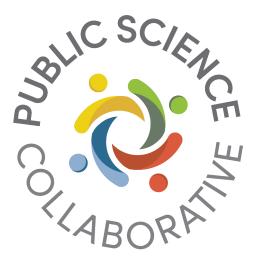


# **Recovery Readiness Assessment: West Des Moines**

September, 2024



Report provided to the Iowa Department of Health and Human Services

This project is supported by State Opioid Response funds through the Iowa Department of Health and Human Services, Bureau of Substance Use (IowaHHS) via a subaward from the Substance Abuse and Mental Health Services Administration (SAMHSA) of the U.S. Department of Health and Human Services (HHS). The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement by, IowaHHS, SAMHSA/HHS, or the U.S. Government.

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## Overview

At the request of the Iowa Department of Health and Human Services, Bureau of Substance Use, the Public Science Collaborative (PSC) developed community-specific reports to support recovery efforts in Iowa. Recognizing the need to strengthen substance use recovery efforts throughout the state, we identified a large number of existing recoveryoriented resources in West Des Moines, which we describe and map in the following pages. We developed additional maps to identify at-risk neighborhoods that will benefit from targeted health interventions and additional community resources. For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Cassandra Dorius at cdorius@iastate.edu.

In this report, we define recovery and recovery-ready communities and describe some of the recovery organizations that are emerging across lowa. We then describe the recovery resources that we collected for your community, providing summary information about where your community has strength and where its resource base can look to grow in the future. We then show you how your community recovery services and resources align with the Substance Abuse and Mental Health Administration (SAMHSA) categories of recovery and where those resources are in your community. We also classified your community assets according to the Centers for Disease Control's social determinants of health framework, which can be useful as you think holistically about the health and well-being of people living there.

We have added two other sets of data and maps in this report that might be helpful in your recovery readiness planning. The first is a set of maps that identify substance use vulnerability for census tracts in your community. These can be helpful in knowing what kinds of substances people are most likely to be recovering from in your community, where to marshal resources and efforts to support at-risk neighborhoods, and where to plan events that meet people where they are. A second set of data and maps project neighborhood-level scores for a community health index that measures the social determinants of health problems. This index is designed to help practitioners and local community groups better understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of individuals and families.

## What is a Recovery-Ready Community?

### What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) use the following working definition:

"A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential."

A second useful definition of recovery that has influenced the PSC approach to recovery community readiness was developed by Bill White:

"Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life."

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, alcohol advertising, and schools, can lead to an early onset of recovery, longer recovery, and more stable recovery. One way these external resources contribute to recovery is through their impact on individual recovery capital. If we knew which resources were most helpful to long-run recovery, we could target towns and cities with large stocks of 'recovery resources' to grow Recovery Community Centers.

#### What is Recovery Readiness?

A recovery-ready community provides a comprehensive and supportive environment for individuals recovering from substance use disorders (SUD). This includes a continuum of care that spans prevention, treatment, and long-term recovery support. Key elements include accessible healthcare, peer support networks, educational and employment opportunities, harm reduction services, anti-stigma initiatives, and a sense of purpose. By fostering collaboration among community members, institutions, and policymakers, a recovery-ready community aims to create a nurturing ecosystem that promotes sustained recovery and overall well-being.

In lowa, a recovery-ready community supports multiple recovery pathways, meets the needs of its recovery population, is integrated and coordinated across the formal and informal recovery-oriented system of care, and has a vibrant recovery culture.

## What is a Recovery Community Organization?

Recovery organizations are groups or institutions that support individuals recovering from substance use disorders. While recovery organizations come in many forms, they share a common commitment to providing a range of services and resources to help people sustain their recovery, improve their health and well-being, and reintegrate into society. Most community-based recovery organizations will offer some form of peer support, either in the form of peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations also offer a substance-free environment where all are welcome and people in recovery can receive guidance in daily living activities such as finding stable housing, a job, volunteer opportunities, recreation and social groups, and linkages to legal support, for example. A few of the most well-known recovery organizations include:

- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- Recovery Community Centers: These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate life-skills training, social activities, employment assistance, housing assistance, and linkages to educational resources. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafés often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The Recovery Café Network<sup>1</sup> is a good starting place to learn more.
- Recovery High Schools and Collegiate Recovery Programs: These educational institutions provide a supportive environment for students in recovery, helping them achieve academic success while maintaining their sobriety. They do this in much the same way as community centers and cafes, by offering peer support, community, and recovery-focused activities. Iowa currently has three collegiate recovery programs.

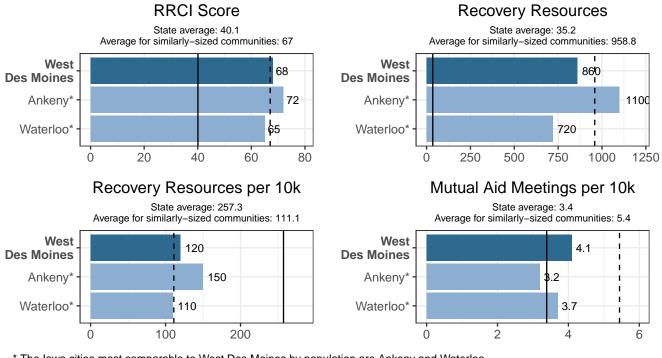
<sup>&</sup>lt;sup>1</sup>https://recoverycafenetwork.org/

## Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa's cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of 'Recovery Ready' communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three sub-indices: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community's score is calculated by its percentile rank among all lowa communities. For instance, the community with the most resources has a total resources percentile score of 99, while the one with the fewest has a score of 0. A community's overall recovery readiness score is the average of its percentile ranking across each of the three sub-indices. The Public Science Collaborative designed and created a public-facing, interactive dashboard<sup>2</sup> that allows people to for further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Figure 1 below displays recovery resources in West Des Moines compared to the two Iowa cities most similar in population, Ankeny and Waterloo, as well as the state average and average for cities in a similar population group (50,000+).



\* The Iowa cities most comparable to West Des Moines by population are Ankeny and Waterloo.

\*\* The solid vertical line represents the average for all 944 communities in Iowa and the dashed vertical line represents the average for Iowa communities with populations of 50,000+ people.

Figure 1: Recovery Resources in West Des Moines

West Des Moines ranks 4th of 11 on the RRCI in its size category (50,000+). In the same population group, West Des Moines ranks 7th in total resources, 3rd in resources per 10,000 people, and 7th in mutual aid meetings per 10,000 people.

In addition to the RRCI, a community might also consider resource diversity. That is, whether West Des Moines has a wide range of types of resources to support multiple pathways to recovery. On this measure, West Des Moines has 18 types of non-meeting resources, compared to the average of 19.7 for cities with a population of 50,000+.

