

# **Recovery Readiness Assessment: Fort Dodge**

September, 2024



Report provided to the Iowa Department of Health and Human Services

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# **Table of contents**

| Overview  | 2  |
|---|----|
| What is a Recovery-Ready Community?   | 2  |
| What is Recovery?   | 2  |
| What is Recovery Readiness?   |    |
| What is a Recovery Community Organization?  | 3  |
| s Your Community Recovery Ready?  | 4  |
| What Are the Resources in Your Community?   | 5  |
| SAMHSA Dimensions of Recovery Resources   | 6  |
| Social Determinants of Health Recovery Resources                                    | 9  |
| Which Neighborhoods in Your Community Need Additional Health Resources and Support? | 12 |
| Substance Use Vulnerability   |    |
| Social Determinants of Health   |    |
| Appendix 1: Data Used in this Report  | 18 |
| Appendix 2: Mutual Aid Meetings Near Fort Dodge                                     | 19 |
| Appendix 3: Resources Near Fort Dodge   | 20 |

## Overview

At the request of the Iowa Department of Health and Human Services, Bureau of Substance Use, the Public Science Collaborative (PSC) developed community-specific reports to support recovery efforts in Iowa. Recognizing the need to strengthen substance use recovery efforts throughout the state, we identified a large number of existing recoveryoriented resources in Fort Dodge, which we describe and map in the following pages. We developed additional maps to identify at-risk neighborhoods that will benefit from targeted health interventions and additional community resources. For additional questions or information about this report, the data tools described, or the Public Science Collaborative, please reach out to the principal investigators of this study, Dr. Shawn Dorius at sdorius@iastate.edu, or Dr. Cassandra Dorius at cdorius@iastate.edu.

In this report, we define recovery and recovery-ready communities and describe some of the recovery organizations that are emerging across lowa. We then describe the recovery resources that we collected for your community, providing summary information about where your community has strength and where its resource base can look to grow in the future. We then show you how your community recovery services and resources align with the Substance Abuse and Mental Health Administration (SAMHSA) categories of recovery and where those resources are in your community. We also classified your community assets according to the Centers for Disease Control's social determinants of health framework, which can be useful as you think holistically about the health and well-being of people living there.

We have added two other sets of data and maps in this report that might be helpful in your recovery readiness planning. The first is a set of maps that identify substance use vulnerability for census tracts in your community. These can be helpful in knowing what kinds of substances people are most likely to be recovering from in your community, where to marshal resources and efforts to support at-risk neighborhoods, and where to plan events that meet people where they are. A second set of data and maps project neighborhood-level scores for a community health index that measures the social determinants of health problems. This index is designed to help practitioners and local community groups better understand neighborhoods that could use extra support, resources, and investments to improve the health and well-being of individuals and families.

# What is a Recovery-Ready Community?

#### What is Recovery?

The Iowa Department of Health and Human Services and the Substance Abuse and Mental Health Services Administration (SAMHSA) use the following working definition:

"A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential."

A second useful definition of recovery that has influenced the PSC approach to recovery community readiness was developed by Bill White:

"Recovery is the experience through which individuals, families, and communities impacted by severe alcohol and other drug (AOD) problems utilize internal and external resources to voluntarily resolve these problems, heal the wounds inflicted by AOD-related problems, actively manage their continued vulnerability to such problems, and develop a healthy, productive, and meaningful life."

Common to both definitions is that recovery is not a state or moment in life, but a process of moving toward better health in an actively managed and self-directed way. Recovery takes time and often involves not just the individual, but family and community. For this reason, the external resources noted in the White definition are what motivate our emphasis on recovery-ready communities. Resources outside of the individual, including housing, transportation, recreation, alcohol advertising, and schools, can lead to an early onset of recovery, longer recovery, and more stable recovery. One way these external resources contribute to recovery is through their impact on individual recovery capital. If we knew which resources were most helpful to long-run recovery, we could target towns and cities with large stocks of 'recovery resources' to grow Recovery Community Centers.

#### What is Recovery Readiness?

A recovery-ready community provides a comprehensive and supportive environment for individuals recovering from substance use disorders (SUD). This includes a continuum of care that spans prevention, treatment, and long-term recovery support. Key elements include accessible healthcare, peer support networks, educational and employment opportunities, harm reduction services, anti-stigma initiatives, and a sense of purpose. By fostering collaboration among community members, institutions, and policymakers, a recovery-ready community aims to create a nurturing ecosystem that promotes sustained recovery and overall well-being.

In lowa, a recovery-ready community supports multiple recovery pathways, meets the needs of its recovery population, is integrated and coordinated across the formal and informal recovery-oriented system of care, and has a vibrant recovery culture.

## What is a Recovery Community Organization?

Recovery organizations are groups or institutions that support individuals recovering from substance use disorders. While recovery organizations come in many forms, they share a common commitment to providing a range of services and resources to help people sustain their recovery, improve their health and well-being, and reintegrate into society. Most community-based recovery organizations will offer some form of peer support, either in the form of peer support specialists, recovery coaches, or mutual aid meetings, and a range of activities and services to grow community and connection among people in recovery. These organizations also offer a substance-free environment where all are welcome and people in recovery can receive guidance in daily living activities such as finding stable housing, a job, volunteer opportunities, recreation and social groups, and linkages to legal support, for example. A few of the most well-known recovery organizations include:

- **Recovery Houses:** These are safe, substance-free living environments that support people in recovery from substance use disorders. Most recovery houses provide a structured and supportive community where residents can focus on their recovery journey and live among other people in recovery. Oxford Houses are among the most well-known recovery residences.
- Recovery Community Centers: These centers are free, universal access physical spaces that offer a variety of services to support individuals in recovery. A typical recovery community center will host mutual aid meetings, maintain a network of local recovery coaches, engage in community advocacy for people in recovery, and coordinate life-skills training, social activities, employment assistance, housing assistance, and linkages to educational resources. They will also coordinate with first responders, parole officers, and emergency departments to support people with substance use disorders.
- **Recovery Cafes:** These community spaces bring people in recovery together, providing a space to socialize with other people in recovery, support one another, and engage in service. Cafés often provide free hot meals, beverages, and other basic needs to support people in recovery. They might also offer peer support and other activities in a welcoming, substance-free environment. The Recovery Café Network<sup>1</sup> is a good starting place to learn more.
- Recovery High Schools and Collegiate Recovery Programs: These educational institutions provide a supportive environment for students in recovery, helping them achieve academic success while maintaining their sobriety. They do this in much the same way as community centers and cafes, by offering peer support, community, and recovery-focused activities. Iowa currently has three collegiate recovery programs.

