of Prophecy</u>	2127 Crawford St, Boone, IA 50036, USA
Place of Worship	<u>Church of the Nazarene</u>	1415 Story St, Boone, IA 50036, USA
Place of Worship	<u>Church of the Open Bible</u>	1120 Hancock Dr, Boone, IA 50036, USA
Place of Worship	<u>Community United Methodist Church</u>	337 SW 2nd St, Ogden, IA 50212, USA
Place of Worship	<u>Cornerstone Alliance Church</u>	610 Division St, Boone, IA 50036, USA
Place of Worship	<u>Eternal Life Church</u>	112 Luther St, Madrid, IA 50156, USA
Place of Worship	<u>Evangelical Free Church</u>	1446 Kate Shelley Dr, Boone, IA 50036, USA
Place of Worship	<u>Fairview Church</u>	2161 Deer Ave, Perry, IA 50220, USA
Place of Worship	<u>First Baptist Church</u>	612 8th St, Boone, IA 50036, USA
Place of Worship	<u>First Presbyterian Church</u>	703 Greene St, Boone, IA 50036, USA
Place of Worship	<u>First United Methodist Church</u>	703 Arden St, Boone, IA 50036, USA
Place of Worship	<u>Garden Prairie Church</u>	Garden Prairie Cemetery, 2051 290th St, Madrid, IA 50156, USA

Resource Type	Name	Address
Place of Worship	<u>Grace Episcopal Church</u>	715 8th St, Boone, IA 50036, USA
Place of Worship	<u>Immanuel Lutheran Church</u>	119 SW 2nd St, Ogden, IA 50212, USA
Place of Worship	<u>Kingdom Hall of Jehovah's Witnesses</u>	1115 W 4th St, Boone, IA 50036, USA
Place of Worship	<u>Methodist Church</u>	201 3rd St, Pilot Mound, IA 50223, USA
Place of Worship	<u>Mineral Ridge Baptist Church</u>	228 Nature Rd, Boone, IA 50036, USA
Place of Worship	<u>Napier Community Church</u>	1598 X Ave, Ames, IA 50014, USA
Place of Worship	<u>Napier United Methodist Church</u>	1598 X Ave, Ames, IA 50014, USA
Place of Worship	<u>Ogden Baptist Church</u>	619 NW 2nd St, Ogden, IA 50212, USA
Place of Worship	<u>Prairie Center Church</u>	1897 195th St, Boone, IA 50036, USA
Place of Worship	<u>Sacred Heart Catholic Church</u>	921 12th St, Boone, IA 50036, USA
Place of Worship	<u>Saint Johns Church</u>	3VRF+XH Beaver, IA, USA
Place of Worship	<u>Saint Johns Church</u>	801 W Division St, Ogden, IA 50212, USA
Place of Worship	<u>Saint Johns Lutheran Church</u>	104 S Market St, Madrid, IA 50156, USA
Place of Worship	<u>Saint Marion United Methodist Church</u>	715 W 5th St, Boone, IA 50036, USA
Place of Worship	<u>Saint Marys Church</u>	1597 120th St, Boone, IA 50036, USA
Place of Worship	<u>Saint Paul United Church of Christ</u>	115 S Cedar St, Madrid, IA 50156, USA
Place of Worship	<u>Seventh Day Adventist Church</u>	628 Linn St, Boone, IA 50036, USA
Place of Worship	<u>Swede Valley Church</u>	1619 H Ave, Ogden, IA 50212, USA
Place of Worship	<u>Trinity Lutheran Church</u>	502 2nd St, Boxholm, IA 50040, USA
Place of Worship	<u>United Methodist Church</u>	303 Third St, Boxholm, IA 50040, USA
Place of Worship	<u>United Methodist Church</u>	609 6th St, Sheldahl, IA 50243, USA
Place of Worship	<u>Zion Lutheran Church</u>	319 W Elm St, Ogden, IA 50212, USA
Rural Health Clinic	<u>Boone County Family Medicine Ogden</u>	320 W Walnut Street, Ogden, IA, 50212
Rural Health Clinic	<u>Madrid Family Practice Clinic</u>	623 W North St, Madrid, IA, 50156
School	Boone High School	400 7th St, Boone, IA
School	Boone Middle School	1640 1st, Boone, IA
School	Franklin Elementary School	1903 Crawford Street, Boone, IA
School	Ledges Elementary School	1805 Hancock Drive, Boone, IA
School	Madrid Elementary Preschool	201 N Main St, Madrid, IA
School	Madrid Elementary School	213 W 1st St, Madrid, IA
School	Madrid High School	599 N Kennedy, Madrid, IA
School	Madrid Junior High School	599 N Kennedy, Madrid, IA
School	Ogden Elementary School	313 W Sycamore, Ogden, IA
School	Ogden High School	732 W Division, Ogden, IA
School	Ogden Middle School	732 W. Division St., Ogden, IA
School	Sacred Heart School	1111 Marshall Street, Boone, IA

Resource Type	Name	Address
School	Trinity Lutheran School	712 12th St, Boone, IA
School	United Community School	1284 U Ave, Boone, IA
School	Woodward Academy	1251 334th St, Woodward, IA
Section 8 Housing	Pinnacle Apartments	316 2nd Street, Boone, IA, 50036
Soccer Field	U14 Practice Field	Ogden, Boone County, Iowa, 50212, United States
Soccer Field	1 Soccer Field	Boone, Boone County, Iowa, 50036, United States
Soccer Field	1 Soccer Field	Madrid, Boone County, Iowa, 50156, United States
Soccer Field	2 Soccer Fields	Ogden, Boone County, Iowa, 50212, United States
SUD or Gambling Treatment Center	<u>Community and Family Resources, Inc.</u>	1332 South Marshall St., Boone, IA, 50036
SUD or Gambling Treatment Center	<u>Eyerly Ball Community Mental Health Services</u>	105 S. Marshall St., Boone, IA, 50036
SUD or Gambling Treatment Center	<u>Inside Out Wellness and Advocacy</u>	1975 K Ave., Woodward, IA, 50276
SUD or Gambling Treatment Center	<u>Woodward Youth Corporation</u>	1251 334th St., Woodward, IA, 50276
SUD or Gambling Treatment Center	<u>Yss</u>	105 S. Marshall St, Boone, IA, 50036
Tennis Court	8 Tennis Courts	Boone, Boone County, Iowa, 50036, United States
Tennis Court	2 Tennis Courts	Madrid, Boone County, Iowa, 50156, United States
Tennis Court	1 Tennis Court	Woodward, Boone County, Iowa, 50276, United States
Outdoor Volleyball Court	2 Outdoor Volleyball Courts	Boone County, Iowa, 50036, United States
YMCA	Des Moines Y Camp	1192 166th Dr, Boone, IA 50036