<sup>2</sup>https://publicsciencecollaborative.shinyapps.io/RRCI/

## What Are the Resources in Your Community?

Overall, West Des Moines has 28 mutual aid meetings and 451 non-meeting recovery resources non-meeting recovery resources. The tables below include data about the specific kinds of mutual aid meetings and other recovery resources available in your community. Appendices 2 and 3 have a full list of these resources. Following the tables, we have prepared maps that break up the data into categories of similar types of resources and show where resources are located in West Des Moines. These maps can be used to help identify areas that already have plentiful recovery resources and those that have limited resources and may need additional support.

Meeting Type	Total Meeting Locations	Total Meetings
Alcoholics Anonymous Al-Anon	19	19 8
Celebrate Recovery	1	1

Table 1: Types of Mutual Aid Meetings in West Des Moines

Table 2: Types	of Recovery Resource	es in West Des Moines

Resource Type	Total Resources
Playground	104
Childcare Provider	59
Tennis Court	57
Public Park	33
Baseball/Softball Diamond	32
Place of Worship	31
Outdoor Basketball Court	27
Soccer Field	22
School	17
Other Sports Facilities	12
Outdoor Volleyball Court	10
Pickleball Court	10
Drug Drop-off Site	7
Mental & Behavioral Health Center	5
Football Field	4
SUD or Gambling Treatment Center	4
Peer Support Provider	3
Hospital	2
Lake	2
MAT Site	2
Family Support Specialist	1
Intimate Partner Violence Program	1
Library	1
Recovery Housing	1
SUD Recovery Coach	1
Section 8 Housing	1
VA Hospital or Clinic	1
YMCA	1

### **SAMHSA Dimensions of Recovery Resources**

As defined by SAMHSA, recovery is "A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential." Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different parts of life and the different resources that are useful in supporting recovery. The following maps identify resources in West Des Moines that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include (Click here for more information<sup>3</sup>):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- Health (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- Home (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- Purpose (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

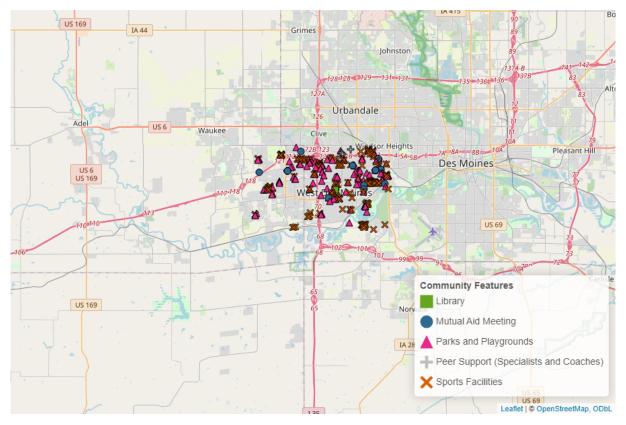


Figure 2: Community Resources in West Des Moines

<sup>3</sup>https://www.samhsa.gov/find-help/recovery

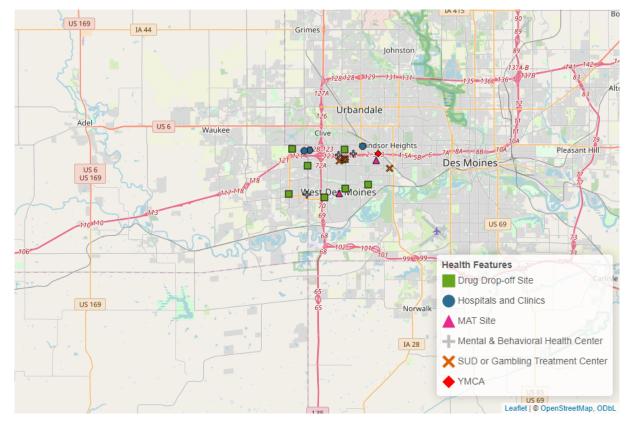


Figure 3: Health Resources in West Des Moines

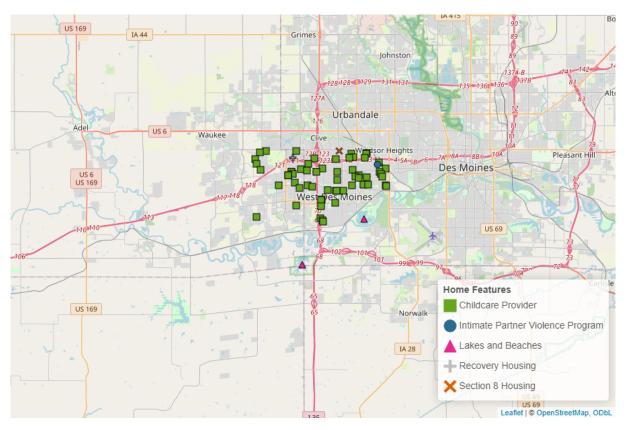


Figure 4: Home Resources in West Des Moines

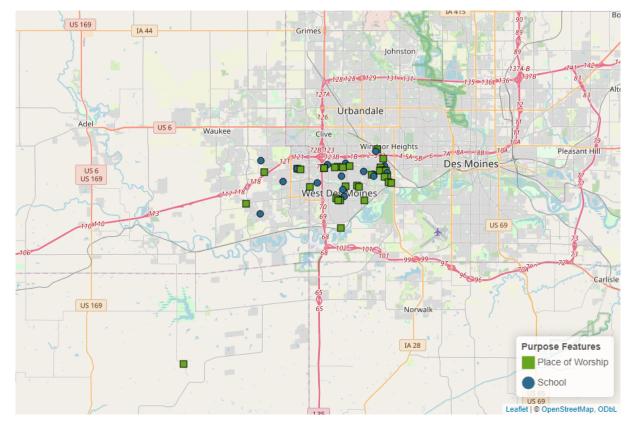


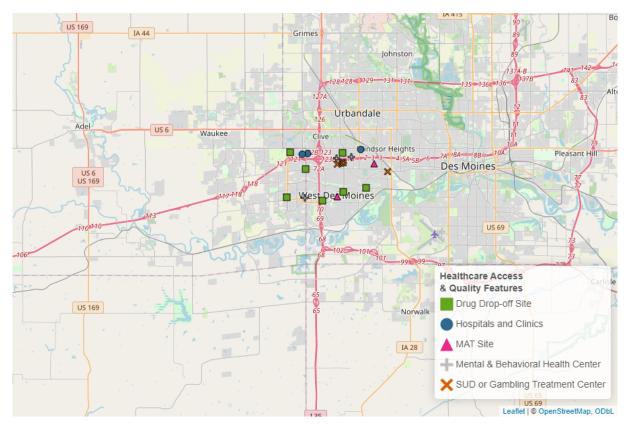
Figure 5: Purpose Resources in West Des Moines

#### Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person's life that contribute to their overall well-being. For example, a family that living in an area with limited resources supporting families and children (such as childcare providers and parks or playgrounds) may experience other struggles as a result, like increased transportation costs that place stressors on a family's finances. These maps can also be used in conjunction with the population data in the next section to help identify vulnerable populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources.