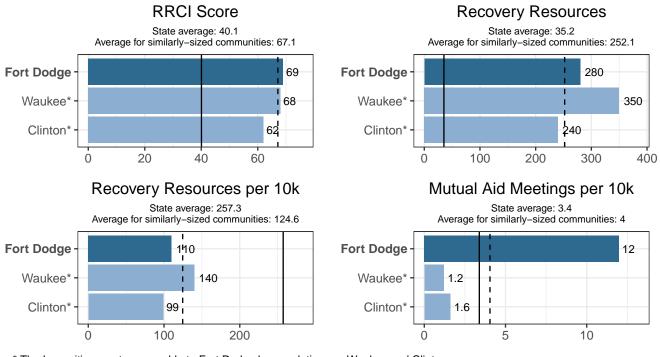
<sup>&</sup>lt;sup>1</sup>https://recoverycafenetwork.org/

# Is Your Community Recovery Ready?

We consulted scientific literature on substance use recovery and engaged key stakeholders, including people in recovery and individuals from around the country and in Iowa who work directly with recoverees. From these efforts, we identify 24 categories of community-based recovery resources and services. Collecting all of that data for each of Iowa's cities and towns yielded a total of nearly 40,000 community resources that support recovery. We mapped and analyzed these resources to identify a short list of 'Recovery Ready' communities across the state, culminating in the first-of-its-kind index: The Recovery Ready Community Index (RRCI).

The RRCI is comprised of three sub-indices: total number of resources, total resources per 10,000 population, and total mutual aid meetings per 10,000 population (the first two categories include all resources except mutual aid meetings). A community's score is calculated by its percentile rank among all lowa communities. For instance, the community with the most resources has a total resources percentile score of 99, while the one with the fewest has a score of 0. A community's overall recovery readiness score is the average of its percentile ranking across each of the three sub-indices. The Public Science Collaborative designed and created a public-facing, interactive dashboard<sup>2</sup> that allows people to for further explore the RRCI, compare recovery readiness scores, and evaluate communities.

Figure 1 below displays recovery resources in Fort Dodge compared to the two lowa cities most similar in population, Waukee and Clinton, as well as the state average and average for cities in a similar population group (10,000 - 49,999).



\* The Iowa cities most comparable to Fort Dodge by population are Waukee and Clinton.

\*\* The solid vertical line represents the average for all 944 communities in Iowa and the dashed vertical line represents the average for Iowa communities with populations of 10,000 – 49,999 people.

Figure 1: Recovery Resources in Fort Dodge

Fort Dodge ranks 10th of 31 on the RRCI in its size category (10,000 - 49,999). In the same population group, Fort Dodge ranks 11th in total resources, 19th in resources per 10,000 people, and 1st in mutual aid meetings per 10,000 people.

In addition to the RRCI, a community might also consider resource diversity. That is, whether Fort Dodge has a wide range of types of resources to support multiple pathways to recovery. On this measure, Fort Dodge has 19 types of non-meeting resources, compared to the average of 13.7 for cities with a population of 10,000 - 49,999.

<sup>2</sup>https://publicsciencecollaborative.shinyapps.io/RRCI/

### What Are the Resources in Your Community?

Overall, Fort Dodge has 33 mutual aid meetings and 228 non-meeting recovery resources non-meeting recovery resources. The tables below include data about the specific kinds of mutual aid meetings and other recovery resources available in your community. Appendices 2 and 3 have a full list of these resources. Following the tables, we have prepared maps that break up the data into categories of similar types of resources and show where resources are located in Fort Dodge. These maps can be used to help identify areas that already have plentiful recovery resources and those that have limited resources and may need additional support.

| Meeting Type         | Total Meeting Locations | Total Meetings |
|----------------------|-------------------------|----------------|
| Alcoholics Anonymous | 19                      | 19             |
| Narcotics Anonymous  | 5                       | 8              |
| Al-Anon              | 4                       | 4              |
| Celebrate Recovery   | 1                       | 1              |
| Gamblers Anonymous   | 1                       | 1              |

| Table 1: Types of Mutual Ai | d Meetings in Fort Dodge |
|-----------------------------|--------------------------|
|-----------------------------|--------------------------|

| Resource Type                     | Total Resources |
|-----------------------------------|-----------------|
| Place of Worship                  | 49              |
| Childcare Provider                | 40              |
| Public Park                       | 24              |
| Baseball/Softball Diamond         | 22              |
| Tennis Court                      | 14              |
| School                            | 10              |
| Outdoor Basketball Court          | 9               |
| SUD or Gambling Treatment Center  | 8               |
| Football Field                    | 6               |
| Playground                        | 6               |
| Rural Health Clinic               | 6               |
| Drug Drop-off Site                | 5               |
| MAT Site                          | 4               |
| Mental & Behavioral Health Center | 4               |
| Peer Support Provider             | 3               |
| Section 8 Housing                 | 3<br>3<br>2     |
| Family Support Specialist         |                 |
| Outdoor Volleyball Court          | 2               |
| Soccer Field                      | 2               |
| College or University             | 1               |
| Hospital                          | 1               |
| Lake                              | 1               |
| Library                           | 1               |
| Recovery Housing                  | 1               |
| SUD Recovery Coach                | 1               |
| Shelter                           | 1               |
| VA Hospital or Clinic             | 1               |
| Workforce Development Office      | 1               |

#### Table 2: Types of Recovery Resources in Fort Dodge

#### **SAMHSA Dimensions of Recovery Resources**

As defined by SAMHSA, recovery is "A process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential." Because recovery is holistic and can look different for everybody, the SAMHSA Dimensions of Recovery listed below help identify the different parts of life and the different resources that are useful in supporting recovery. The following maps identify resources in Fort Dodge that fit into each of those dimensions of recovery.

The SAMHSA Dimensions of Recovery include (Click here for more information<sup>3</sup>):

- **Community** (Peer Support–Specialists and Coaches, Recovery Organizations–Community and Collegiate, Mutual Aid Meetings, Libraries, Parks and Playgrounds, Lakes and Beaches, Trails, Sports Facilities)
- Health (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers, YMCA Gyms)
- Home (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Intimate Partner Violence Programs)
- Purpose (Workforce Development Offices, Colleges and Universities, K-12 Schools, Places of Worship)