The SDOH categories include (Click here for more information<sup>4</sup>):

- Health Care Access and Quality (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- Social and Community Context (Peer Support–Specialists and Coaches, Recovery Organizations– Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- Neighborhood and Built Environment (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- Education Access and Quality (Colleges and Universities, K-12 Schools)
- Economic Stability (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Workforce Development Offices)



#### Figure 6: Heath Care Access and Quality Resources in West Des Moines

<sup>&</sup>lt;sup>4</sup>https://health.gov/healthypeople/priority-areas/social-determinants-health

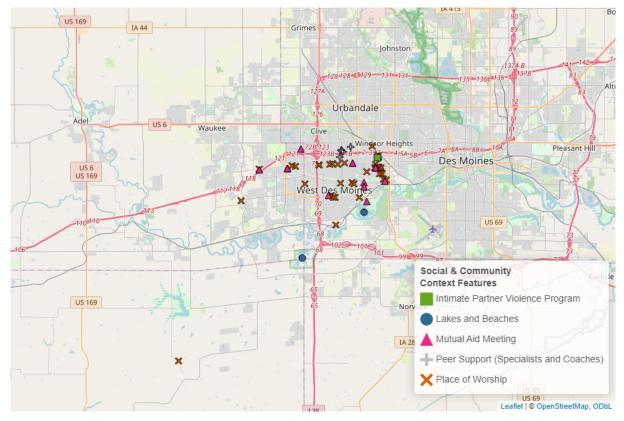


Figure 7: Social and Community Context Resources in West Des Moines

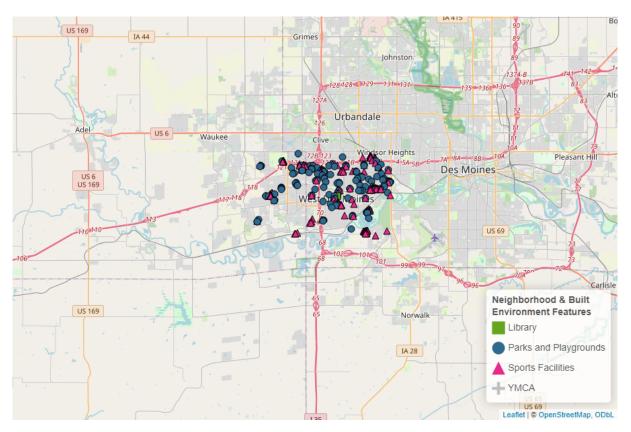


Figure 8: Neighborhood and Built Environment Resources in West Des Moines

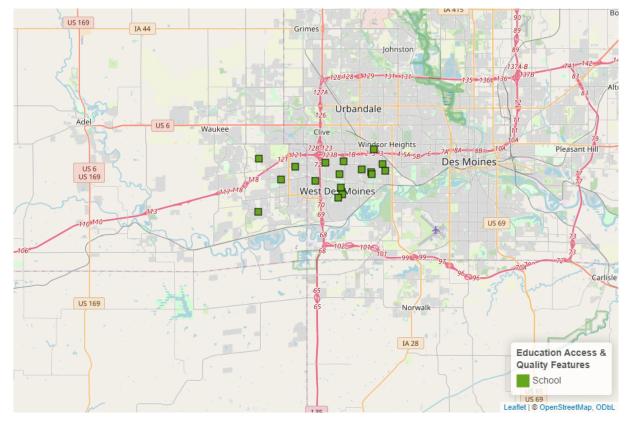


Figure 9: Education Access and Quality Resources in West Des Moines

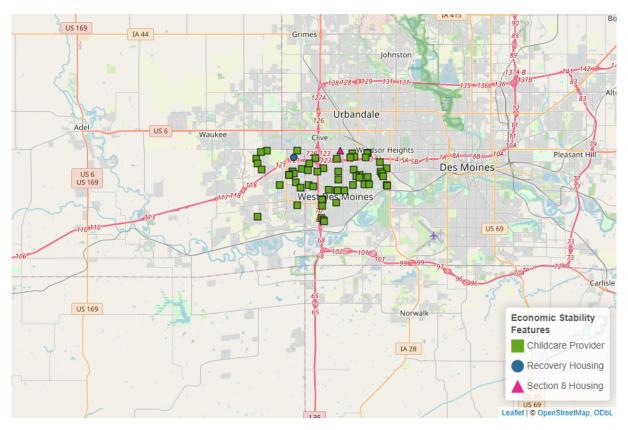


Figure 10: Economic Stability Resources in West Des Moines

# Which Neighborhoods in Your Community Need Additional Health Resources and Support?

## Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners resources more effectively target substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We estimated statistical models using administrative data from the Treatment Episode Admissions Dataset (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to measure significant relationships between substances of misuse and socio-demographic characteristics known to affect health equity and substance use vulnerability. These maps use Census Bureau estimates of these same neighborhood characteristics, by census tract, to create indexes for each substance. Once mapped, these data help us to identify places with especially high concentrations of at-risk characteristics that need targeted resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's dashboard for substance use vulnerability.<sup>5</sup>

Identification of towns and neighborhoods with exceptionally high (or low) risk of harmful use of a specific substance can guide public health outreach efforts and enable more targeted, substance-specific interventions based on known neighborhood risk factors. To assist in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

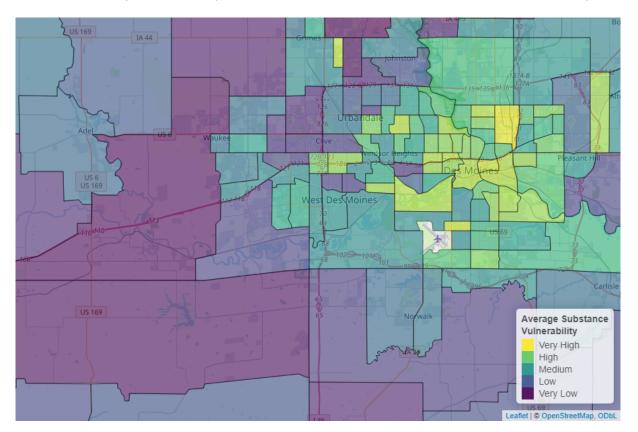


Figure 11: Overall Substance Use Vulnerability in West Des Moines

Overall substance use vulnerability varies by neighborhood in West Des Moines, but is generally about equal to other communities in Iowa. Due to neighborhood vulnerability, specific neighborhoods may benefit from a targeted approach rather than community-wide efforts. Community-wide vulnerability was highest for alcohol, and a breakdown for each substance is shown in the figures below.