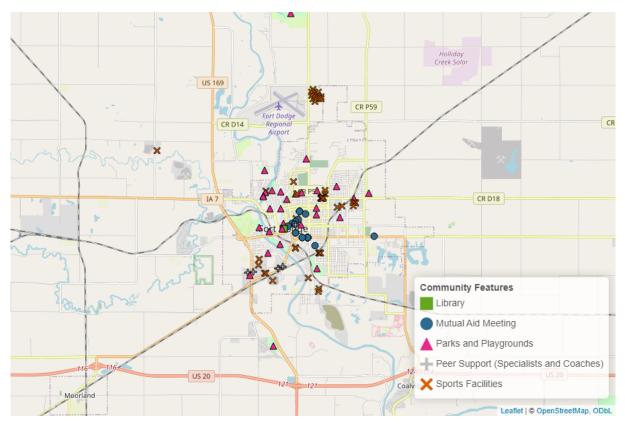


Figure 2: Community Resources in Fort Dodge

<sup>3</sup>https://www.samhsa.gov/find-help/recovery

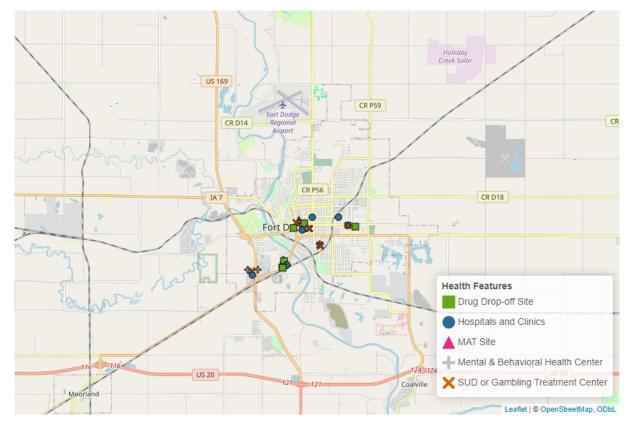


Figure 3: Health Resources in Fort Dodge

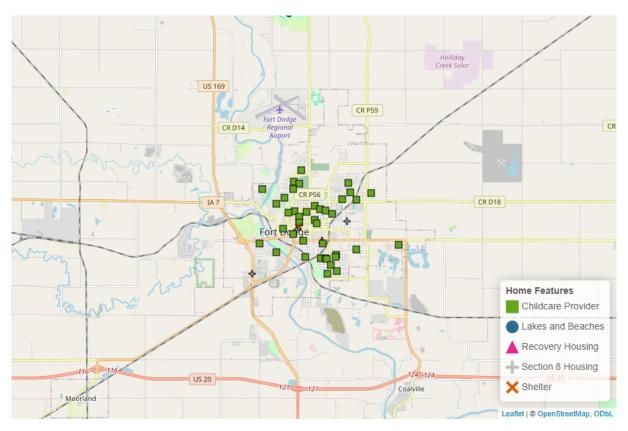


Figure 4: Home Resources in Fort Dodge

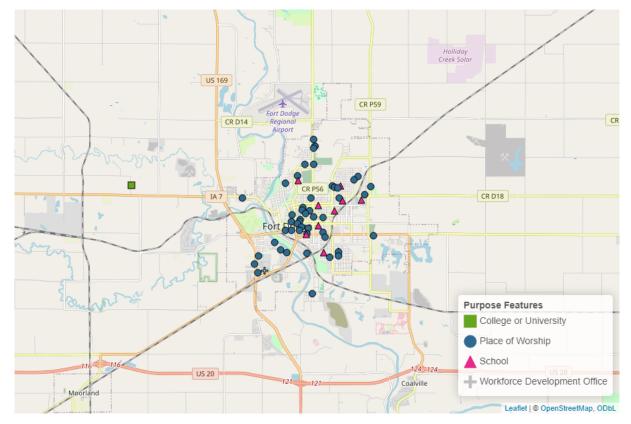


Figure 5: Purpose Resources in Fort Dodge

#### Social Determinants of Health Recovery Resources

The Social Determinants of Health is an established framework for thinking about the conditions of a person's life that contribute to their overall well-being. For example, a family that living in an area with limited resources supporting families and children (such as childcare providers and parks or playgrounds) may experience other struggles as a result, like increased transportation costs that place stressors on a family's finances. These maps can also be used in conjunction with the population data in the next section to help identify vulnerable populations and neighborhoods. Neighborhoods with health and substance use vulnerabilities may need greater access to specific supporting resources.

The SDOH categories include (Click here for more information<sup>4</sup>):

- Health Care Access and Quality (Access Centers, Drug Drop Off Sites, Hospitals and Clinics, MAT Sites, Mental & Behavioral Health Centers, SUD and Gambling Treatment Centers)
- Social and Community Context (Peer Support–Specialists and Coaches, Recovery Organizations– Community and Collegiate, Intimate Partner Violence Programs, Mutual Aid Meetings, Places of Worship)
- Neighborhood and Built Environment (Libraries, Parks and Playgrounds, YMCA Gyms, Lakes and Beaches, Trails, Sports Facilities)
- Education Access and Quality (Colleges and Universities, K-12 Schools)
- Economic Stability (Childcare Providers, Recovery Housing, Section Eight Housing, Shelters, Workforce Development Offices)

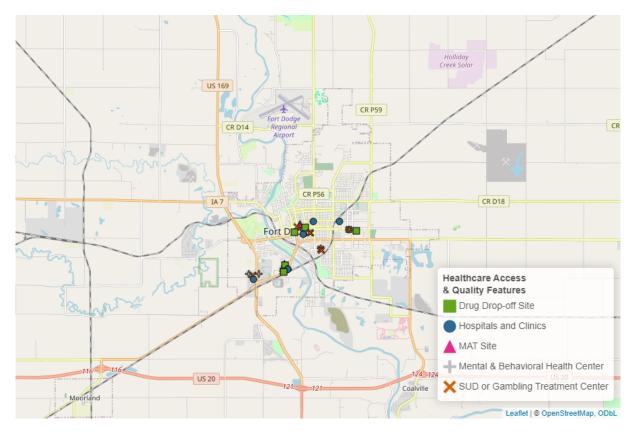


Figure 6: Heath Care Access and Quality Resources in Fort Dodge

<sup>&</sup>lt;sup>4</sup>https://health.gov/healthypeople/priority-areas/social-determinants-health