<sup>&</sup>lt;sup>5</sup>https://publicsciencecollaborative.shinyapps.io/substance\_use\_vulnerability/

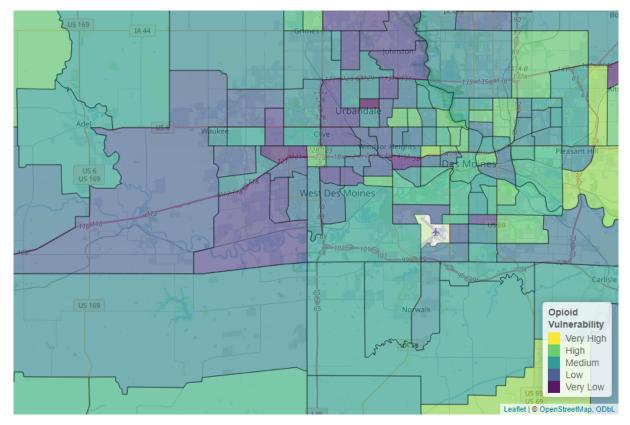


Figure 12: Opioid Vulnerability in West Des Moines

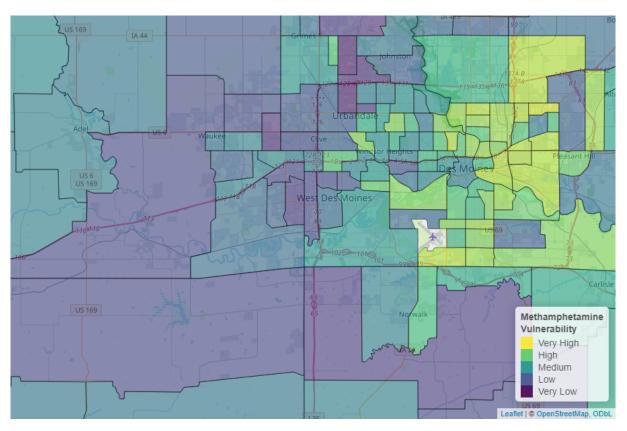


Figure 13: Methamphetamine Vulnerability in West Des Moines

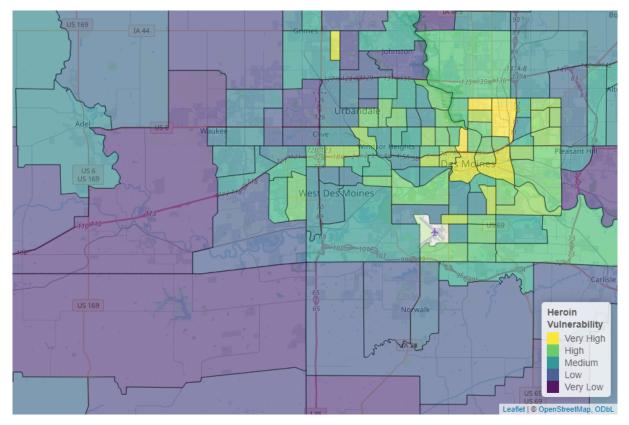


Figure 14: Heroin Vulnerability in West Des Moines

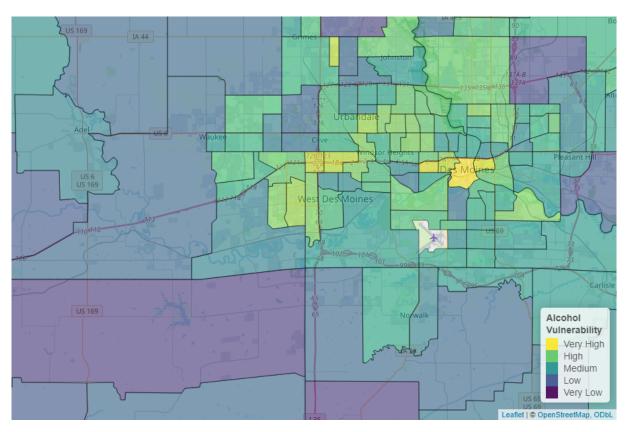


Figure 15: Alcohol Vulnerability in West Des Moines

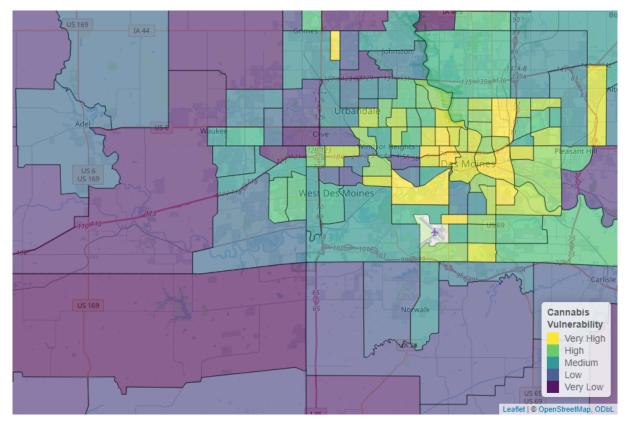


Figure 16: Cannabis Vulnerability in West Des Moines

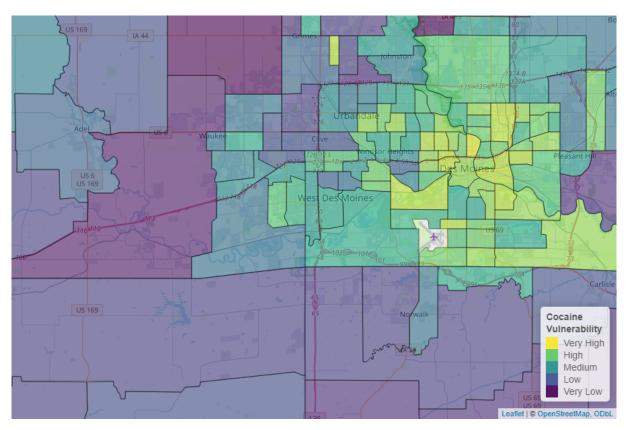


Figure 17: Cocaine Vulnerability in West Des Moines

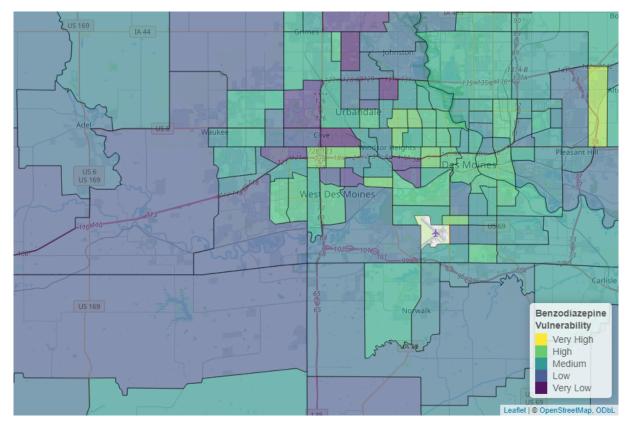


Figure 18: Benzodiazepine Vulnerability in West Des Moines

### **Social Determinants of Health**

In addition to the neighborhood vulnerability maps above, the Public Science Collaborative created a neighborhood map to understand health disparities in West Des Moines that draws on well-established social determinants of health. By social determinants, we refer to social and environmental risks that can affect someone's overall health and well-being. For example, in places with high average levels of education and low unemployment rates, residents tend also to have better overall health (e.g. longer life span and more healthy years of living). In places where average incomes are low and the rates of single parenting are high, people often have worse health, including higher death rates due to overdose and fewer healthy days. Knowing something about where the social determinants of health support well-being and where their scarcity decreases well-being can help local community organizations and governments to target better investments to reduce health disparities between neighborhoods. You can interactively explore social determinants of health across the state and look at individual components on PSC's SDOH Dashboard.<sup>6</sup>

Our index of social determinants of health looks at overall health vulnerability, education, health insurance coverage, English proficiency, unemployment, and poverty. According to the social determinants we considered, lack of English is the biggest risk factor for poor health in West Des Moines. Overall, health risks in West Des Moines are about equal to the average for communities in Iowa.

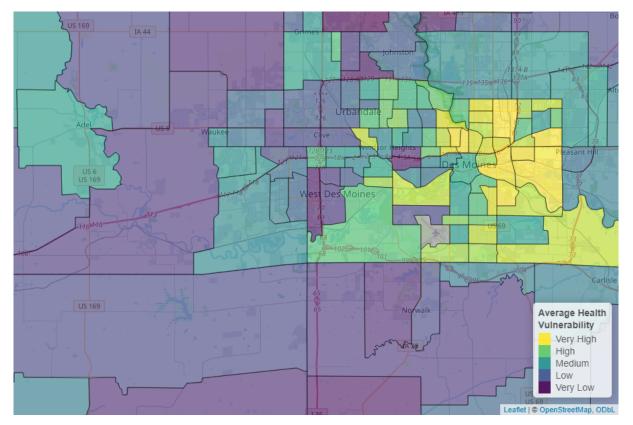


Figure 19: Overall Health Vulnerability in West Des Moines

<sup>&</sup>lt;sup>6</sup>https://publicsciencecollaborative.shinyapps.io/sdoh/

## Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful to individuals in recovery. To collect this data, we used various public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in lowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several means, including simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs. There are also several resource finder tools to help find a specific resource in an area, including the Recovery Resource Finder,<sup>7</sup> Well-Being Resource Finder,<sup>8</sup> and Physical Activity Resource Finder.<sup>9</sup>

Resource Type	Source
Beach	lowa DNR
Library	Institute of Museum and Library Services
Playground	OpenStreetMap
Public Park	OpenStreetMap
Trail	OpenStreetMap
Outdoor Basketball Court	OpenStreetMap
Football Field	OpenStreetMap
Soccer Field	OpenStreetMap
Baseball/Softball Diamond	OpenStreetMap
Tennis Court	OpenStreetMap
Pickleball Court	OpenStreetMap
Outdoor Volleyball Court	OpenStreetMap
Other Sports Facilities	OpenStreetMap
Family Support Specialist	Wellpoint Peer Support Inventory
Mutual Aid Meeting	Various Websites
Peer Support Provider	Wellpoint Peer Support Inventory
Recovery Organizations (Community and Collegiate)	Manual Addition