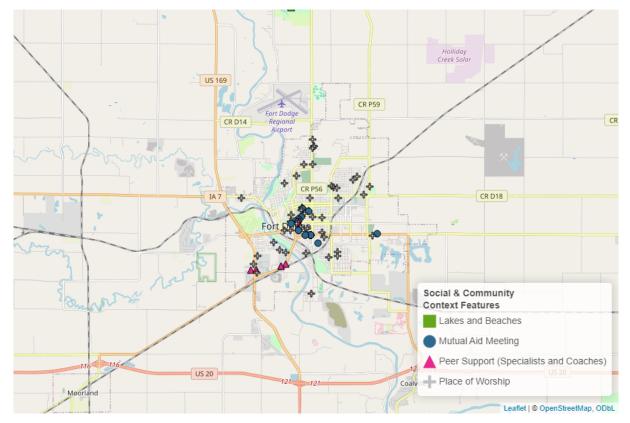


Figure 7: Social and Community Context Resources in Fort Dodge

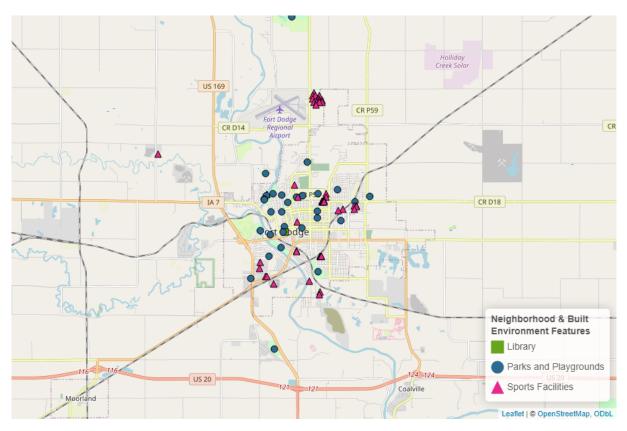


Figure 8: Neighborhood and Built Environment Resources in Fort Dodge

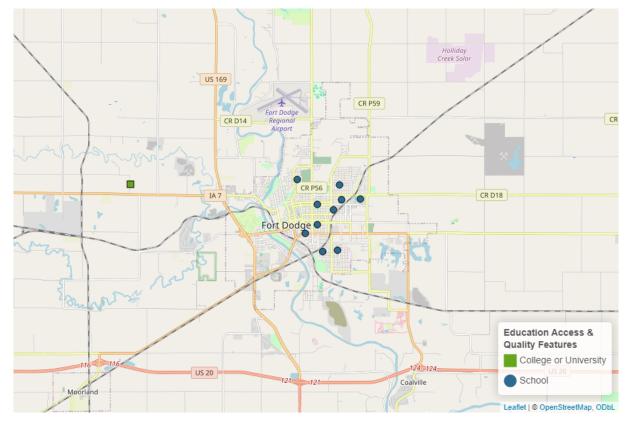


Figure 9: Education Access and Quality Resources in Fort Dodge

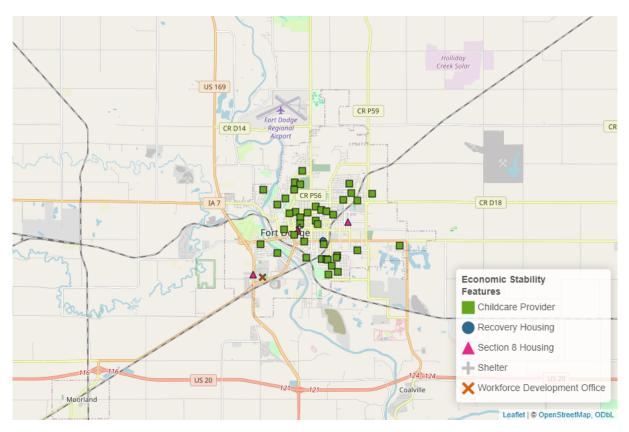


Figure 10: Economic Stability Resources in Fort Dodge

# Which Neighborhoods in Your Community Need Additional Health Resources and Support?

#### Substance Use Vulnerability

The Public Science Collaborative has developed data resources to help community organizations, local governments, and public health practitioners resources more effectively target substance use prevention, treatment, and recovery interventions to the places in greatest need. Geographic 'hot spots' identify places where local residents are at exceptionally high risk for substance use disorder. We estimated statistical models using administrative data from the Treatment Episode Admissions Dataset (TEDS-A) and the National Survey of Drug Use and Health (NSDUH) to measure significant relationships between substances of misuse and socio-demographic characteristics known to affect health equity and substance use vulnerability. These maps use Census Bureau estimates of these same neighborhood characteristics, by census tract, to create indexes for each substance. Once mapped, these data help us to identify places with especially high concentrations of at-risk characteristics that need targeted resources to reduce health inequities. You can explore the maps interactively and learn more about the underlying models on PSC's dashboard for substance use vulnerability.<sup>5</sup>

Identification of towns and neighborhoods with exceptionally high (or low) risk of harmful use of a specific substance can guide public health outreach efforts and enable more targeted, substance-specific interventions based on known neighborhood risk factors. To assist in this work, the following pages include substance use vulnerability maps for overall substance use, opioids, methamphetamine, heroin, alcohol, cannabis, cocaine, and benzodiazepines.

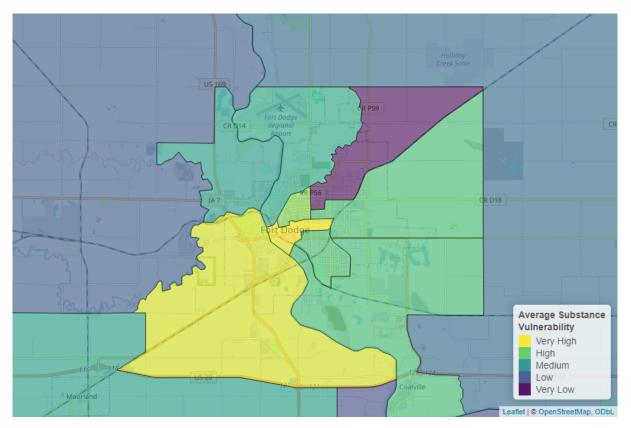


Figure 11: Overall Substance Use Vulnerability in Fort Dodge

Overall substance use vulnerability varies by neighborhood in Fort Dodge, but is generally higher than other communities in Iowa. Due to neighborhood vulnerability, specific neighborhoods may benefit from a targeted approach rather than community-wide efforts. Community-wide vulnerability was highest for cannabis, and a breakdown for each substance is shown in the figures below.

<sup>&</sup>lt;sup>5</sup>https://publicsciencecollaborative.shinyapps.io/substance\_use\_vulnerability/

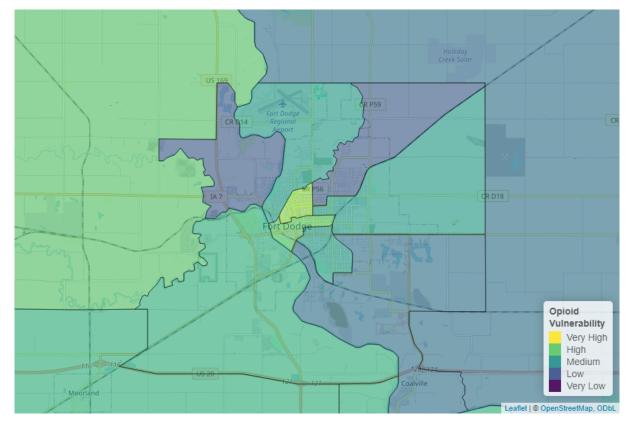


Figure 12: Opioid Vulnerability in Fort Dodge

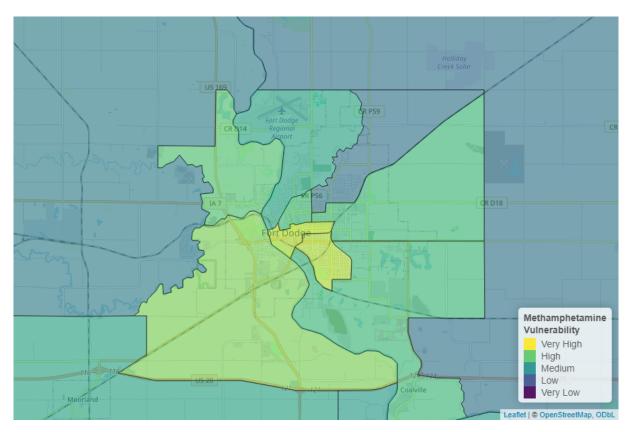


Figure 13: Methamphetamine Vulnerability in Fort Dodge

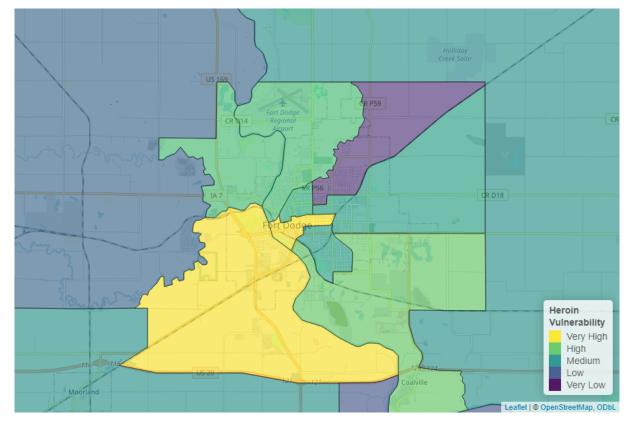


Figure 14: Heroin Vulnerability in Fort Dodge

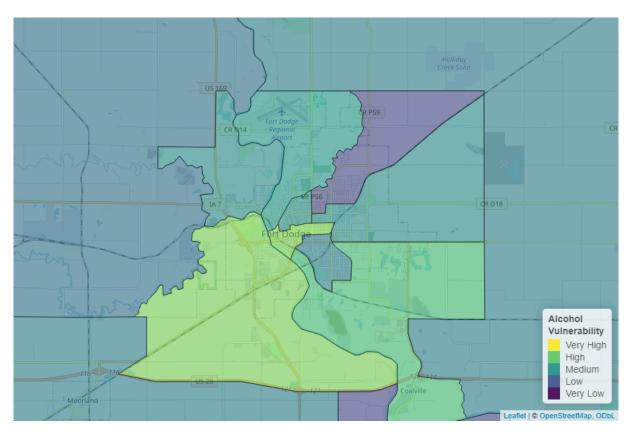


Figure 15: Alcohol Vulnerability in Fort Dodge

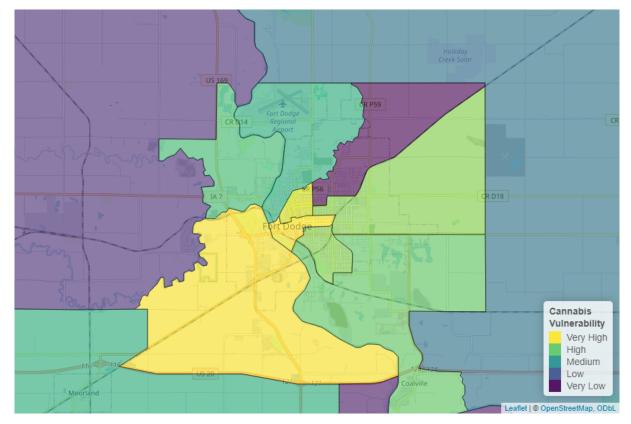


Figure 16: Cannabis Vulnerability in Fort Dodge

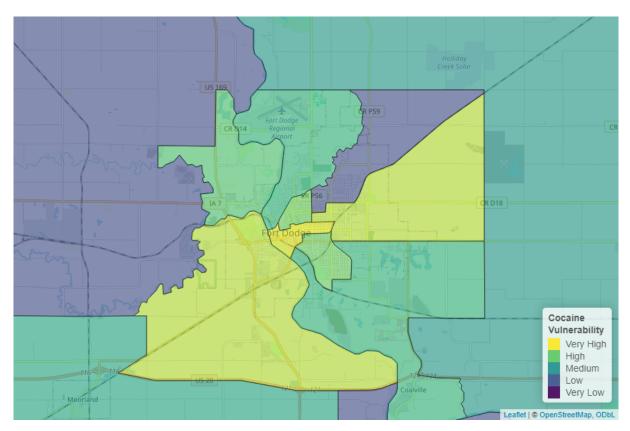


Figure 17: Cocaine Vulnerability in Fort Dodge

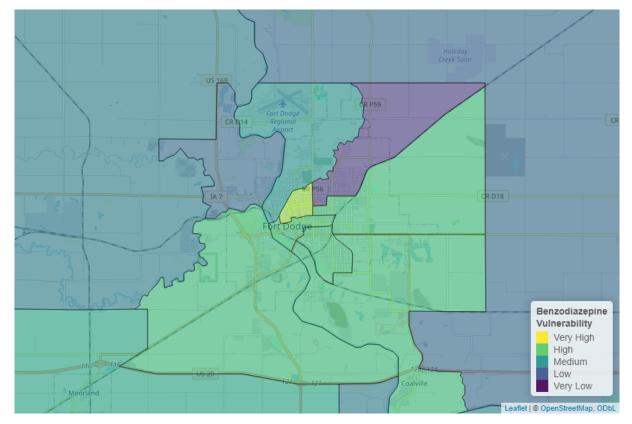


Figure 18: Benzodiazepine Vulnerability in Fort Dodge

#### **Social Determinants of Health**

In addition to the neighborhood vulnerability maps above, the Public Science Collaborative created a neighborhood map to understand health disparities in Fort Dodge that draws on well-established social determinants of health. By social determinants, we refer to social and environmental risks that can affect someone's overall health and wellbeing. For example, in places with high average levels of education and low unemployment rates, residents tend also to have better overall health (e.g. longer life span and more healthy years of living). In places where average incomes are low and the rates of single parenting are high, people often have worse health, including higher death rates due to overdose and fewer healthy days. Knowing something about where the social determinants of health support well-being and where their scarcity decreases well-being can help local community organizations and governments to target better investments to reduce health disparities between neighborhoods. You can interactively explore social determinants of health across the state and look at individual components on PSC's SDOH Dashboard.<sup>6</sup>

Our index of social determinants of health looks at overall health vulnerability, education, health insurance coverage, English proficiency, unemployment, and poverty. According to the social determinants we considered, poverty is the biggest risk factor for poor health in Fort Dodge. Overall, health risks in Fort Dodge are about equal to the average for communities in Iowa.

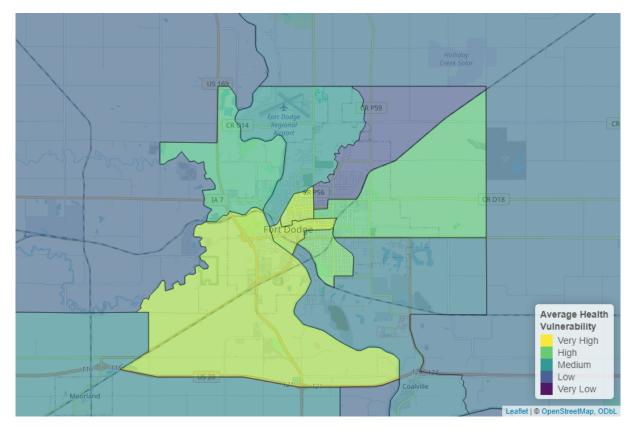


Figure 19: Overall Health Vulnerability in Fort Dodge

<sup>&</sup>lt;sup>6</sup>https://publicsciencecollaborative.shinyapps.io/sdoh/

## Appendix 1: Data Used in this Report

The data used in this report is a variety of recovery, community, and well-being resources that can be useful to individuals in recovery. To collect this data, we used various public resources, including government agencies and recovery websites. The data sources can be found in the table below. Our collection of data may not cover every single resource in lowa, but it represents the primarily publicly available data found through our research and following the advice of substance use experts and researchers. This data was acquired through several means, including simple downloads, manual data entry, computer reading of PDF files, scraping websites, and utilization of APIs. There are also several resource finder tools to help find a specific resource in an area, including the Recovery Resource Finder,<sup>7</sup> Well-Being Resource Finder,<sup>8</sup> and Physical Activity Resource Finder.<sup>9</sup>