SUD Recovery Coach	Wellpoint Peer Support Inventory
Lake	Iowa DNR
Access Center	Manual Addition
Drug Drop-off Site	Iowa Geodata
Hospital	Iowa Medicaid Provider Search
MAT Site	SAMHSA
Mental & Behavioral Health Center	Iowa DHHS
Rural Health Clinic	Iowa Association of Rural Health Clinics
SUD or Gambling Treatment Center	Iowa DHHS
VA Hospital or Clinic	U.S. Department of Veterans Affairs
YMCA	Heartland YMCA Alliance
Childcare Provider	Iowa DHHS
Recovery Housing	Iowa DHHS
Section 8 Housing	U.S. Department of Housing and Urban Development
Shelter	Homeless Shelters Directory
Intimate Partner Violence Program	Iowa Coalition Against Domestic Violence
Workforce Development Office	Iowa Workforce Development
College or University	Wikipedia
School	Iowa Department of Education
Place of Worship	ExpertGPS.com
State Park	Iowa DNR

Table 3: Recovery Data Sources

<sup>&</sup>lt;sup>7</sup>http://public-science.org/recoveryresources

<sup>&</sup>lt;sup>8</sup>http://public-science.org/communityresources

<sup>&</sup>lt;sup>9</sup>http://public-science.org/physicalactivity

## Appendix 2: Mutual Aid Meetings Near West Des Moines

Meeting Type	Group	Address	Weekly Meeting #
Alcoholics Anonymous	Chapter 12 Group	1105 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Club 2000 ( Formerly-2000 Grand- WDSM)	2000 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Fellowship of the Spirit-Online ONLY	720 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Freedom Hall- Big Book Study-Mon Noon	Hope Lutheran, 925 Jordan Creek Pkwy, West Des Moines, IA 50266, USA	1
Alcoholics Anonymous	Freedom Hall- Step Study-Sat am	Hope Lutheran, 925 Jordan Creek Pkwy, West Des Moines, IA 50266, USA	1
Alcoholics Anonymous	Function in the Junction	217 5th St, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	How It Works-	1660 60th St, West Des Moines, IA 50266, USA	1
Alcoholics Anonymous	Ladies Night-	4501 Mills Civic Pkwy, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	New Beginnings at Covenant	1025 28th St, West Des Moines, IA 50266, USA	1
Alcoholics Anonymous	New Hope Group-Hybrid	Hope Lutheran, 925 Jordan Creek Pkwy, West Des Moines, IA 50266, USA	1
Alcoholics Anonymous	Racoon River Women's Meeting	2500 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Ray Harrison Dinner Group-	1990 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Saturday Nite Solutions	1105 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Solutions Group- Hybrid -July 26 Hybrid only	Hope Lutheran, 925 Jordan Creek Pkwy, West Des Moines, IA 50266, USA	1
Alcoholics Anonymous	There Is A Solution	720 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Tuesday Noon Men's Basics	1105 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	URS Group	1105 Grand Ave, West Des Moines, IA 50265, USA	1
Alcoholics Anonymous	Waukee Wednesday Night Group-	9155 Ashworth Rd, West Des Moines, IA 50266, USA	1
Alcoholics Anonymous	West Des Moines Group-	1105 Grand Ave, West Des Moines, IA 50265, USA	1
Al-Anon	Alateen Friday Night Step Study	1105 Grand Avenue, West Des Moines, IA, 50265, USA	1
Al-Anon	Fresh Start AFG	1025 28th St, West des Moines, IA,	1
Al-Anon	Friday Night AFG Friends Literature Study	50266, USA 1115 Grand Ave, West Des Moines, IA, 50265, USA	1
Al-Anon	Friday Night High Hopes-Men's	939 Office Park Rd #113, West Des	1
Al-Anon	Group AFG Keep it Simple AFG	Moines, IA, 50265, USA 939 Office Park Rd Ste 113, West Des	1
Al-Anon	New Hope AFG	Moines, IA, 50326, USA 925 Jordan Creek Pkwy, West des	1
Al-Anon	Wednesday Night Step Study AFG	Moines, IA, 50266, USA 939 Office Park Rd Ste 113, West des	1
Al-Anon	Wednesday Noon Step Study Study AFG	Moines, IA, 50265, USA 939 Office Park Rd Ste 113, West des Moines, IA, 50265, USA	1