| Resource Type                                     | Source   |
|---|--|
| Beach   | lowa DNR   |
| Library   | Institute of Museum and Library Services         |
| Playground  | OpenStreetMap                                    |
| Public Park                                       | OpenStreetMap                                    |
| Trail   | OpenStreetMap                                    |
| Outdoor Basketball Court                          | OpenStreetMap                                    |
| Football Field                                    | OpenStreetMap                                    |
| Soccer Field                                      | OpenStreetMap                                    |
| Baseball/Softball Diamond                         | OpenStreetMap                                    |
| Tennis Court                                      | OpenStreetMap                                    |
| Pickleball Court                                  | OpenStreetMap                                    |
| Outdoor Volleyball Court                          | OpenStreetMap                                    |
| Other Sports Facilities                           | OpenStreetMap                                    |
| Family Support Specialist                         | Wellpoint Peer Support Inventory                 |
| Mutual Aid Meeting                                | Various Websites                                 |
| Peer Support Provider                             | Wellpoint Peer Support Inventory                 |
| Recovery Organizations (Community and Collegiate) | Manual Addition                                  |
| SUD Recovery Coach                                | Wellpoint Peer Support Inventory                 |
| Lake  | Iowa DNR   |
| Access Center                                     | Manual Addition                                  |
| Drug Drop-off Site                                | Iowa Geodata                                     |
| Hospital  | Iowa Medicaid Provider Search                    |
| MAT Site  | SAMHSA   |
| Mental & Behavioral Health Center                 | Iowa DHHS  |
| Rural Health Clinic                               | Iowa Association of Rural Health Clinics         |
| SUD or Gambling Treatment Center                  | Iowa DHHS  |
| VA Hospital or Clinic                             | U.S. Department of Veterans Affairs              |
| YMCA  | Heartland YMCA Alliance                          |
| Childcare Provider                                | Iowa DHHS  |
| Recovery Housing                                  | Iowa DHHS  |
| Section 8 Housing                                 | U.S. Department of Housing and Urban Development |
| Shelter   | Homeless Shelters Directory                      |
| Intimate Partner Violence Program                 | Iowa Coalition Against Domestic Violence         |
| Workforce Development Office                      | Iowa Workforce Development                       |
| College or University                             | Wikipedia  |
| School  | Iowa Department of Education                     |
| Place of Worship                                  | ExpertGPS.com                                    |
| State Park  | Iowa DNR   |

Table 3: Recovery Data Sources

<sup>&</sup>lt;sup>7</sup>http://public-science.org/recoveryresources

<sup>&</sup>lt;sup>8</sup>http://public-science.org/communityresources

<sup>&</sup>lt;sup>9</sup>http://public-science.org/physicalactivity

# Appendix 2: Mutual Aid Meetings Near Fort Dodge

| Meeting Type         | Group                                  | Address   | Weekly<br>Meeting # |
|----------------------|--|---|---------------------|
| Alcoholics Anonymous | 12 x 12 Group                          | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | As Bill Sees it Group                  | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | By The Book Group                      | 239 N 11th St, Fort Dodge, IA 50501, USA        | 1                   |
| Alcoholics Anonymous | Came To Believe Group                  | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Girls By The Book Womens Group         | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Monday Night W.H.O Group               | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Monday Noon Eyeopeners Group           | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Noon AA Group                          | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Open Mens Group                        | 501 N 12th St, Fort Dodge, IA 50501, USA        | 1                   |
| Alcoholics Anonymous | Reflections Of 1st Ave Group           | 211 S 9th St, Fort Dodge, IA 50501, USA         | 1                   |
| Alcoholics Anonymous | Saturday Nite AA Group                 |   | 1                   |
| Alcoholics Anonymous | Saturday Noon Alano Club Group         | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Sunday Morning Group                   | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Sunday Nite Open Group                 | 1408 5th Ave S, Fort Dodge, IA 50501, USA       | 1                   |
| Alcoholics Anonymous | T.G.I.F. Group                         | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Thursday Night Big Book Study<br>Group | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Tuesday Alano Group                    | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Tuesday Noon Group                     | 1408 5th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Alcoholics Anonymous | Women's AA Group                       | 826 1st Ave N, Fort Dodge, IA 50501,<br>USA     | 1                   |
| Al-Anon              | Fort Dodge Alateen                     | 211 S. 9th St, Fort Dodge, IA, 50501, USA       | 1                   |
| Al-Anon              | Monday Noon AFG                        | 127 N 10th St, Fort Dodge, IA, 50501,<br>USA    | 1                   |
| Al-Anon              | Peace Of Mind AFG                      | 1408 5th Ave S, Fort Dodge, IA, 50601,<br>USA   | 1                   |
| Al-Anon              | Thursday Night AFG Book Study          | 1408 Fifth Ave S, Fort Dodge, IA, 50501,<br>USA | 1                   |
| Celebrate Recovery   | New Covenant Christian Church          | 3318 5th Ave S, Ft Dodge, IA 50501              | 1                   |
| Gamblers Anonymous   | Fort Dodge G.A.                        | 28 N 10th St, Fort Dodge, IA 50501, USA         | 1                   |
| Narcotics Anonymous  | A New Rising                           | 501 N 12th St, Fort Dodge, IA 50501, USA        | 1                   |
| Narcotics Anonymous  | By Any Means Necessary                 | 501 N 12th St, Fort Dodge, IA 50501, USA        | 3                   |
| Narcotics Anonymous  | Principles Before Personalities        | 1333 4th Ave N, Fort Dodge, IA 50501,<br>USA    | 1                   |
| Narcotics Anonymous  | Recovery At Work                       | 1217 4th Ave S, Fort Dodge, IA 50501,<br>USA    | 2                   |
| Narcotics Anonymous  | Recovery at Work                       | 1217 4th Ave S, Fort Dodge, IA 50501,<br>USA    | 1                   |

#### Table 4: Mutual Aid Meetings in Fort Dodge

# Appendix 3: Resources Near Fort Dodge

| Resource Type             | Name  | Address   |
|---------------------------|---|---|
| Baseball/Softball Diamond | 10 Baseball/Softball Diamonds                   | Fort Dodge, Webster County, Iowa, 50501,<br>United States |
| Baseball/Softball Diamond | 12 Baseball/Softball Diamonds                   | Webster County, Iowa, 50501, United States                |
| Outdoor Basketball Court  | 9 Outdoor Basketball Courts                     | Fort Dodge, Webster County, Iowa, 50501,                  |
|                           |   | United States   |
| Childcare Provider        | AFES Youth Center                               | 712 3rd ST NW, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Angela Stanley                                  | 230 AVE B, Fort Dodge, IA, 50501                          |
| Childcare Provider        | Aundreona Whitfield                             | 1810 7th AVE N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Becky Fuentes                                   | 1312 S 21st ST, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Bernita Velazquez                               | 1618 8 1/2 AVE North, Fort Dodge, IA, 50501               |
| Childcare Provider        | Brittany Thomas-Arthur                          | 1330 6th AVE N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Calvary Family Center Day Care                  | 1318 10th AVE SW, Fort Dodge, IA, 50501                   |
| Childcare Provider        | Caroline Mauch                                  | 426 1st ST NW, Fort Dodge, IA, 50501                      |
| Childcare Provider        | ChildCare Discovery Center                      | 1405 North 32nd St, Fort Dodge, IA, 50501                 |
| Childcare Provider        | Community Christian School                      | 2406 9 1/2 Ave S, Fort Dodge, IA, 50501                   |
| Childcare Provider        | Community Early Childhood Center                | 1315 S 24th St, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Contessa Miller                                 | 1030 Knollcrest DR, Fort Dodge, IA, 50501                 |
| Childcare Provider        | Debra Breon                                     | 1117 S 22nd ST, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Dodger Academy                                  | 945 S 18th ST, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Dodger Preschool                                | 1611 Williams Dr, Fort Dodge, IA, 50501                   |
| Childcare Provider        | Fort Dodge Head Start                           | 3611 Maple Dr, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Hope Seiler                                     | 2001 7th AVE N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Jane Soppeland                                  | 810 AVE C, Fort Dodge, IA, 50501                          |
| Childcare Provider        | Jennifer Hewitt                                 | 1611 3rd AVE N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Jennifer Ort                                    | 338 10th AVE N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Jodi Johnson                                    | 531 S 19th ST, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Kandi Jameson-Altman                            | 2406 9Th AVE S, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Karie Karr                                      | 2772 18th AVE N, Fort Dodge, IA, 50501                    |
| Childcare Provider        | Kat's Around the Clock Childcare, LLC           | 1415 N 14th ST, Fort Dodge, IA, 50501                     |
| Childcare Provider        | KidZone Christian Daycare Center &<br>Preschool | 1111 5th Ave N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Kingdom Kids of St. Olaf                        | 239 N 11th ST, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Little Lambs Preschool-GSLC                     | 1436 21st Ave N, Fort Dodge, IA, 50501                    |
| Childcare Provider        | Lynelle Hammersland-Grady                       | 115 N 17th ST, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Melanie Reynolds                                | 1046 N 26th ST, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Nicole Waldschmidt                              | 1033 Raymond DR, Fort Dodge, IA, 50501                    |
| Childcare Provider        | Olivia Ruiz                                     | 1011 7th AVE N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Shelly Hoover                                   | 1341 Williams DR, Fort Dodge, IA, 50501                   |
| Childcare Provider        | Sherri Ferrell                                  | 3002 8th AVE S, Fort Dodge, IA, 50501                     |
| Childcare Provider        | St Edmond After School Program                  | 2321 6th Ave N, Fort Dodge, IA, 50501                     |
| Childcare Provider        | St Paul Lutheran Preschool                      | 1217 4th Ave S, Fort Dodge, IA, 50501                     |
| Childcare Provider        | Starla Hoover                                   | 946 S 21st ST, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Tammy Anderson                                  | 2904 14th AVE N, Fort Dodge, IA, 50501                    |
| Childcare Provider        | Theresa Remington                               | 923 S 20th ST, Fort Dodge, IA, 50501                      |
| Childcare Provider        | Tracey's Tots Daycare Co - Fort Dodge           | 109 S 8th ST, Fort Dodge, IA, 50501                       |
| Childcare Provider        | Vicki Harris                                    | 807 7th AVE N, Fort Dodge, IA, 50501                      |
| College or University     | Iowa Central Community College                  | Iowa Central Community College, Fort Dodge<br>IA, 50501   |
| Drug Drop-off Site        | Daniel Pharmacy                                 | 1114 Central Avenue, Fort Dodge, IA, 50501                |
| Drug Drop-off Site        | Genoa Healthcare                                | 720 Kenyon Rd, Fort Dodge, IA, 50501                      |
| Drug Drop-off Site        | Hy-Vee Pharmacy                                 | 115 S 29th St, Fort Dodge, IA, 50501                      |
| Drug Drop-off Site        | Trinity Pharmacy                                | 802 Kenyon Road, Fort Dodge, IA, 50501                    |
| Drug Drop-off Site        | Webster County Sheriff's Office                 | 702 1st Ave. South, Fort Dodge, IA, 50501                 |
| Family Support Specialist | Children Integrated Health Home                 | 720 Kenyon Rd, Fort Dodge, IA 50501                       |
| Family Support Specialist | Community Regional Center                       | 804 Kenyon Rd, Ste G, Fort Dodge, IA 50501                |

Table 5: Recovery Resources in Fort Dodge

Football Field Football Field Hospital Lake Library MAT Site MAT Site MAT Site MAT Site Mental & Behavioral Health Center Public Park Peer Support Provider Peer Support Provider Peer Support Provider Place of Worship Place of Worship

Place of Worship Place of Worship Place of Worship Place of Worship Middle School Football Field Fort Dodge, Webster County, Iowa, 50501, United States **5** Football Fields Fort Dodge, Webster County, Iowa, 50501, United States Trinity Regional Hospital Business Office, 802 Kenyon Rd Fort Dodge, la 50501 Badger Lake No Address in Data Fort Dodge Public Library 424 Central Ave, Fort Dodge, IA, Angela Joy McGregor, NP 126 N 10th Street, Fort Dodge, IA 50501 Dr. Elizabeth Webster Stoebe, DO 126 North 10th Street, Fort Dodge, IA 50501 Jessica Kay Haub, NP 802 Kenyon Road, Fort Dodge, IA 50501 Kent Loren Croskey, DO 802 Kenyon Road, Fort Dodge, IA 50501 Community and Family Resources 726 S. 17th St., Fort Dodge, IA North Centeral Sheltered Workshop dba: 127 Avenue M, Fort Dodge, IA LifeWorks Community Servic North Central Iowa Mental Health Center 720 Kenyon Road, Fort Dodge, IA dba Unity Point Health Berry Youth Shelter Care of North Central 301 Ave. M. West, Fort Dodge, IA lowa. Inc. Armstrong Park No Address in Data City Square Park No Address in Data **Exposition Park** No Address in Data Fort Dodge Park No Address in Data Haskell Park No Address in Data Hydro Electric Park No Address in Data John F. Kennedy Memorial County Park No Address in Data Kennedy Brown Park No Address in Data Knollcrest Park No Address in Data Leif Ericson Park No Address in Data Linwood Hanson Park No Address in Data Loomis Park No Address in Data No Address in Data McCarville Park North 2nd Street Park No Address in Data Oleson Park No Address in Data Phinny Park No Address in Data **RD Mitchell Park** No Address in Data No Address in Data Revnolds Park **Riverfront North Park** No Address in Data **Riverfront South Park** No Address in Data Skateboard Park No Address in Data Snell Crawford Park No Address in Data Veterans Memorial Park No Address in Data Webster County Fairgrounds No Address in Data Adult Integrated Health Home 720 Kenyon Rd, Fort Dodge, IA 50501 **Bridges** 1303 A St, Fort Dodge, IA 50501 Judy Warrick Wellness and Recovery 28 N 10th St, Fort Dodge, IA 50501 Center - Freedom Pointe Apostolic Church of Deliverance No Address in Data Calvary Baptist Church No Address in Data Calvary Memorial Church of God and No Address in Data Christ **Central Church** No Address in Data Christ Lutheran Church No Address in Data Christian Science Church No Address in Data Church of Christ West Side No Address in Data Coppin Chapel - African Methodist No Address in Data Episcopal Cornerstone Church of God in Christ No Address in Data Corpus Christi Catholic Church No Address in Data No Address in Data **Emmanuel Baptist Church** Epworth United Methodist Church No Address in Data