Table 4: Mutual Aid Meetings in West Des Moines

Celebrate Recovery

Lutheran Church of Hope

## **Appendix 3: Resources Near West Des Moines**

Resource Type	Name	Address
Baseball/Softball Diamond	29 Baseball/Softball Diamonds	West Des Moines, Polk County, Iowa, 50265, United States
Baseball/Softball Diamond	3 Baseball/Softball Diamonds	West Des Moines, Polk County, Iowa, 50266, United States
Outdoor Basketball Court	2 Outdoor Basketball Courts	West Des Moines, Dallas County, Iowa, 50263, United States
Outdoor Basketball Court	8 Outdoor Basketball Courts	West Des Moines, Dallas County, Iowa, 50266, United States
Outdoor Basketball Court	12 Outdoor Basketball Courts	West Des Moines, Polk County, Iowa, 50265, United States
Outdoor Basketball Court	5 Outdoor Basketball Courts	West Des Moines, Polk County, Iowa, 50266, United States
Childcare Provider	2 For U Childcare West LLC	720 S 68th ST, West Des Moines, IA, 50266
Childcare Provider	A Child's World	475 68th Street, West Des Moines, IA, 50266
Childcare Provider	ALRazi Academy	1119 5th St, West Des Moines, IA, 50265
Childcare Provider	Alphabet Academy	6355 Beechtree DR, West Des Moines, IA,
		50266
Childcare Provider	Amy Larick	2700 Elm ST, West Des Moines, IA, 50265
Childcare Provider	Angeli Cristiani Childcare	1700 28th ST, West Des Moines, IA, 50266
Childcare Provider	Anne Cady	298 58th CT, West Des Moines, IA, 50266
Childcare Provider	Arisha Quinn	210 S 41st ST #5105, West Des Moines, IA, 50265
Childcare Provider	Ashworth Learning Center	5300 Ashworth Road, West Des Moines, IA, 50266
Childcare Provider	Beyond the Bell-Maple Grove Elementary	1455 98th ST, West Des Moines, IA, 50266
Childcare Provider	Beyond the Bell-Woodland Hills Elementary	1120 S 95th ST, West Des Moines, IA, 50266
Childcare Provider	Blanca Lopez	317 4th ST, West Des Moines, IA, 50265
Childcare Provider	Blessings Care for Kids	6820 Ashworth RD, West Des Moines, IA, 50266
Childcare Provider	Cadence Academy Preschool - Grand	1809 Grand Ave, West Des Moines, IA, 50265
Childcare Provider	Cadence Academy Preschool - West Des Moines	5859 Ashworth RD, West Des Moines, IA, 50266
Childcare Provider	Curious Minds Montessori West	929 9th ST, West Des Moines, IA, 50265
Childcare Provider	Debra Nau	4705 Tamara LN, West Des Moines, IA, 50265
Childcare Provider	Dragon Tots Corporation	1728 17th ST, West Des Moines, IA, 50265
Childcare Provider	Drake University Head Start-Ashworth	1025 28th St, West Des Moines, IA, 50266
Childcare Provider	Elvida Rahic-Skopljakovic	5126 Oakwood LN, West Des Moines, IA, 50266 50265
Childcare Provider	Full Circle Child Development Center	9375 Bishop DR, West Des Moines, IA, 50266
Childcare Provider	Generation Next-Farm Bureau	5500 Westown Parkway Ste 150, West Des Moines, IA, 50266
Childcare Provider	Happy Home Child Care	717 22nd ST, West Des Moines, IA, 50265
Childcare Provider	Heaven Kids Center LLC	9151 Maisy LN, West Des Moines, IA, 50266
Childcare Provider	Hope West Des Moines Children's	925 Jordan Creek PKWY, West Des Moines, IA
	Center	50266
Childcare Provider	Hope West Des Moines Preschool	925 Jordan Creek Pkwy, West Des Moines, IA 50266
Childcare Provider	Kay Kenkel	50266 5068 Cherrywood CT, West Des Moines, IA, 50265
Childcare Provider	Kids West-Crossroads Elementary	1050 50th St, West Des Moines, IA, 50266
Childcare Provider		
	Kids West-Fairmeadows Elementary	807 23rd ST, West Des Moines, IA, 50265
Childcare Provider Childcare Provider	Kids West-Hillside Elementary Kids West-Jordan Creek Elementary	713 8th ST, West Des Moines, IA, 50265
nudeare Broulder	KIDS WAST JORDAN (TROCK Flamontary	4105 Fuller Rd, West Des Moines, IA, 50265

Table 5: Recovery Resources in West Des Moines

Childcare Provider Childcare Provider

Childcare Provider Childcare Provider

Childcare Provider Childcare Provider Childcare Provider Childcare Provider Childcare Provider

**Childcare Provider** 

**Childcare Provider** 

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**Childcare Provider** 

Childcare Provider Childcare Provider

Childcare Provider Drug Drop-off Site Drug Drop-off Site

Drug Drop-off Site

Drug Drop-off Site

Drug Drop-off Site

Drug Drop-off Site

Drug Drop-off Site

Family Support Specialist

Football Field

Football Field

Hospital

Kids West-Western Hills Elementary Kids West-Westridge Elementary

Link & Learn Daycare Little Voyagers

Lori Parsons Michelle Cook Monica Mejia Montessori Children's House New Creations Child Care & Learning Ctr at EP True New Horizon Academy - WDM