**Evangelical Mennonite Church** 

No Address in Data

Place of Worship Plavaround SUD Recovery Coach **Recovery Housing Rural Health Clinic Rural Health Clinic** School Section 8 Housing Section 8 Housing

No Address in Data Faith Baptist Church First Assembly of God Church No Address in Data First Baptist Church No Address in Data First Christian (Disciples of Christ) No Address in Data Church First Church of the Nazarene No Address in Data First Covenant Church No Address in Data First Evangelical Free Church No Address in Data First Presbyterian Church No Address in Data First Southern Baptist Church No Address in Data First United Methodist Church No Address in Data Fort Dodge Church of Christ No Address in Data Fort Dodge Temple of Praise Church No Address in Data Full Gospel Lighthouse Church No Address in Data Good Shepherd Church No Address in Data Grace Lutheran Church No Address in Data Harvest Baptist Church No Address in Data Holy Rosary Catholic Church No Address in Data Kingdom Hall of Jehovah's Witnesses No Address in Data Mission Followers of Jesus Christ No Address in Data New Covenant Christian Church No Address in Data No Address in Data Prince of Peace Lutheran Church Reorganized Church of Jesus Christ of No Address in Data Latter Day Saints **Riverside United Methodist Church** No Address in Data Sacred Heart Catholic Church No Address in Data Saint Mark's Episcopal Church No Address in Data Saint Olaf Lutheran Church No Address in Data Saint Paul's Lutheran Church No Address in Data Salvation Army Temple No Address in Data Second Baptist Church No Address in Data Seventh Day Adventist Church No Address in Data The Church of Jesus Christ of Latter Day No Address in Data Saints Trinity Lutheran Church No Address in Data Trinity United Methodist Church No Address in Data **Triumphant Church** No Address in Data United Church No Address in Data Word of Life Chapel No Address in Data 6 Plavarounds No Address in Data **Recovery Support Services** Gateway to Discovery Fort Dodge Clinic UnityPoint Clinic - Kenyon Road Fort Dodge, IA, 50501 UnityPoint Clinic Family Medicine Second Ave North UnityPoint Clinic Pediatrics 50501 Unitypoint Clinic - Express Van Diest Family HIth Clinic Of Ft. Dodge **Butler Elementary School** Cooper Elementary School **Duncombe Elementary School** Early Childhood Center Feelhaver Elementary School Fort Dodge High School Fort Dodge Middle School **Community Christian School** St Edmond Catholic St Paul Lutheran School Garden Village Apartments Wahkonsa Manor Apartments

211 Ave M W, Fort Dodge, IA 50501 1900 5th Ave South, Fort Dodge, IA 2700 1st Ave South, Fort Dodge, IA, 50501 800 Kenyon Road Suite O Q R S T U X & Y, 1428 2nd Avenue North, Fort Dodge, IA, 50501 804 Kenyon Road Suite D, Fort Dodge, IA, 2728 2nd Ave S, Fort Dodge, IA, 50501 119 Avenue O W, Fort Dodge, IA, 50501 945 South 18th Street, Fort Dodge, IA, 50501 2420 14th Avenue North, Fort Dodge, IA, 50501 1620 6th Avenue North, Fort Dodge, IA, 50501 104 So. 17th St., Fort Dodge, IA, 50501 1300 14th Ave N, Fort Dodge, IA, 50501 819 N 25th St, Fort Dodge, IA, 50501 800 North 32nd Street, Fort Dodge, IA, 50501 2406 9 1/2 Ave South, Fort Dodge, IA, 50501 2220 4th Ave. North, Fort Dodge, IA, 50501 1217 4th Ave S, Fort Dodge, IA, 50501 2736 2nd Ave N, Fort Dodge, IA, 50501 927 Central Ave, Fort Dodge, IA, 50501

| Section 8 Housing         | Westridge Townhomes                  | 122 Avenue M West, Fort Dodge, IA, 50501       |
|---------------------------|--------------------------------------|--|
| Shelter                   | Beacon-Hope Men's Homeless           | 1021 1st Ave North, Fort Dodge, IA, 50501      |
| Soccer Field              | 2 Soccer Fields                      | Webster County, Iowa, 50501, United States     |
| SUD or Gambling Treatment | Community and Family Resources, Inc. | 1321 2nd Ave South, Fort Dodge, IA, 50501,     |
| Center                    |                                      | United States                                  |
| SUD or Gambling Treatment | Community and Family Resources, Inc. | 1329 2nd Avenue South, Fort Dodge, IA,         |
| Center                    |                                      | 50501, United States                           |
| SUD or Gambling Treatment | Community and Family Resources, Inc. | 211 Avenue M West, Fort Dodge, IA, 50501,      |
| Center                    |                                      | United States                                  |
| SUD or Gambling Treatment | Community and Family Resources, Inc. | 728 S. 17th St., Fort Dodge, IA, 50501, United |
| Center                    |                                      | States   |
| SUD or Gambling Treatment | Community and Family Resources, Inc. | 733 S. 17th St., Fort Dodge, IA, 50501, United |
| Center                    |                                      | States   |
| SUD or Gambling Treatment | Iowa Specialty Hospital & Clinic     | 2700 1st Ave South, Fort Dodge, IA, 50501,     |
| Center                    |                                      | United States                                  |
| SUD or Gambling Treatment | UnityPoint - Berryhill Center        | 720 Kenyon Rd., Fort Dodge, IA, 50501, United  |
| Center                    |                                      | States   |
| SUD or Gambling Treatment | YWCA of Fort Dodge                   | 826 1st Ave. N, Fort Dodge, IA, 50501, United  |
| Center                    |                                      | States   |
| Tennis Court              | 14 Tennis Courts                     | Fort Dodge, Webster County, Iowa, 50501,       |
|                           |                                      | United States                                  |
| VA Hospital or Clinic     | Fort Dodge CBOC                      | 2419 2nd Ave N, Fort Dodge, IA 50501           |
| Outdoor Volleyball Court  | 2 Outdoor Volleyball Courts          | Fort Dodge, Webster County, Iowa, 50501,       |
| -                         | -                                    | United States                                  |
| Workforce Development     | IowaWORKS Fort Dodge                 | 3 Triton Cir, Fort Dodge, IA 50501             |
| Office                    | -                                    | -  |
|                           |                                      |  |