Pamela Anspach

Sacred Heart Plus Shaymaa Almasoodi Shepherd's Flock Early Learning Center

St Francis Of Assisi Preschool

St Francis of Assisi Kids Care

Susanna Harrison

Susette Tracy

Tina Kissell-Erickson Traditions Children's Center I Traditions Children's Center II Bldg 100

Traditions Children's Center II Bldg 200 Vine Street Child Care Inc WDM United Methodist Early Learning Preschool Waukee Family YMCA Before & After School-Brookview West Des Moines KinderCare Westlakes KinderCare

Yellow Brick Road ECDC - West Hy-Vee Drugstore (7082)

Hy-Vee Health Market

Hy-Vee Pharmacy #1 (1887)

Hy-Vee Pharmacy #2 (1888)

Hy-Vee Pharmacy #3 (1889)

e Hy-Vee Pharmacy #4 (1890)

West Des Moines Police Department

#### Children Integrated Health Home

3 Football Fields

1 Football Field

Mercy Westlakes

600 39th St, West Des Moines, IA, 50265 5500 EP True Pkwy, West Des Moines, IA, 50266 1452 29th ST, West Des Moines, IA, 50266 2700 Westown PKWY STE 140, West Des Moines, IA, 50266 332 4TH ST, West Des Moines, IA, 50265 1440 18th ST, West Des Moines, IA, 50265 1737 17th ST, West Des Moines, IA, 50265 1505 42nd St, West Des Moines, IA, 50266 3424 EP True PKWY, West Des Moines, IA, 50265 9040 University AVE, West Des Moines, IA, 50266 1800 Grand AVE APT 354, West Des Moines, IA. 50265 1653 Grand AVE, West Des Moines, IA, 50265 1081 63rd ST, West Des Moines, IA, 50266 3900 Ashworth Rd, West Des Moines, IA, 50265 7075 Ashworth Rd, West Des Moines, IA, 50266 7075 Ashworth Rd, West Des Moines, IA, 50266 210 S 41st ST Unit 5302, West Des Moines, IA, 50265 9712 Larchwood DR, West Des Moines, IA, 50266 1602 S 50th PL, West Des Moines, IA, 50265 5783 Vista Dr, West Des Moines, IA, 50266 480 S 51st St Bldg 100, West Des Moines, IA, 50265 490 S 51st ST, West Des Moines, IA, 50265 2501 Vine St, West Des Moines, IA, 50265 720 Grand Ave, West Des Moines, IA, 50265 8000 EP True PKWY, West Des Moines, IA, 50266 865 S 51st ST, West Des Moines, IA, 50265 6670 University AVE, West Des Moines, IA, 50266 1300 8th ST #2, West Des Moines, IA, 50265 1010 60th Street, West Des Moines, IA, 50266 375 South Jordan Creek Parkway, West Des Moines, IA, 50266 1700 Valley West Drive, West Des Moines, IA, 50265 1990 Grand Avenue, West Des Moines, IA, 50265 1725 Jordan Creek Pkwy, West Des Moines, IA, 50266 555 South 51st Street, West Des Moines, IA, 50265 250 Mills Civic Pkwy, West Des Moines, IA, 50265 1516 Valley West Dr, West Des Moines, IA 50266 West Des Moines, Polk County, Iowa, 50265, United States

West Des Moines, Polk County, Iowa, 50266, United States

Hospital	Methodist West Hospital	Methodis West Hospital, 1660 60th Street West
		Des Moines, la 50266
Intimate Partner Violence	Amani Community Services -Main Office	950 Office Park Road, Suite 127, West Des
Program	-Polk County Office	Moines, IA 50265 , US
Lake	Blue Heron Lake (Raccoon River Park)	No Address in Data
Lake	Dale Maffitt Reservoir	No Address in Data
Library	West Des Moines Public Library	4000 George M. Mills Civic Parkway, West Des
		Moines, IA,
MAT Site	Constance Ann Morrison, NP	318 5th Street, Suite 120, West Des Moines, IA
		50265
MAT Site	LeeAnn Albright, NP	1300 Woodland Avenue, West Des Moines, IA
	-	50265
Mental & Behavioral Health	Central Iowa Psychological Services	3737 Woodland Ave., West Des Moines, IA
Center	••••••••••••••••••••••••••••••••••••••	
Mental & Behavioral Health	EVIZZIT of Iowa Psychiatry, PC	1501 42nd Street, West Des Moines, IA
Center	EVIZZIT OF IOWAT Sychiatry, TO	
• • • • • • • • • • • • • • • • • • • •	late metion. Occurs alian a Octobio a la c	4000 Malling Marst Dr. Marst Day Maines 14
Mental & Behavioral Health	Integrative Counseling Solutions Inc.	1200 Vallley West Dr., West Des Moines, IA
Center		
Mental & Behavioral Health	Kalm Therapy Group PLLC	6150 Village View Drive, West Des Moines, IA
Center		
Mental & Behavioral Health	Link Associates (MR)	1452 29th ST, West Des Moines, IA
Center		
Other Sports Facilities	9 Other Sports Facilities	West Des Moines, Polk County, Iowa, 50265,
		United States
Other Sports Facilities	3 Other Sports Facilities	West Des Moines, Polk County, Iowa, 50266,
Other Oports Facilities		
		United States
Public Park		No Address in Data
Public Park	50th Street Greenway	No Address in Data
Public Park	American Legion Park	No Address in Data
Public Park	Ashawa Greenway	No Address in Data
Public Park	Ashawa Park	No Address in Data
Public Park	Beh Glen Park	No Address in Data
Public Park	Brookview School Park	No Address in Data
Public Park	Crossroads Park	5205 Ashworth Road, West Des Moines, IA
		50266
Dublic Dark	Fairmaadawa Dark	No Address in Data
Public Park	Fairmeadows Park	
Public Park	Florer Park	No Address in Data
Public Park	Holiday Park	No Address in Data
Public Park	Huston Ridge Park	No Address in Data
Public Park	Jaycee Park	No Address in Data
Public Park	Jordan Creek Park	No Address in Data
Public Park	Kiwanis Park	No Address in Data
Public Park	Knolls Greenway	No Address in Data
Public Park	Knolls Park	No Address in Data
Public Park	Maple Grove Park	No Address in Data
Public Park	Meadowview Park	No Address in Data
Public Park	Pearson Park	1256 19th Street, West Des Moines, IA 50265
Public Park	Peony Park	No Address in Data
Public Park	Pinedale Park	No Address in Data
Public Park	Quail Cove Park	No Address in Data
Public Park	Raccoon River Park	2500 Grand Avenue, West Des Moines, IA
		50265
Public Park	Railroad Park	425 Railroad Avenue, West Des Moines, IA
		50265
Public Park	Scenic Valley Park	No Address in Data
Public Park	Southwoods Park	350 South 35th Street, West Des Moines, IA
		50265
Public Park	Valley View Park	No Address in Data
	•	
Public Park	Western Hills Park	No Address in Data
Public Park	Whisper Point Park	No Address in Data
Public Park	Wild Rose Park	No Address in Data
Public Park	Willow Springs Park	5700 Wistful Vista Drive, West Des Moines, IA
		50266

Public Park Wilson Park Peer Support Provider Peer Support Provider Peer Support Provider **Pickleball Court Pickleball Court** Place of Worship Saints Place of Worship Church Playground Playground Playground SUD Recovery Coach **Recovery Housing** School School School School School School School

No Address in Data Adult Integrated Health Home 1516 Valley West Dr, West Des Moines, IA 50266 Integrated Services Program 50266 **Children Integrated Health Home** 8 Pickleball Courts United States 2 Pickleball Courts United States Ashworth Road Baptist Church No Address in Data Baptist Mission No Address in Data **Beautiful Savior Lutheran Church** No Address in Data Christs Church No Address in Data Church of God No Address in Data Church of the Nazarene Iowa No Address in Data **Commerce Community Church** No Address in Data **Covenant Presbyterian Church** No Address in Data **Crosspointe Church** No Address in Data Grace West Church No Address in Data No Address in Data Jefferson Church No Address in Data Jehovah's Witnesses Congregation Korean Baptist Church No Address in Data Maple Grove Church No Address in Data Point of Grace Church No Address in Data Prayer of Faith Church of God in Christ No Address in Data Reorganized Church of Jesus Christ of No Address in Data Latter Day Saints Sacred Heart Church No Address in Data Saint Francis of Assisi Church No Address in Data Saint Mark Lutheran Church No Address in Data Saint Timothy's Episcopal Church No Address in Data No Address in Data Seventh Day Adventist Church Shepherd of the Valley Lutheran Church No Address in Data The Church of Jesus Christ of Latter Day No Address in Data Valley Assembly of God Church No Address in Data Valley Evangelical Free Church No Address in Data Valley United Methodist Church No Address in Data West Des Moines Calvary Baptist Church No Address in Data West Des Moines Christian Church No Address in Data West Des Moines Open Bible Church No Address in Data West Des Moines United Methodist No Address in Data Inclusive Playground "Eric's Place" No Address in Data Monkey Joe's 50266 102 Playgrounds No Address in Data 1 SUD Recovery Coach 50265 **Recovery House for Women** IA **Brookview Elementary School** 50266 Maple Grove Elementary School Woodland Hills Elementary School 50266 Crossroads Park Elementary School Fairmeadows Elementary School Hillside Elementary School Jordan Creek Elementary School Learning Resource Center

50265

1522 Valley West Dr, West Des Moines, IA 1730 28th St, West Des Moines, IA 50266 West Des Moines, Dallas County, Iowa, 50266, West Des Moines, Polk County, Iowa, 50266, 1600 Valley West Drive, West Des Moines, IA 1300 Woodland Ave, West Des Moines, IA 6750 Westown Pky Ste 200, West Des Moines, 8000 E.P. True Parkway, West Des Moines, IA, 1455 98th St, West Des Moines, IA, 50266 1120 South 95th Street, West Des Moines, IA, 1050 50th St, West Des Moines, IA, 50266 807 23rd St, West Des Moines, IA, 50265 713 8th St, West Des Moines, IA, 50265 4105 Fuller Rd, West Des Moines, IA, 50265 3350 Mills Civic Parkway, West Des Moines, IA,

School

School	Stilwell Junior High School	1601 Vine St, West Des Moines, IA, 50265
School	Valley High School	3650 Woodland Ave, West Des Moines, IA,
		50266
School	Valley Southwoods	625 S 35th St, West Des Moines, IA, 50265
School	Walnut Creek Campus	1020 8th Street, West Des Moines, IA, 50265
School	Western Hills Elementary School	600 39th St, West Des Moines, IA, 50265
School	Westridge Elementary	5500 E P True Parkway, West Des Moines, IA,
0011001		50266
School	Dowling Catholic High School	1400 Buffalo Rd, West Des Moines, IA, 50265
School	Sacred Heart School	1601 Grand Ave., West Des Moines, IA, 50265
School	St Francis of Assisi School	7075 Ashworth Road, West Des Moines, IA,
6611661		50266
Section 8 Housing	Valley West Apartments	1800 36th St, West Des Moines, IA, 50266
Soccer Field	3 Soccer Fields	West Des Moines, Dallas County, Iowa, 50266,
Soccel Field	5 Soccer Fields	United States
Soccer Field	17 Soccer Fields	West Des Moines, Polk County, Iowa, 50265,
		United States
Soccer Field	2 Soccer Fields	West Des Moines, Polk County, Iowa, 50266,
Soccer Field	2 Soccer Fields	United States
SUD or Compling Treatment	Control Jowe Developing Convises	-
SUD or Gambling Treatment	Central Iowa Psychological Services	1200 Valley West Drive, West Des Moines, IA,
	Orantzal Javas Davahalania al Orania a	50266, United States
SUD or Gambling Treatment	Central Iowa Psychological Services	Ste. #415, 3737 Woodland Avenue, West Des
		Moines, IA, 50266, United States
SUD or Gambling Treatment	Summit BHC Iowa, LLC	401 Grand Avenue, West Des Moines, IA,
Center		50265, United States
SUD or Gambling Treatment	UCS Healthcare	1300 Woodland Avenue, Des Moines, IA,
Center		50265, United States
Tennis Court	2 Tennis Courts	West Des Moines, Dallas County, Iowa, 50263,
		United States
Tennis Court	13 Tennis Courts	West Des Moines, Dallas County, Iowa, 50266,
		United States
Tennis Court	31 Tennis Courts	West Des Moines, Polk County, Iowa, 50265,
		United States
Tennis Court	11 Tennis Courts	West Des Moines, Polk County, Iowa, 50266,
		United States
VA Hospital or Clinic	Des Moines Vet Center	1821 22nd St, Ste 115, West Des Moines, IA
		50266
Outdoor Volleyball Court	6 Outdoor Volleyball Courts	West Des Moines, Dallas County, Iowa, 50266,
		United States
Outdoor Volleyball Court	1 Outdoor Volleyball Court	West Des Moines, Polk County, Iowa, 50265,
		United States
Outdoor Volleyball Court	3 Outdoor Volleyball Courts	West Des Moines, Polk County, Iowa, 50266,
		United States
YMCA	Walnut Creek YMCA	948 73rd St, West Des Moines, IA 50265